



WELCOME TO A CELEBRATION OF ROTARY



WELCOME & INTRODUCTION

Your host today

Kiera Jade Smitheram

from

Chichester Rotaract



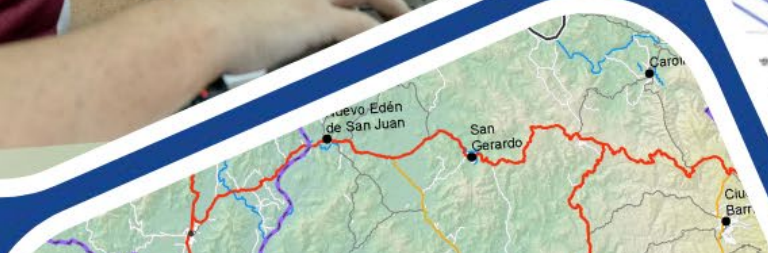
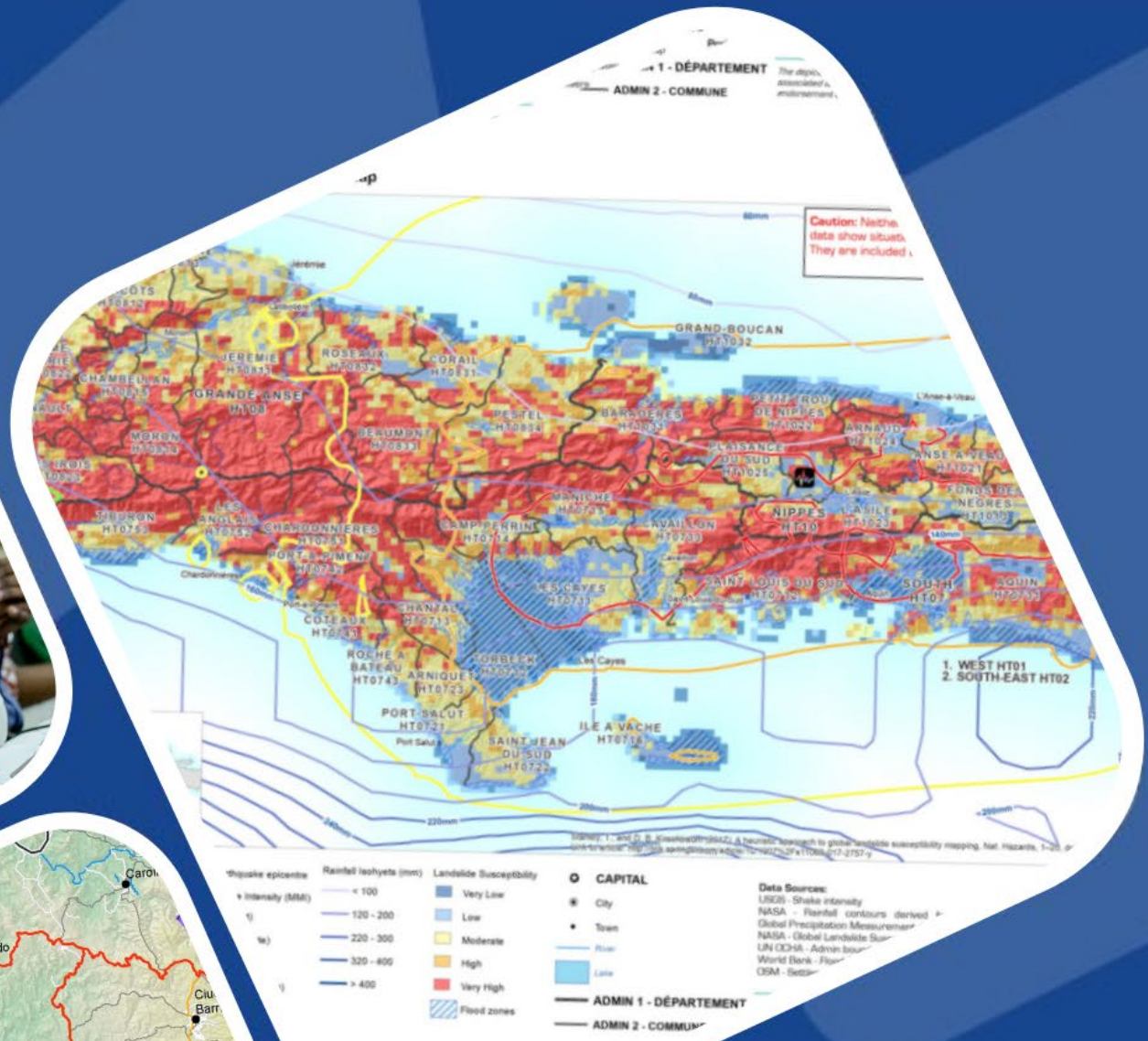
NIGEL PRESS – MAP ACTION

Founder of Map Action

Introduced by David Hodges
Titsey & District Rotary



EMERGENCY RESPONSE & PREPAREDNESS





Reaching Out







Tacloban, Philippines 2013



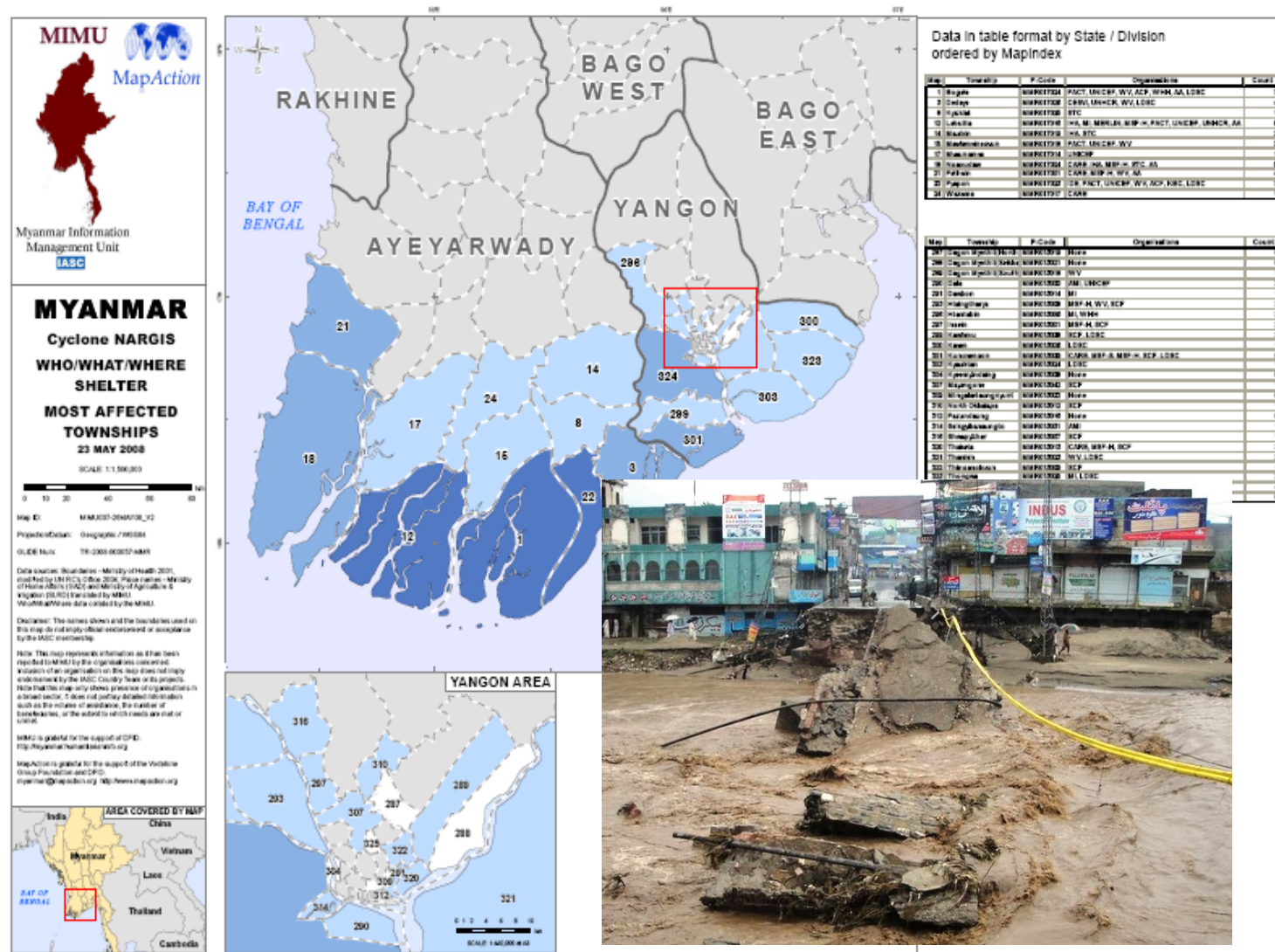




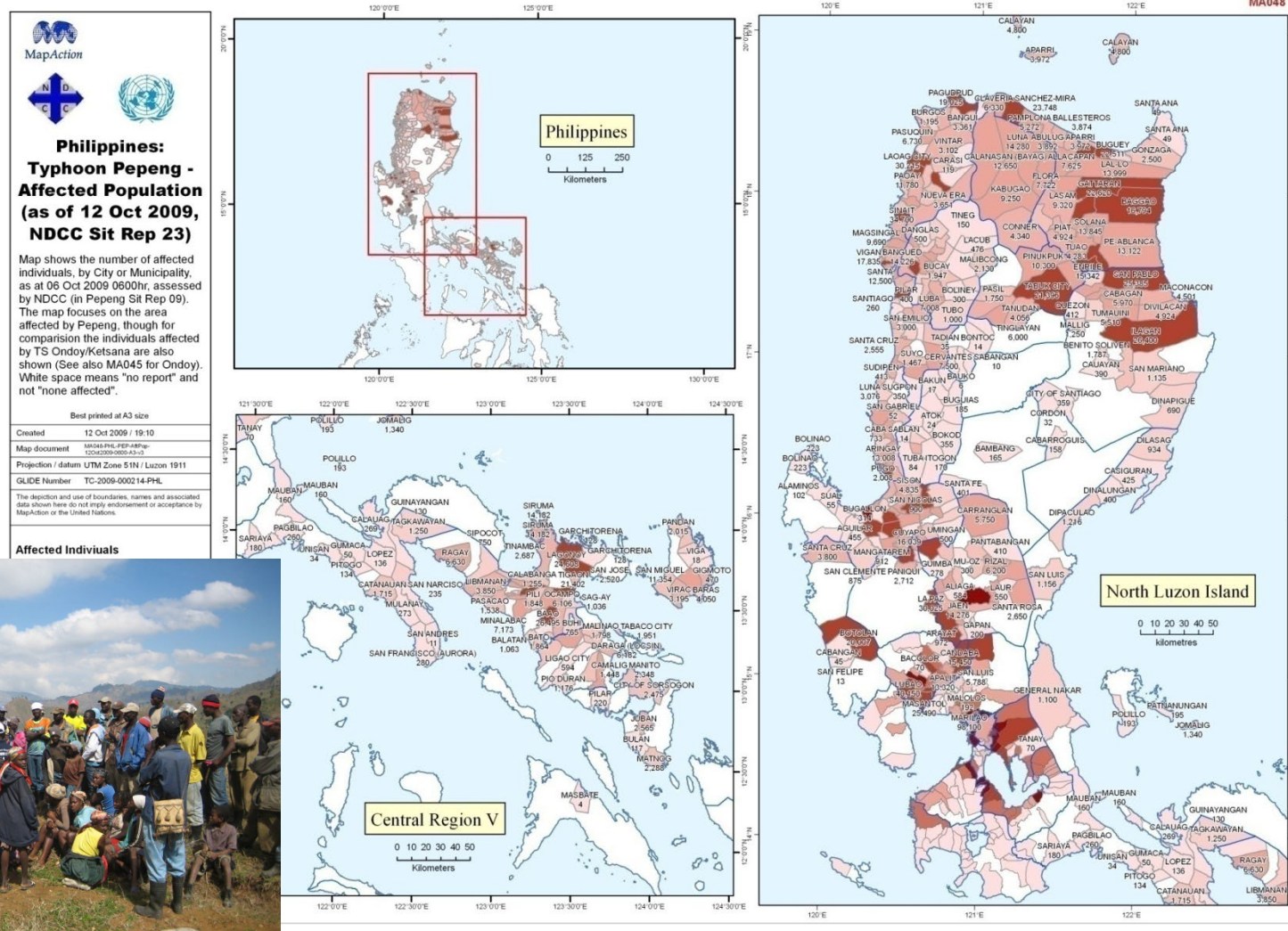
WHEN DISASTER STRIKES

- Lives are lost
 - Livelihoods are destroyed
 - People are displaced
 - Already-fragile economies are shattered
-
- How can we respond?
 - How can we prepare?
-
- **GEOGRAPHIC INFORMATION IS PARAMOUNT**

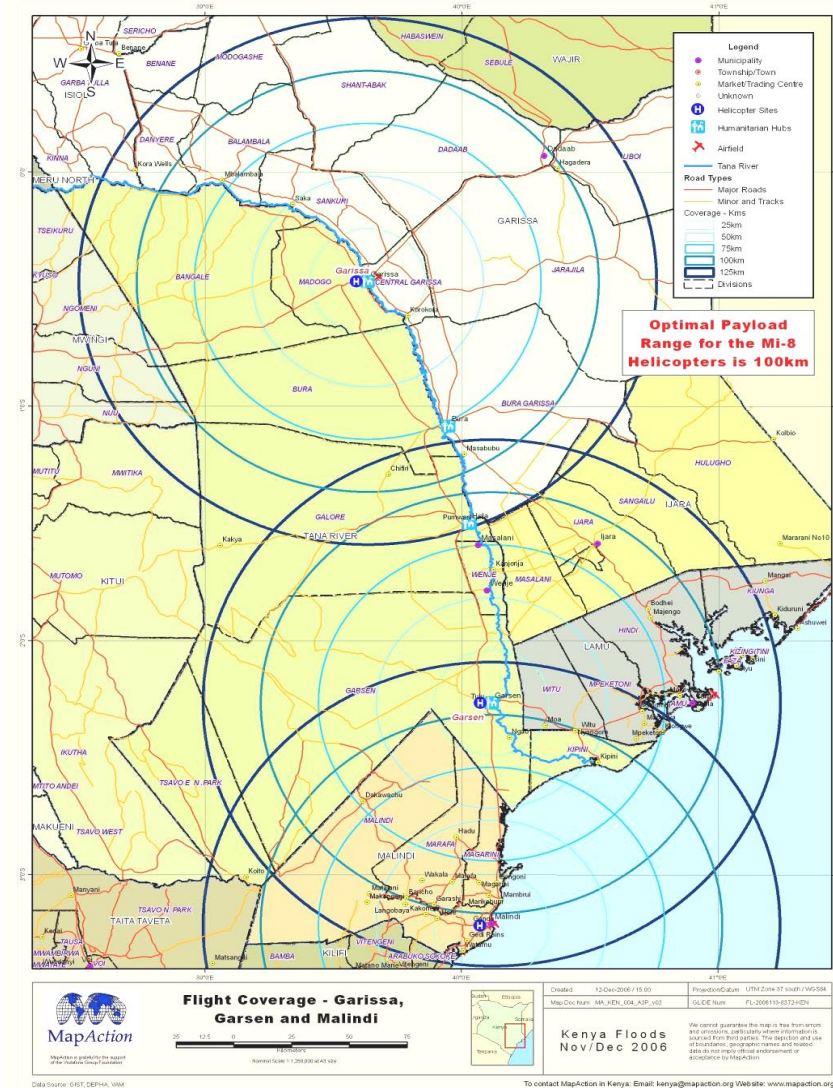
“Where are the affected areas?”



“Where are the affected people?”



“Where are the access routes?”



“Where are other relief agencies/teams working?”

3W – Who, What, Where



Pakistan WASH Cluster - Who, What, Where

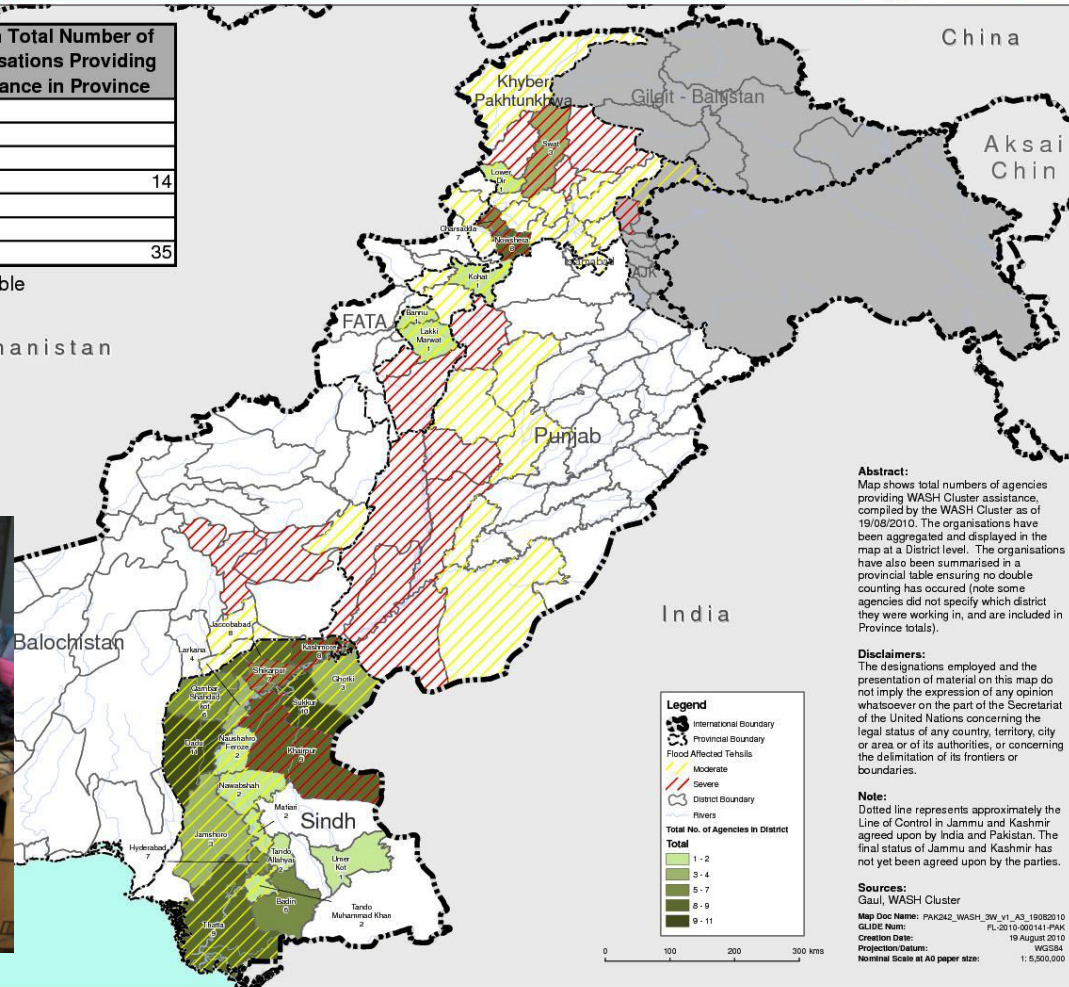


OCHA

Province	PCode	Known Total Number of Organisations Providing Assistance in Province
Balochistan	2272	
FATA	2273	
Gilgit Baltistan	40409	
Khyber Pakhtunkhwa	2275	14
AJ&K	40408	
Punjab	2276	
Sindh	2277	35

Provincial Summary Table

Afghanistan



MapAction is a team of volunteer geographic information specialists

- Highly trained in emergency response and preparedness
- Ready for rapid mobilisation
- Small deployed field teams are supported by volunteer network back at base
- We provide specialist training to our partner network
- We undertake preparedness and resilience work when not responding
- Natural disasters, Pandemics, Refugee crises

Our vision

A world where people vulnerable to humanitarian emergencies are more resilient and those assisting them are more effective through the use of technology and advances in information management.



Our team



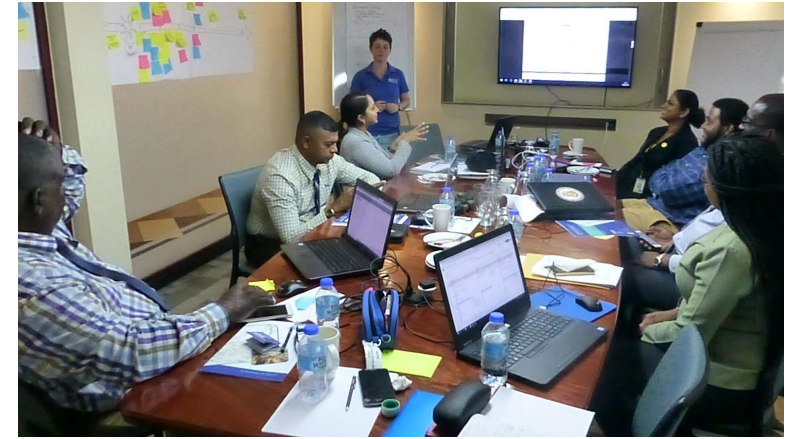
OUR TEAM

- Mostly have postgraduate qualification in GIS
- Primarily UK based, but clusters in Caribbean and SE Asia
- Meet monthly for training weekends.
- Join in a 4 day simulation exercise every year
- Are employed by engineering and utility companies, local and national government and academia
- Give their time freely, with support from their employers

OUR BACKGROUND

- Founded 20 years ago
- Have responded to 150+ emergencies world-wide
 - SE Asia tsunami, Haiti earthquake, Ebola crises, Beirut blast, Mozambique floods, Covid crisis mapping, Displacements from Ukraine conflict (ongoing) etc.
- *Currently responding over Christmas to floods in D.R. Congo.*
- Operate through a deep network of partnerships both with UN agencies and many other NGOs.

Partnerships – embedded within our ethos



Partners



USAID
FROM THE AMERICAN PEOPLE



UKaid
from the British people



Ministry of Foreign Affairs of the Netherlands



Save the Children®



OXFAM



UNDAC
United Nations
Disaster Assessment
and Coordination



OCHA



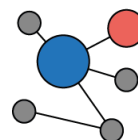
UN-GGIM
UNITED NATIONS INITIATIVE ON
GLOBAL GEOSPATIAL
INFORMATION MANAGEMENT



British
RedCross



acaps



HDX



**MISSING
MAPS**



CENTER
FOR EMERGENCY SITUATIONS
AND DISASTER RISK REDUCTION

DATA BODY -
VIZUALIZATION



ADRRN



ONE ASEAN ONE RESPONSE



**Royal
Geographical
Society**

with IBG

Advancing geography
and geographical learning



cartong

Skill Transfer





Loaded and ready to travel



Field Team arrive in 24-48 hrs.



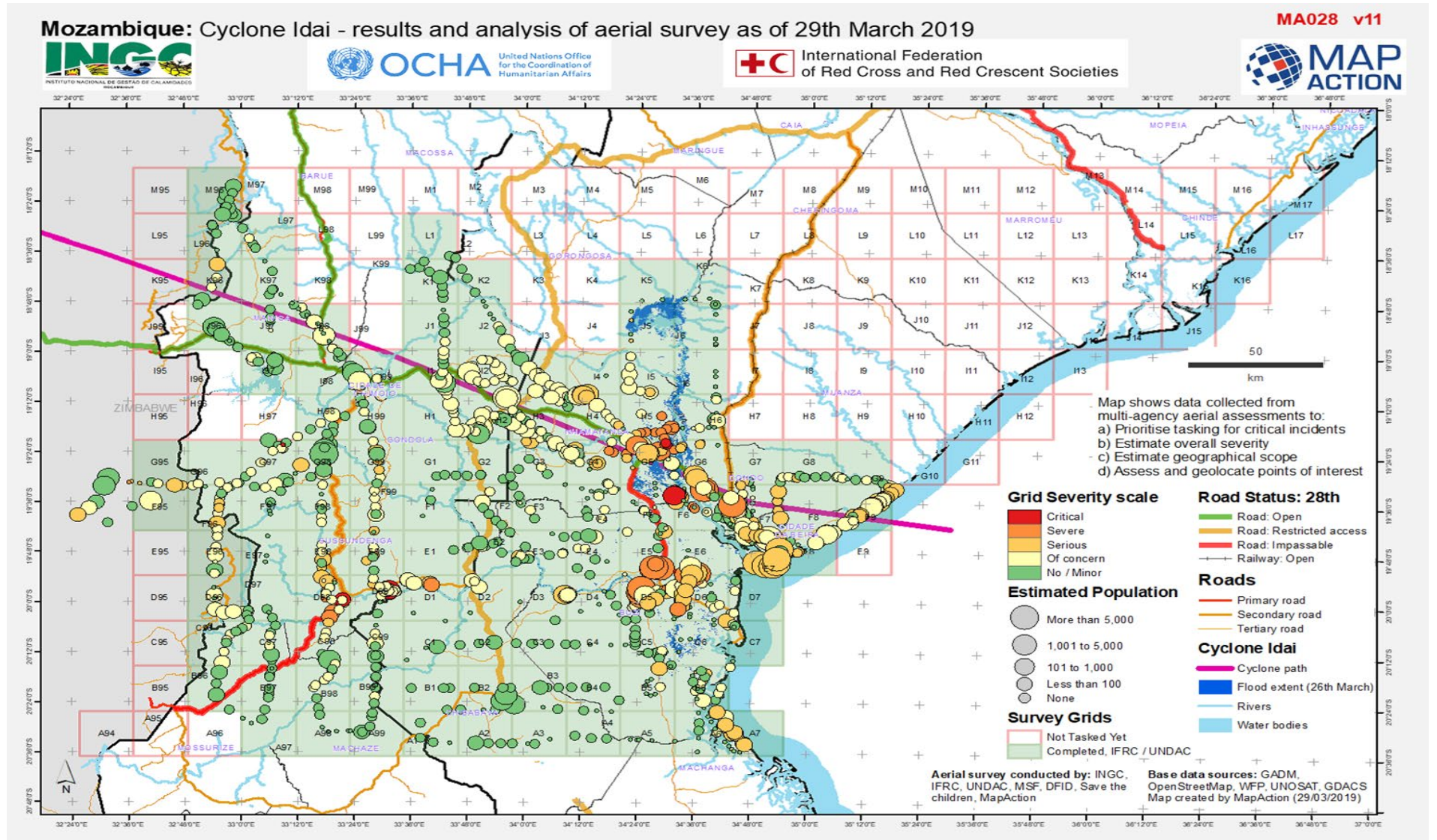
UN Coordination Centre







Mozambique

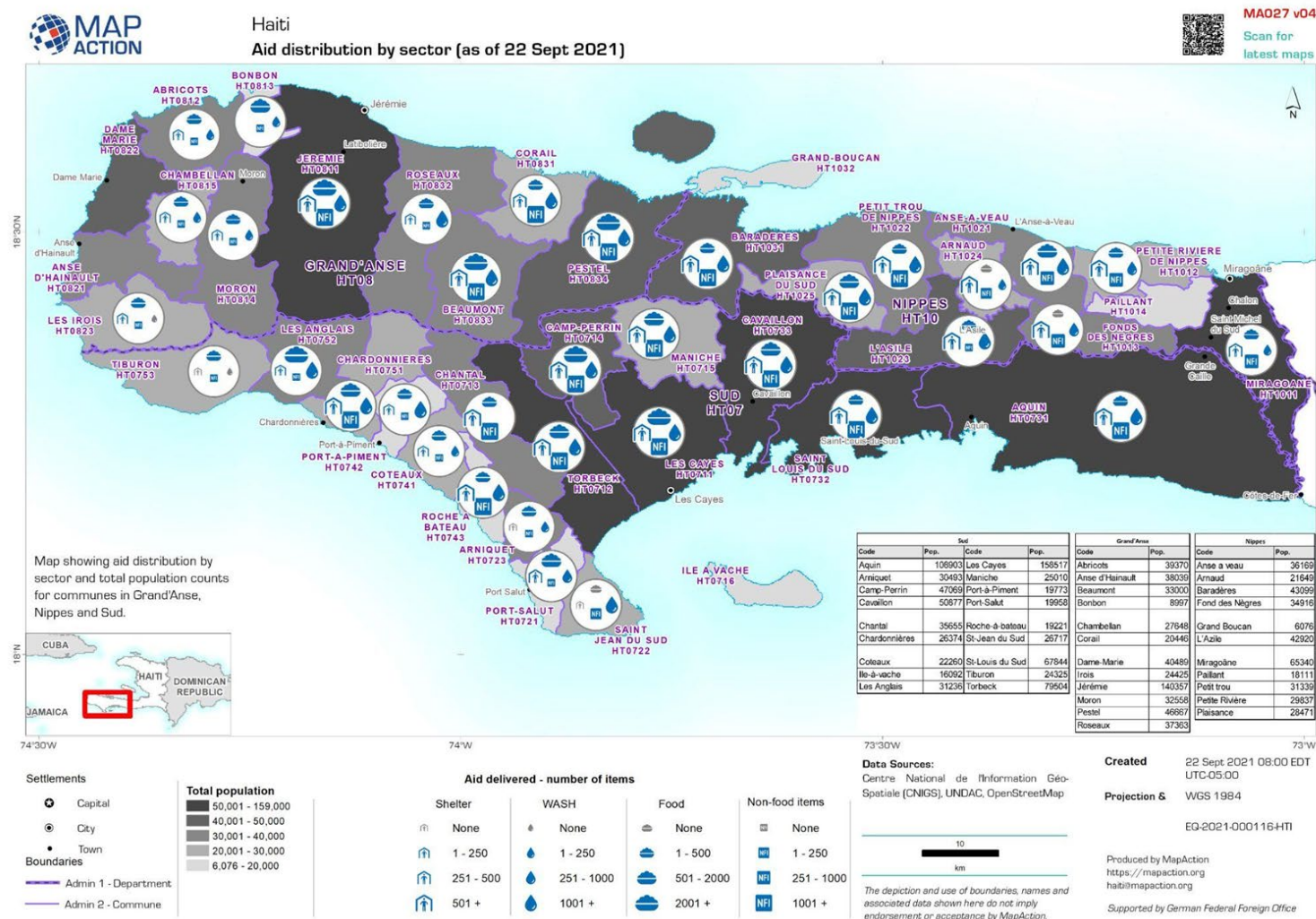


Mozambique

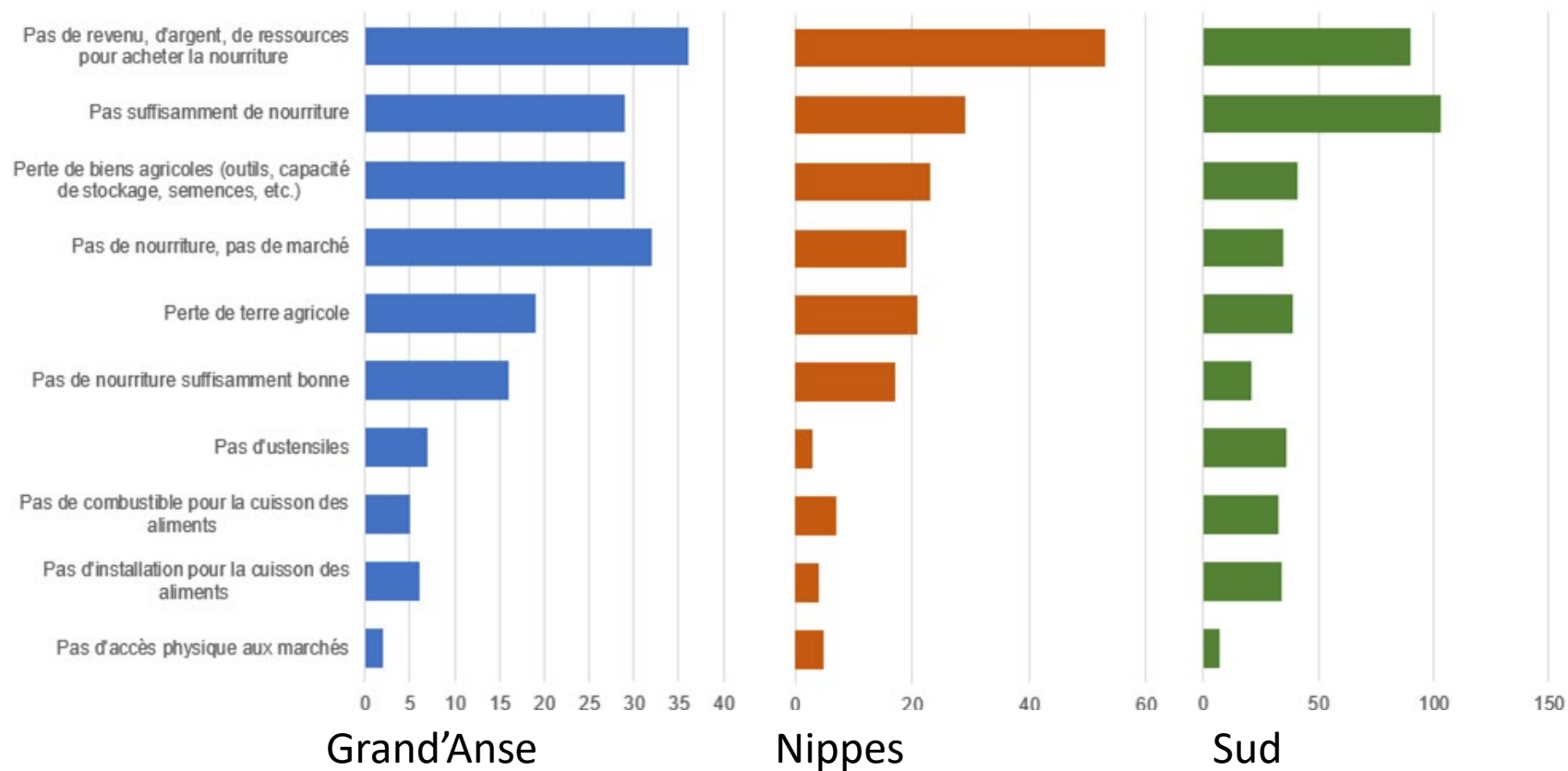


Synthesis - looking for gaps

- Baseline Population.
- Affected Population.
- Location of Surveys.
- Distribution of Aid.



Haiti - Top food concerns par Département



- Nippes: lack of resources to buy
- Sud: lack of food available
- Also lack of capacity for agriculture

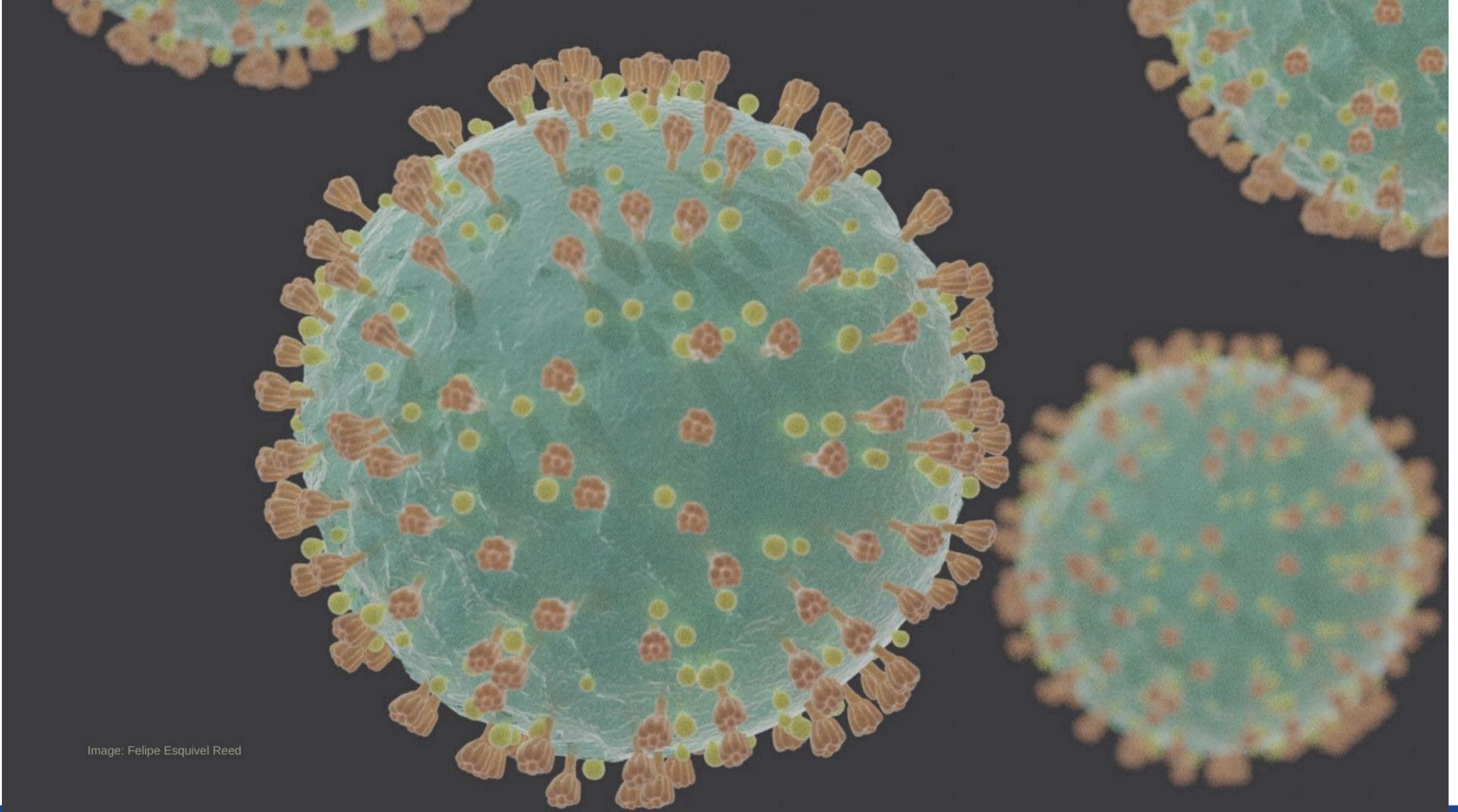


Image: Felipe Esquivel Reed

The humanitarian impact of COVID-19

- Covid 19 – a global not local crisis
- Humanitarians themselves directly affected
- Poorest people are most affected
- Crisis situations are made worse
- Aid delivery is more difficult
- Existing aid weakens or is withdrawn
- New emergencies don't get support
- Charities and NGO's struggling for funds

Image: Felipe Esquivel/Unicef

Responding with agility to COVID-19

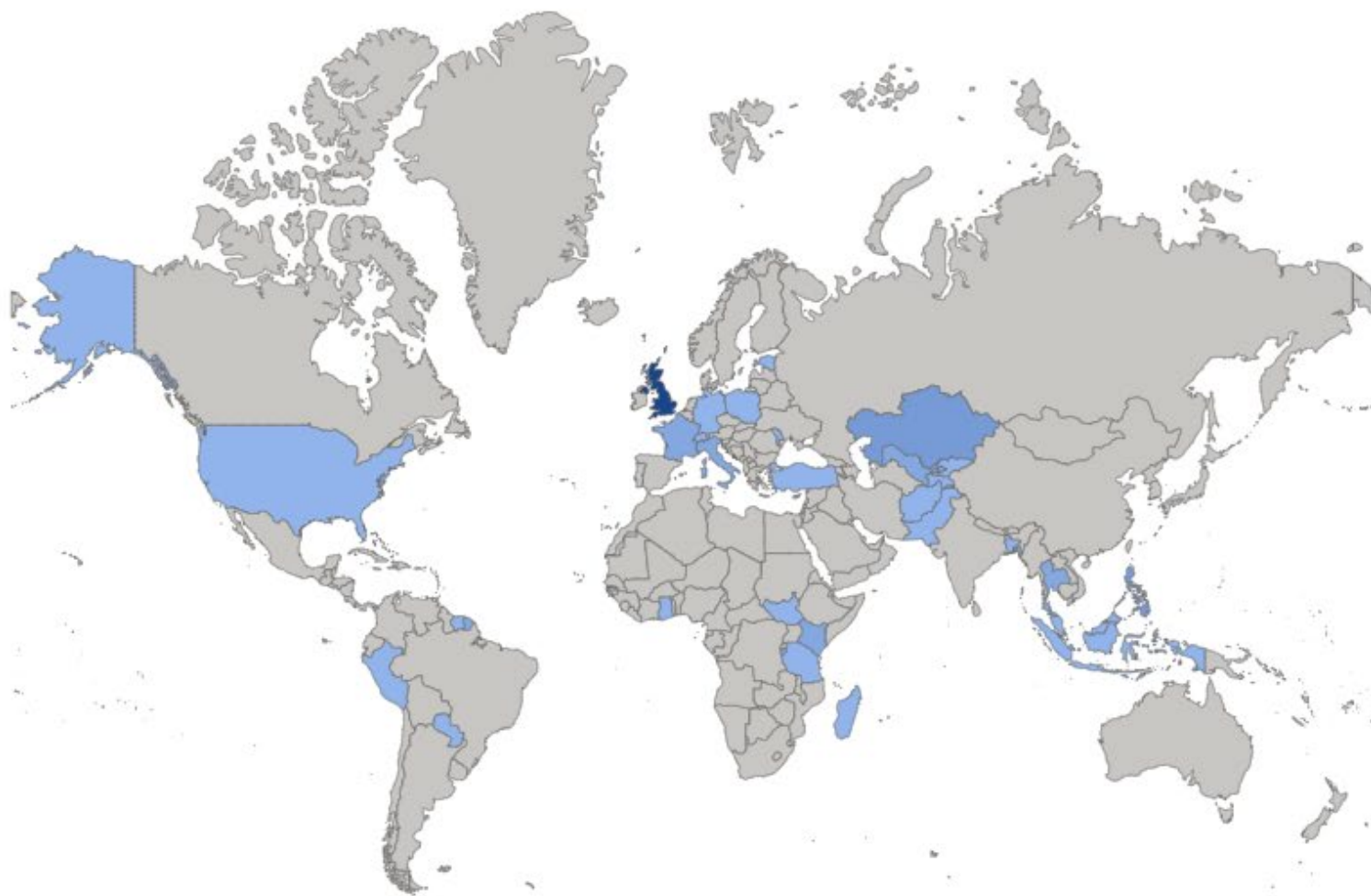
- Huge global demand - busier than ever before
- Inability to travel helps us realise and develop better procedures for remote support which have fed into our conventional response
- MapAction COVID-19 Global Hub
 - Unique source of information for our partners helping
 - Triage requests
 - Apply resources where they have most impact
 - Team members seconded to partners in some cases

Image: Felipe Esquivel Reed



**MAP
ACTION**

2022 in stats
Overall



59

projects
completed by

151 MapAction members,

producing at least

255 maps

and training at least

82 people

in GIS, data and information
management, with

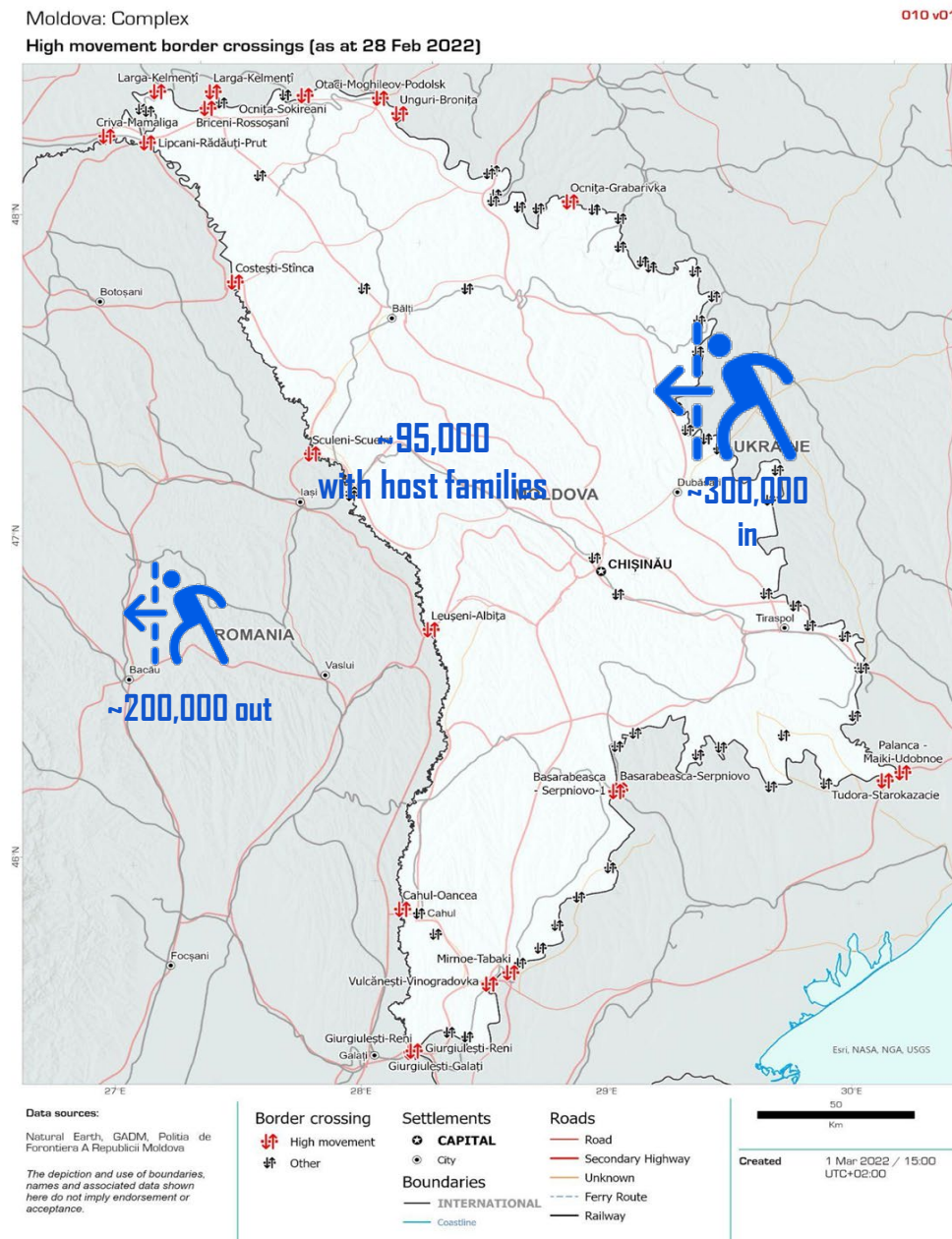
26 partner organisations,

supported by

5 donors

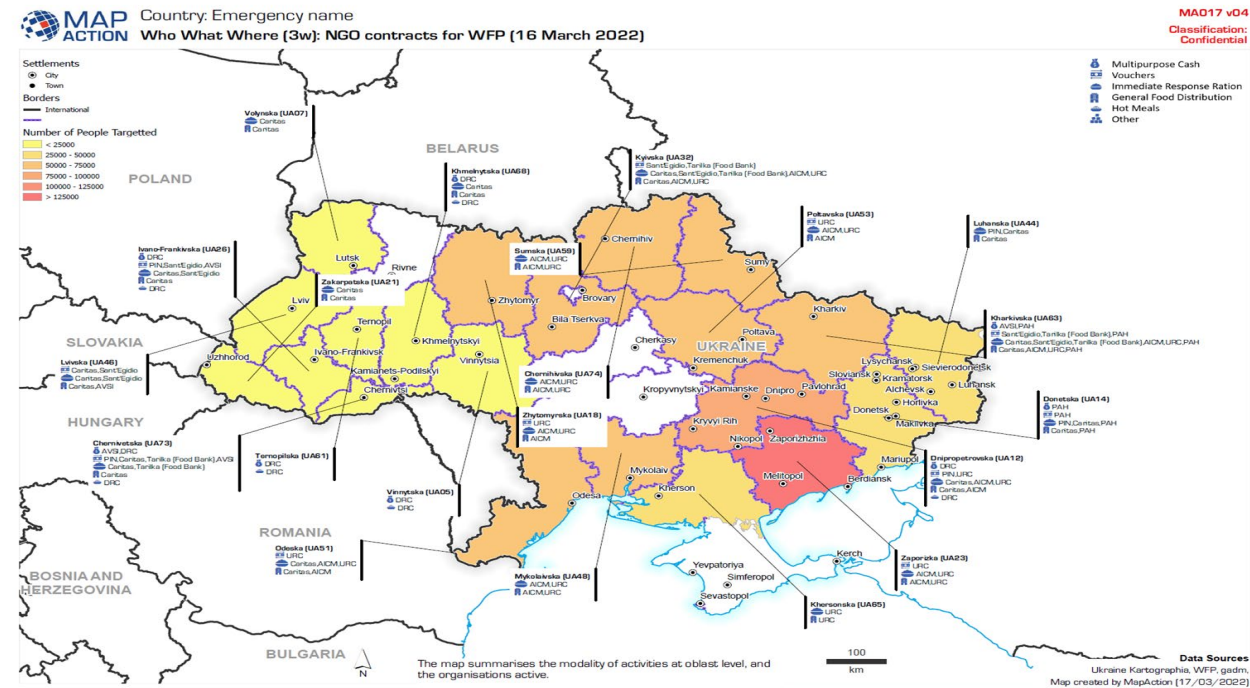
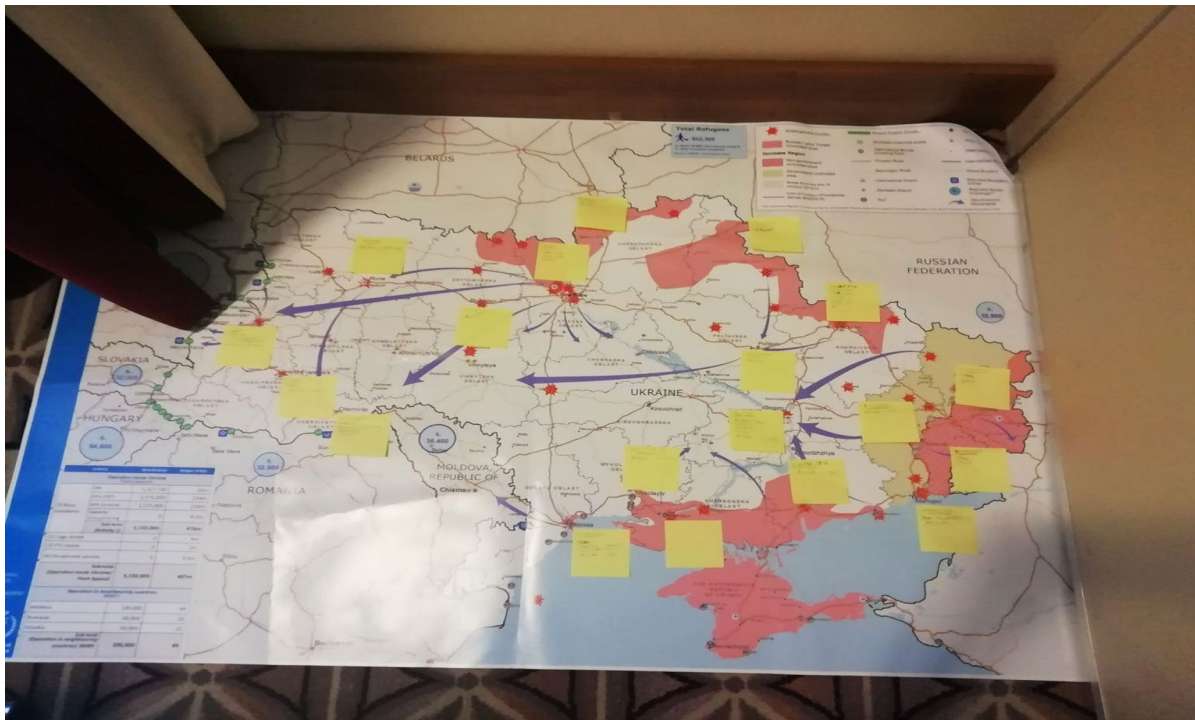
Moldova

- Determine capacity and presence of Moldova Red Cross
- Initiate surveys for refugees staying with local families
- Help with IFRC strategy



Poland

- Working in UNHCR Logistics cluster. Focused on road and railway networks, tracking goods coming into the country.
- Support for WFP 3W tracking of NGO contracts



Preparedness and Anticipatory Action

- Global and regional partners
 - We provide them with rigorous training in making and using maps
- Making data and geospatial products of expected vulnerable areas
- MapAction Data Scientist is embedded at the UN's Centre for Humanitarian Data
- Work in modelling and predicting crises
- Helping build early warning systems

Future emergencies – urban poverty

When building resilience with the urban poor what do we need to know?

What is the context of where they live:

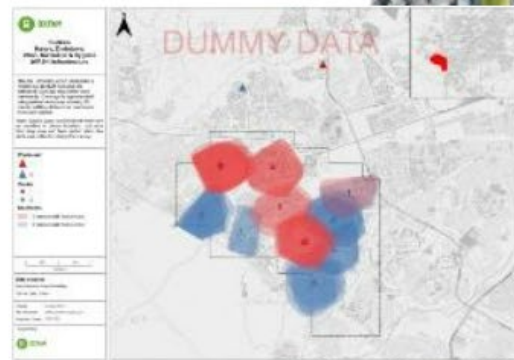
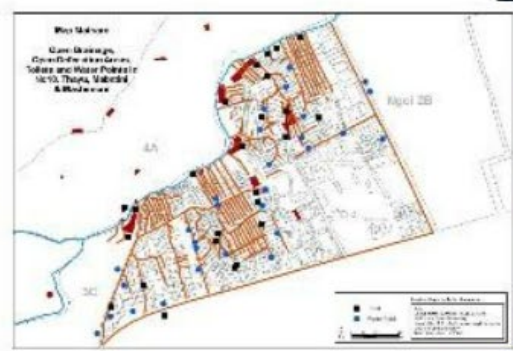
systems/infrastructure/ land issues

What are the risks and vulnerabilities?

What do people need?

What support is available – where are the gaps?

Others, yes, but so many factors have a strong spatial angle



Funding MapAction – and why

- As a volunteer organisation we are very cost effective.
- Our budget is around £1.2m to maintain 100 trained volunteers and deploy 10-15 times per year in addition to all our remote support work.
- Funding comes primarily from institutional sources such as US, German, Dutch, Swiss Aid.
- Previously we have been funded by UK Government but FCDO funding is currently in disarray.
- We receive nothing from the UN despite being their primary partner in mapping.
- **Post-Covid there is a huge shortfall in conventional funding**

Rotary and MapAction

- MapAction is one of Rotary's recognised emergency response charities.
- Rotary clubs around the UK have been very generous in supporting MapAction in the past.
 - Rotarians empathise with our humanitarian ethos and recognise their support helps us prepare to respond before the disaster happens as well as our ambition in mitigating against future events.

How can your club help now?

- Sponsor one of our monthly training sessions.
 - £500 would help to cover our administrative expenses in gathering 30 to 50 volunteers to camp over a weekend and work collaboratively on the technology we use.
- Cover the cost of a laptop for a field mission.
 - £1500 is needed for each high spec. machine to replace our ageing fleet.
- We would be glad to acknowledge your club's support in our monthly newsletter to supporters and partners as well as on social media.
- If your members need convincing we could arrange for a volunteer to speak from personal experience of a mission at one of your meetings.



Humanitarian need is huge and
outstripping resources and funds

MapAction help to focus responder's limited resources to
save and improve lives

We make aid go further

Supporting MapAction is helping prepare and be ready for
the next emergency – in advance - **not just respond to it
after the event.**



MAP ACTION

mapaction.org

THE FUTURE OF ROTARY- SETTING THE SCENE

48

**Celebrating what we have
done in 2022**

with

District Governor Roger Stent



IN MEMORIAM

49



**David Easton,
Chichester Priory RC**



Bill Flowitt, Dorking RC



**Duncan Anderson,
Reigate RC**



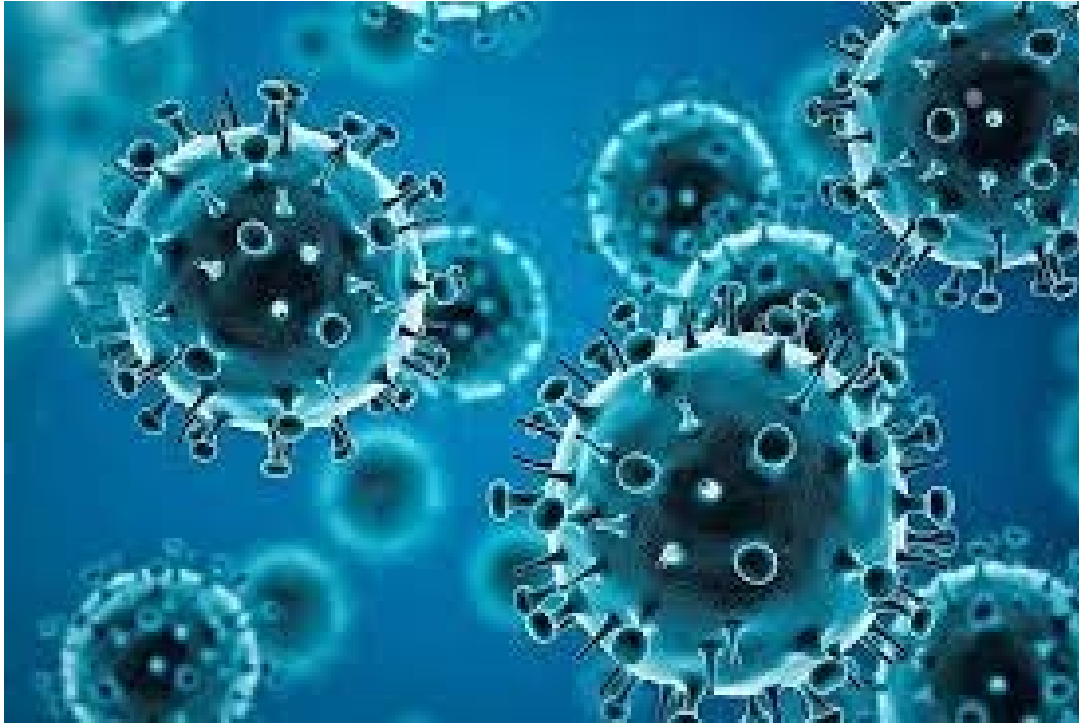
**Ron Daniels,
Cheam & Sutton RC**



**Ian Swales,
Worthing Steyne RC**

THOUGHTS ON 2022

50



THE GROWTH OF I.C.C.'S

51



Europe



Europe/
Asia



Africa



Asia



Americas



SO WHAT CAN WE CELEBRATE FROM 2022?

52

**Two new
grants to help
start-up clubs**

**'Sun Never
Sets on
Rotary'**

**The Queen's
Jubilee.. and
her life**

**New
Environmental
& Event
Management
policies**

**61 clubs
received 33%
rebate on
their subs!**

**Guildford RC &
Croydon RC
celebrate their
centenaries**

**New-style
training events
for club officers**

**Five new
Clubs**

REMEMBERING HER MAJESTY

53

FELLOWSHIP

INTEGRITY

DIVERSITY

SERVICE

LEADERSHIP



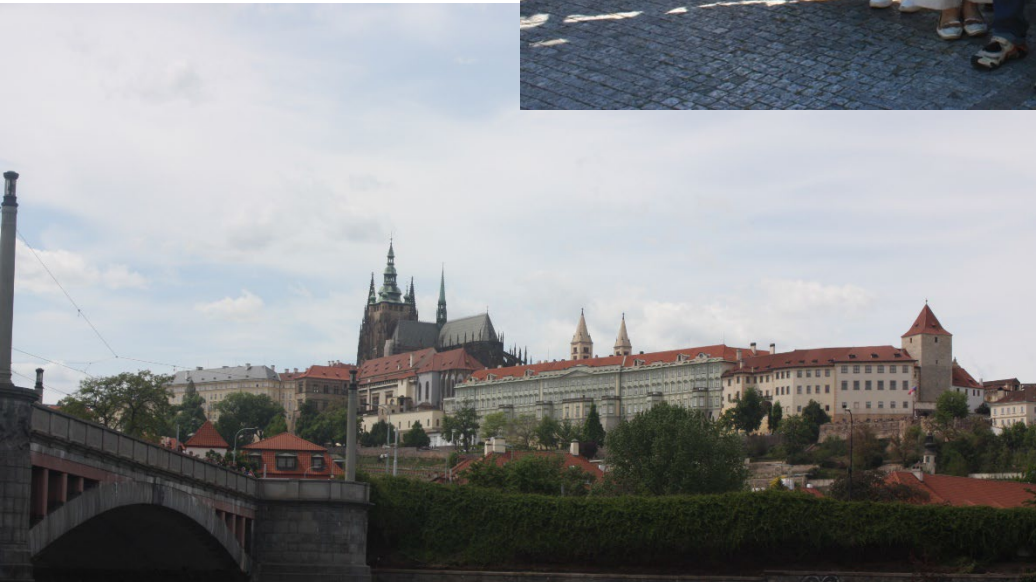
AND THE EVENTS I'LL REMEMBER – ACTION SUMMIT

54



AND THE EVENTS I'LL REMEMBER - PRAGUE

55



AND THE EVENTS I'LL REMEMBER - PRIDE

56



AND THE EVENTS I'LL REMEMBER – KIDS OUT

57



AND THE EVENTS I'LL REMEMBER- ICELAND

58



AND THE EVENTS I'LL REMEMBER – DRAGON BOATS

59



AND THE EVENTS I'LL REMEMBER – DUBLIN

60



UKRAINE – SOMETHING TO CELEBRATE

61



THE FUTURE – A BALANCE

62

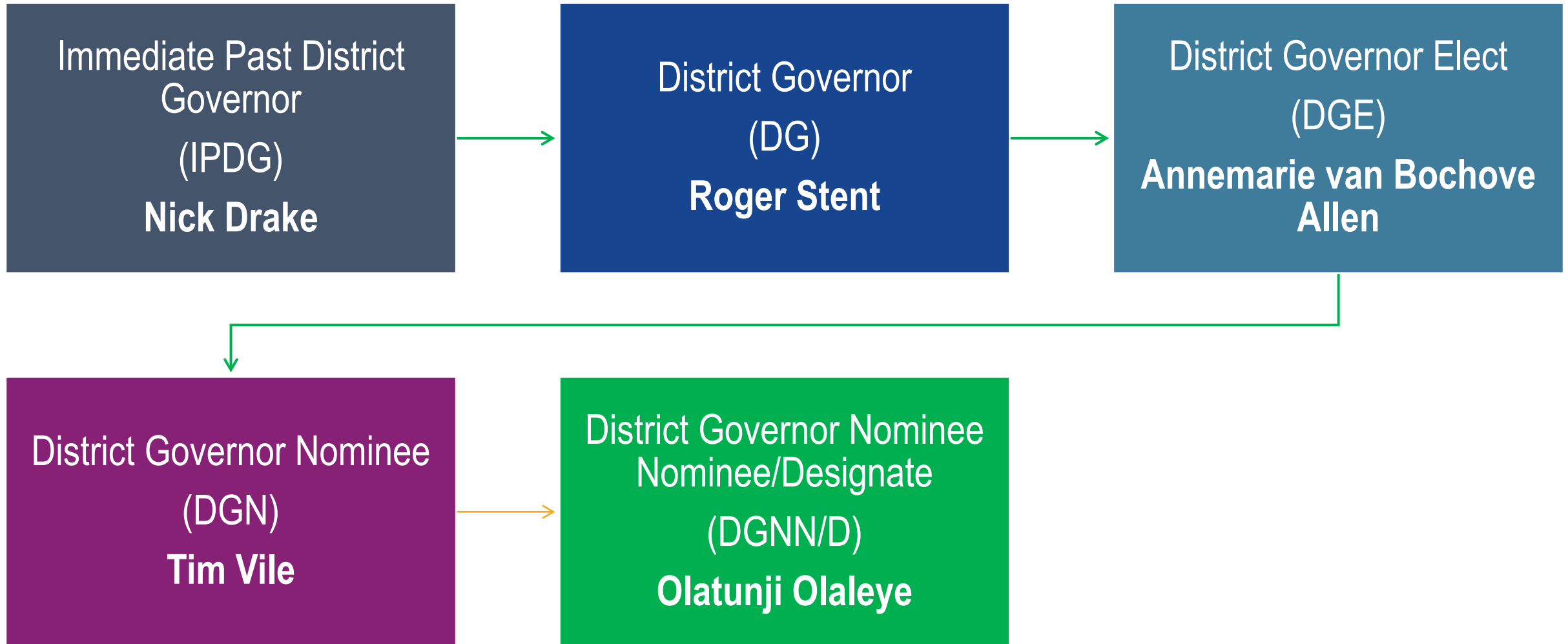


Annemarie van Bochove Allen District Governor Elect



DISTRICT CONTINUITY TEAM

64



ROTARY INTERNATIONAL'S STRATEGIC PRIORITIES

Increase
our impact.

Expand
our reach.

Enhance
participant
engagement.

Increase our
ability to adapt.

DISTRICT FOCUS 2023-24

- Support for project delivery to attract new members & for maintaining sustainable clubs
- Introduction of training catalogue, development of future Club leaders & officers
- Embed environmental sustainability policy & event planning checklist
- Continue the focus on empowering women & girls & support for Ukraine
- Introduce a focus on mental health, Rotary new partnership with Bipolar UK
- New District Action Plan post International Assembly
- Objectives & targets structured around the Rotary International priorities

2023 – 2024 THEME

67

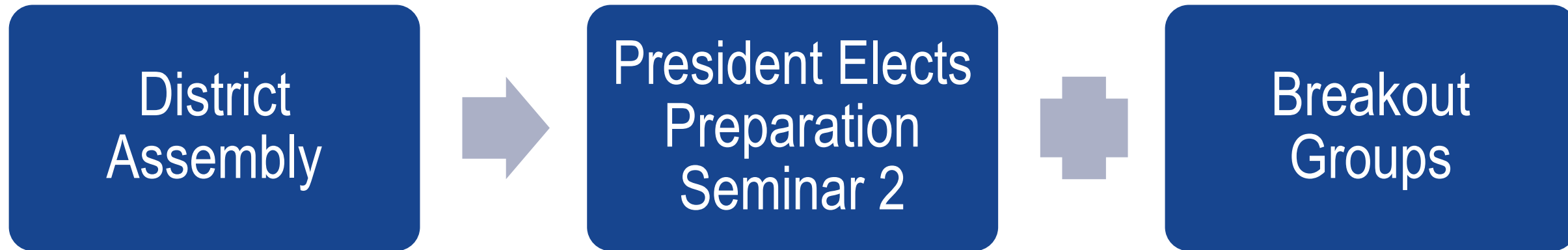


**CREATE HOPE
in the WORLD**

SEE YOU AT DISTRICT ASSEMBLY

68

Saturday 22 April 2023
At St Catherine's School, Bramley



Bring your president elect, committee chairs / team leads, treasurer, secretary, compliance lead

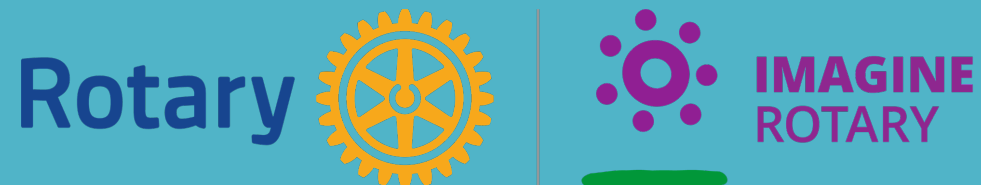
DEBBIE HODGE – PAST ROTARY GB&I PRESIDENT ⁶⁹

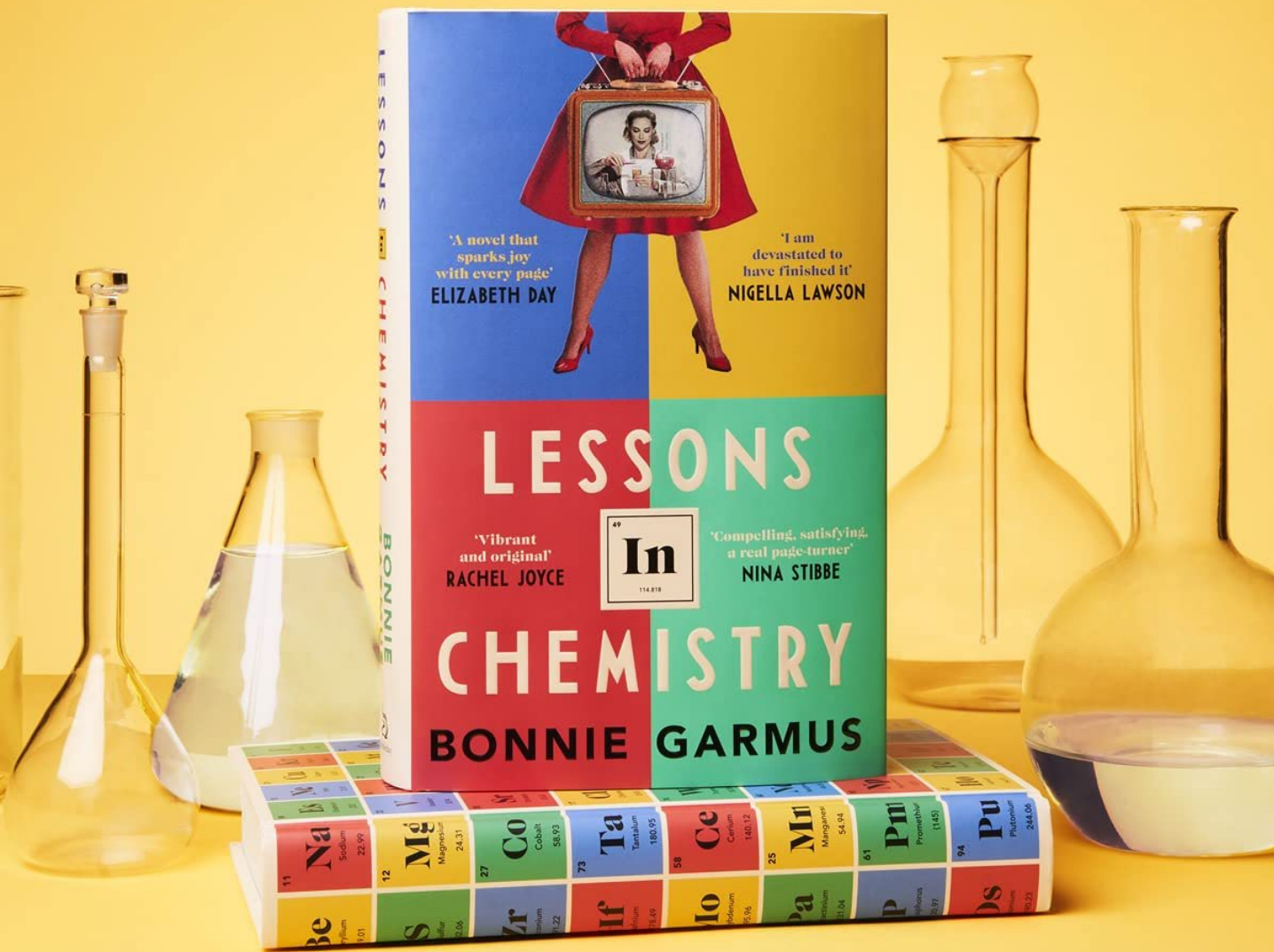


Introduced by PDG Frank West of Guildford Wey Rotary

It's about time.....
to turn imagination into reality

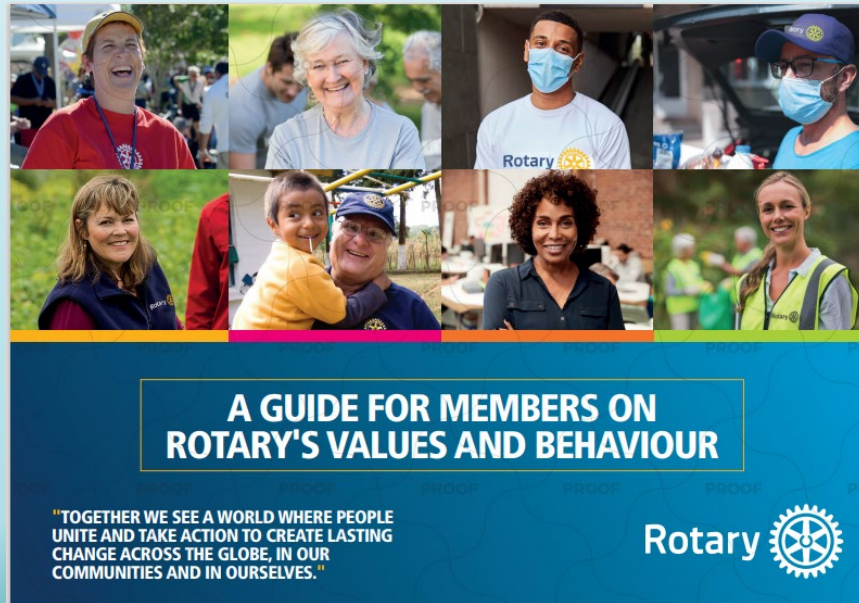
RI District 1145 Conference 2023





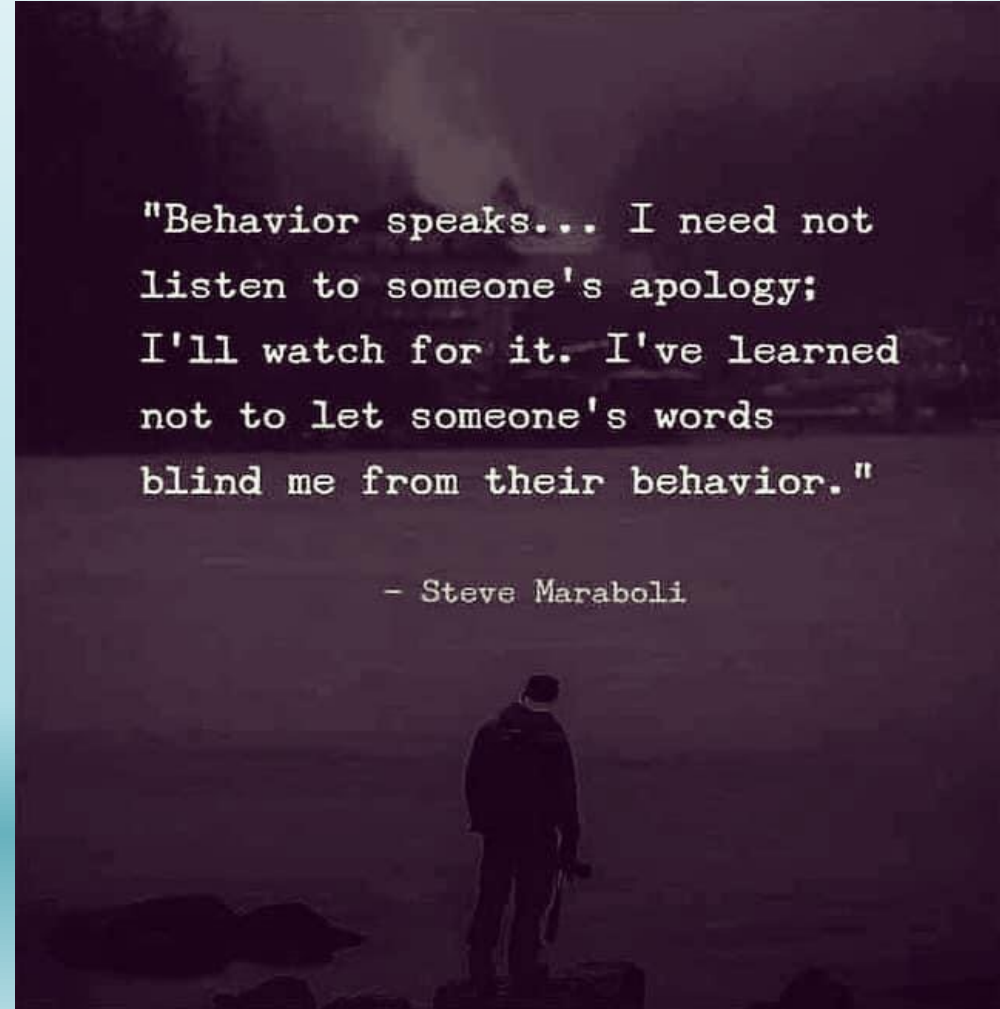
My Book Club read for January

Because values should drive our behaviour



"Behavior speaks... I need not listen to someone's apology; I'll watch for it. I've learned not to let someone's words blind me from their behavior."

- Steve Maraboli



**\$65 million grants
was given by
Rotary to fight
disease**



\$24 is all it takes to provide
one person with safe water



“If mothers are empowered and healthy, so are their families, leading to an alleviation of poverty and hunger.” Robert Zinser, co-founder of the Rotarian Action Group for Population and Development









Some times the
way ahead is not
clear.....





But by holding hands, we
can step into the future.

Thank you

PDG Debbie Hodge

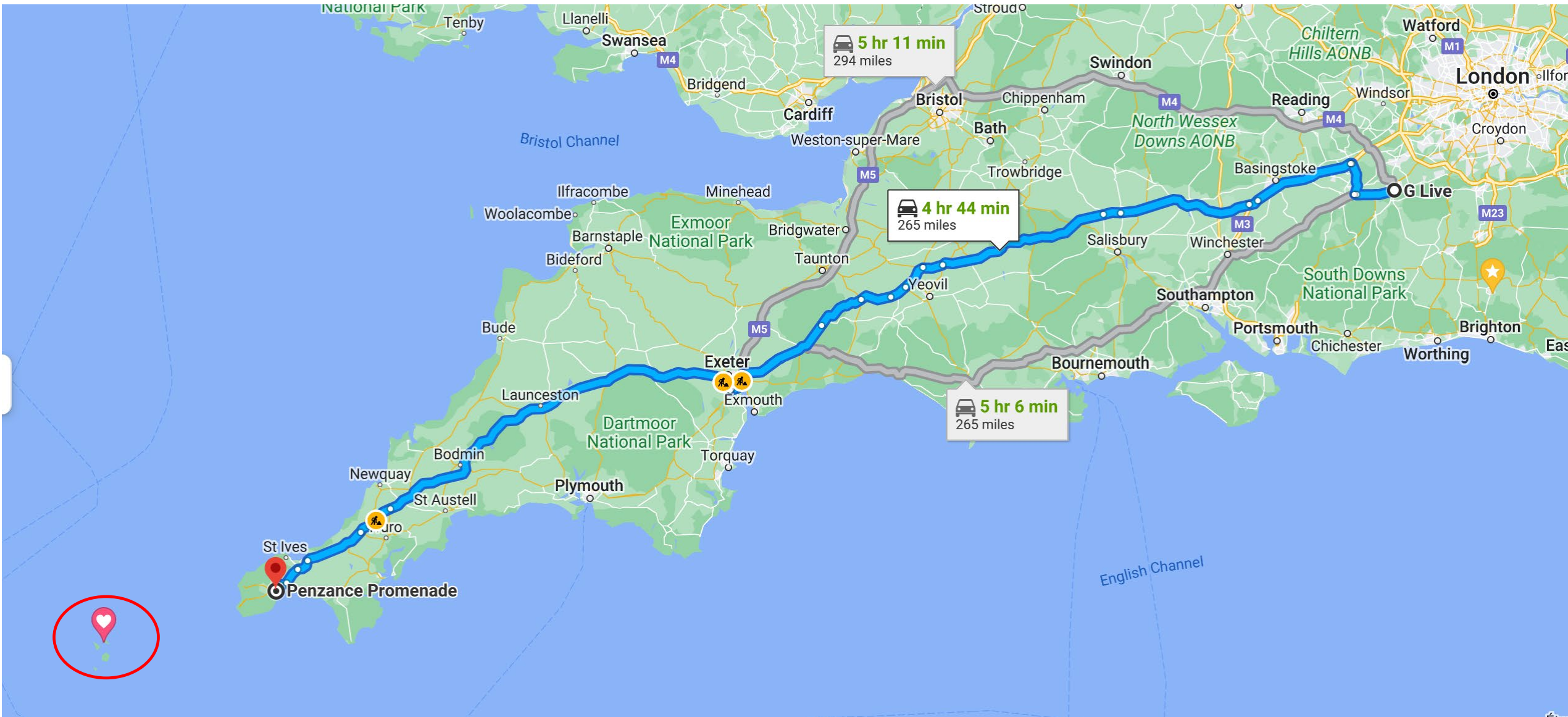
Ware Satellite Club - Anti Slavery

Living the Good Life – St Martins Vineyard

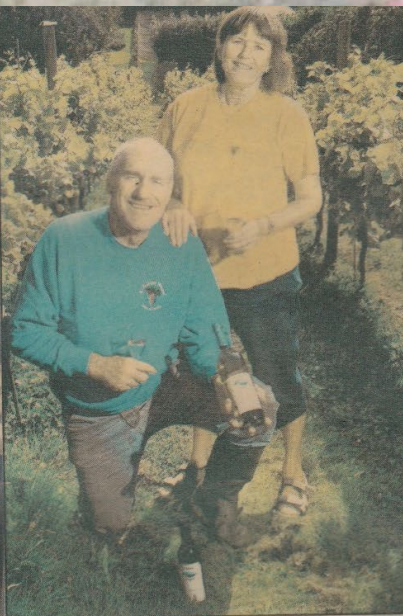




St Martin's Vineyard Isles of Scilly







Graham and Val Thomas by the Siegerrebe vine




Graham Thomas crushes grapes inside the winery which go on to produce St Martin's Vineyard medium dry white.











Seyval blanc

Orion

Reichensteiner

Madeleine Angevine

Schönburger

Siegerrebe

Rondo

Regent

Pinot Noir

Pinot Meunier

Triomphe d'Alsace

Siegerrebe



Rondo



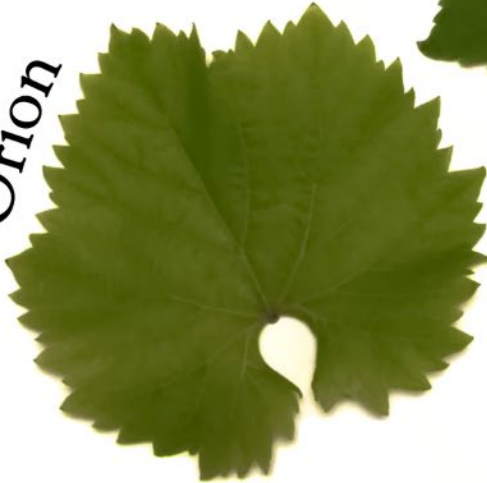
Reichensteiner



Seyval



Orion



Madeleine
Angevaine

Regent









Regenerative approach (no artificial fertilisers, pesticides, herbicides or fungicides)

130 plant species & counting...!

Thriving invertebrate population – bees, solitary wasps, hoverflies, oil beetles

100+ trees planted to recreate Cornish Atlantic woodland habitat

Fossil-fuel free

75% of energy from our own solar, 25% other renewables

We collect & reuse bottles to package our wine, beer & cider

All vine & fence prunings are composted and returned to the land











ST MARTIN'S VINEYARD













Thank you!

Moving From The City To An Island Vineyard | Devon & Cornwall

https://youtu.be/0wVDp_3HU9A



stmartinsvineyard



#stmartinsvineyard



@scillyvineyard



**WELCOME
BACK**





OPENING REMARKS – KIERA JADE

**Hosted by
Kiera Jade Smitheram
and
DG Roger Stent**



SURREY HEATH – GAY PRIDE SPONSORSHIP

108



Rotary

Surrey Heath

Bill Palmer, President 2022-23

The Rotary Club of Surrey Heath exists to make a difference to all of the people who live in the whole borough.

We do this by giving freely of our skills and our time to do what's needed when it's needed and to help those most in need, whoever and wherever they are.

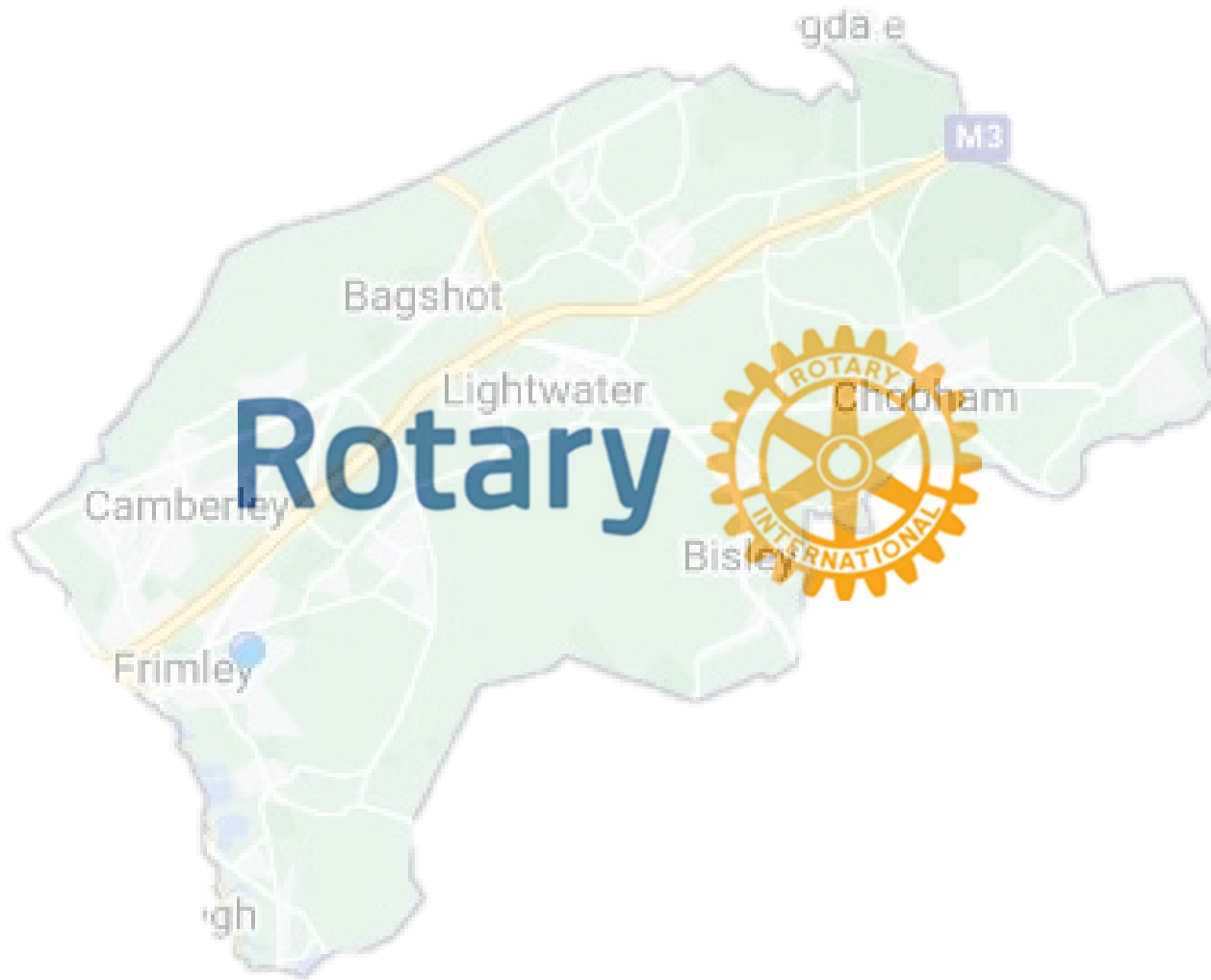
We are an agile and diverse club that looks to the future not the past, whose members come together and work together to make Surrey Heath a better place for all.

This is the community we serve



- ⚙️ **36.7** square miles
- ⚙️ Non metropolitan district council
(borough)
- ⚙️ **£45m** borough budget (2022/23)
- ⚙️ **~90,000** people (less than half of
whom live in Camberley)
- ⚙️ **Multiple rural communities**
- ⚙️ **10% of population are unpaid carers**
- ⚙️ Population breakdown:
 - ⚙️ **22%** under 18
 - ⚙️ **58%** 18-64
 - ⚙️ **20%** over 64

This is us



- ⚙️ **19** members (31% female, against 30% worldwide) and growing
- ⚙️ **90%** of our membership is under 60
- ⚙️ We do Rotary differently...

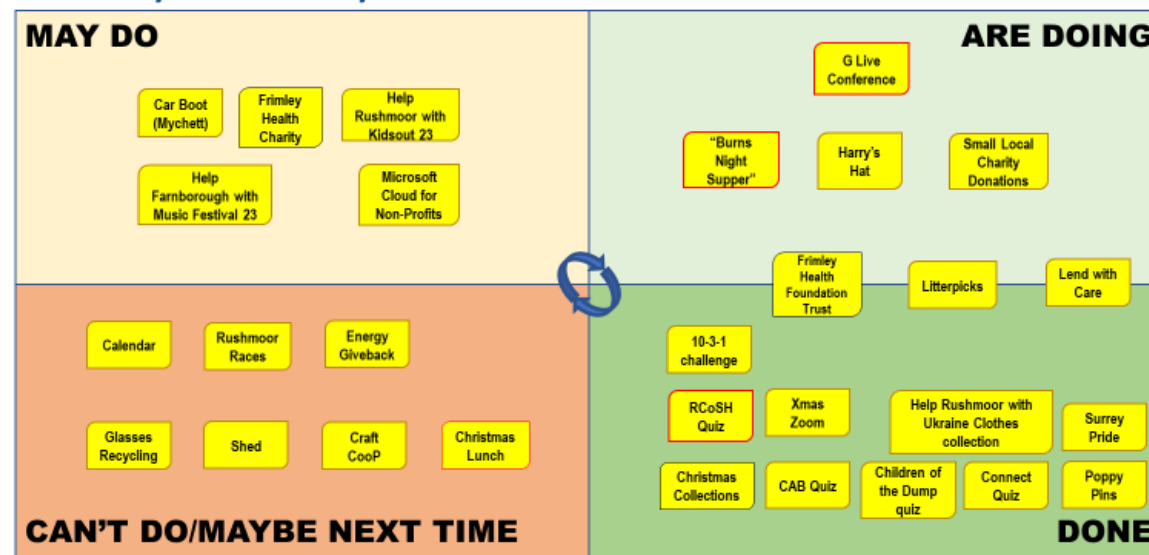
We do Rotary *Differently*...



Active Member Involvements (26)

[illegible]

The Surrey Heath Rotary Do Wall



We do Rotary *Differently*...

- ⚙️ **We are Rotarians 24/7 365** – By thinking as Rotarians in our everyday lives we **identify opportunities to make a difference in our local community and we attract new members**
- ⚙️ **We are there for everyone in Surrey Heath** – every ward, every demographic. **We are inclusive.**
- ⚙️ **We are agile** – using all of our skills, expertise and passion to rise promptly to challenges and to give with our abilities not just our time and effort
- ⚙️ **We are “present”** – putting effort into existing relationships and growing new ones with **public and private sectors, charities and other clubs**
- ⚙️ **We are sensitive** to each other’s needs, circumstances and commitments
- ⚙️ **We are vocal** – having a louder voice, offering opinions and viewpoints not just helping hands. We show by our words and deeds that **Rotary is relevant in 2023 and beyond.**
- ⚙️ **We are ambassadors** for something people that people want to join in with
- ⚙️ We don’t do street collections
- ⚙️ We don’t do dinners!

PRIDE IN SURREY - Feedback and Learnings



PRIDE IN SURREY - What was it?

What was it?

A major public event organised by a non-profit community interest company. Surrey Pride has taken place since 2019. **Last year's venue in Camberley was the biggest site ever with the longest parade route.**

Who supported it?

We did! + Surrey County Council, Surrey Heath Borough Council, Co-op, Thorpe Park, Unison, Maranello Maserati, Waitrose, Sainsburys and others.

Why did we do it?

This was a flagship Surrey event in 2022; it offered us a **high-attendance, high profile platform** to show that as a club and a movement, **we are inclusive, approachable and open to all.**

In numbers (2021):

7500 visitors, **£329k** contributed to the local economy, **40+** community outreach stalls, **86%** of visitors are Surrey residents, and **49%** of visitors found a new service or support group they didn't know existed.

Surrey Pride 2022 – The money, and what we got for it

Costs:

£1695	Event volunteer package
£1100	Re-usable assets
£2705	Total

Funding:

£1277.50	District Rotary Club Grant
£795	SH Borough Council Grant
£632.50	SH Club spend
£2705	Total

- 🌀 Banner, advert, Rotary logo and link on the event website
- 🌀 Mention, Rotary logo and full-page advert in visitors guide (artwork reusable)
- 🌀 Prominent place in the parade
- 🌀 Large pitch in the centre of the event (6m)
- 🌀 Sponsorship of volunteers – logo on event day uniforms
- 🌀 New gazebo cover (*re-usable*)
- 🌀 Polo shirts (*re-usable*)
- 🌀 SH branded feather flag (*reusable*)

PRIDE IN SURREY - Feedback and Learnings

Learnings:

- ☼ It was **hard to get other clubs involved**, but good support from **District** and **Farnborough** Rotary
- ☼ **Rotary was very well-received at Pride** – many were surprised at our presence and we had favourable comments from visitors and other stallholders
- ☼ A number of **interesting organisations present** and contacts made
- ☼ The **polo shirts** were highly effective – and highly visible!
- ☼ Thousands of attendees, but **we had to “outreach”** – few stopped, unless we stopped them!
- ☼ **Our stand needed more “filling”** – some pictures of what we do, etc.
- ☼ We should have had some **branded giveaways**
- ☼ **We missed a bet** in not offering to help clear up afterwards – litterpick style
- ☼ It was **hard to get people to leave their details**
- ☼ It was **not an effective recruitment channel** for new members per se, but it was a **highly effective platform to show that we exist and are open to all**

Quotes from the day:

- ⚙️ **"Apart from yourselves, Rotary is very colourless!"**
- ⚙️ "The other overriding impression is **what big business this is**, if you looked around at all the companies and groups with a presence. **It is right for Rotary to be a part of it.**"
- ⚙️ "It was great that so many people were happy to engage in conversation and show an interest in what Rotary gets up to. It was equally interesting to note that **most showed interest in the projects, but showed no interest in joining Rotary.**"
- ⚙️ "Your model was a real eye-opener and **must be the way forward.**"
- ⚙️ **"A great advert and a great example."**



Rotary  | Surrey Heath
SURREYHEATHROTARY@GMAIL.COM

Thank you

GODALMING – REPAIR CAFE

120





Repair Café Godalming

D1145 Conference – 21 Jan 2023

Ian Coult

WHAT WE WANTED

- An environmental project that was
- Sustainable
- Attractive to local volunteers
- Beneficial to the local community
- Potentially repeatable elsewhere



WHAT WAS NEEDED TO GET GOING

- Enthusiastic project leader(s)
- Suitable operating space
- Sufficient volunteers - Greeters, Fixers, Registrars, Publicists and Refreshment providers plus qualified PAT tester
- Insurance
- Modest funds only (if location is free or low cost)
- Regular opening times and lots of publicity

REPAIR CAFES BRING BENEFITS

- Environmental
 - Saving money, energy, materials and emissions
- Personal
 - Satisfaction from fixing and money saving
- Community
 - Promoting networking and building community resilience
- Rotary
 - Visibility, contact with volunteers



OUR RESULTS

We have had 6 monthly sessions so far

Items brought in	147
Items fully fixed	47%
Items partially fixed	30% (in progress or waiting spares)
Disposals avoided	182 kg
GHG emissions avoided	Almost 1 tonne

Please talk to us about starting a repair café in your town

CHICHESTER – CHICHESTER BOYS' CLUB

126



EWELL – COMMUNITY ALLOTMENT

127



Community Allotment Project

- ROTARY CLUB OF EWELL
 - &
 - ROTARY CLUB OF EPSOM
-
- Maureen Kilminster
































GUILDFORD – GLOBAL SIGHT SOLUTIONS

145



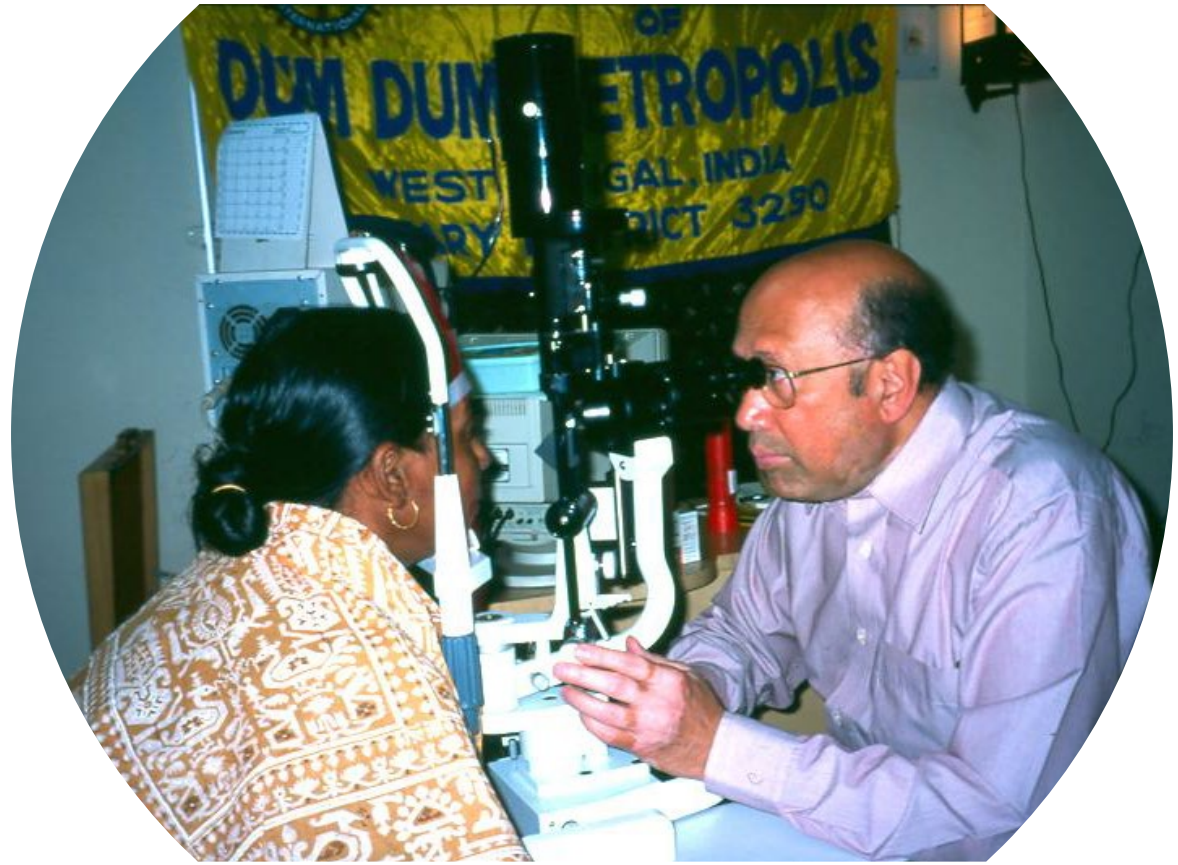
An aerial photograph of a vast, deep blue ocean. The water is textured with numerous small, white-capped waves, creating a complex pattern of light and dark blue. The perspective is from directly above, looking down at the sea.

Changing the world through
relieving suffering and
working together across the
oceans

“That’s one
small step
for man, one
giant leap for
mankind.”



One small step
for Guildford
Rotary, one giant
leap for all of
Rotary & all
Charities round
the world



Global Sight Solutions
(Guildford Rotary Eye Project)

A small step to....



giant leap



LIFE IN UKRAINE TODAY

PDG Serhiy Zavadsky

and

Rtn Borys Bodnar





Rotary District 1145 and help to Ukraine

January 2023

ROTARY IN UKRAINE

Part of D2232

Ukraine – 66 Rotary club, 1340 Rotarians

Belarus – 4 Rotary clubs, 30 Rotarians



FLOW OF HUMANITARIAN AID IN UKRAINE



SOME RESULTS OF D2232 WORK DURING WAR AND CRISIS

- 4 accounts of D2232 Crisis Fund were opened (USD, Euro, GBP, CHF)
- First donations arrived and were spent during first week of March
- In March-December total direct donations received of value about £ 3,505,250 GBP
- Just from Rotary GB&I > £ 253,500 GBP
- All these donations were spent locally to provide help for:
 - Medicines, Food, Sanitary and Hygiene products
 - Clothing, Mats, Blankets
 - > 200 Electrical generators of 2.2 kW
 - About 100 modular homes in Moshchun village
 - Transportation of Aid within Ukraine
 -
- > 15 million USD collected globally in RI Disaster Response Fund for Ukraine
 - **Rotary Ukraine** applied and realized grants for total value of more than **\$ 3.8 million USD**
 - Districts of **other countries** applied and realized grants for Ukraine for total value of **\$ 6.5 million USD**
- It is impossible to calculate the hundreds of tons of Humanitarian Aid received from many countries and distributed across Ukraine

EXAMPLES OF ROTARIANS IN ACTION

- Many thanks to all Rotarians and Rotary clubs of your District 1145 and all Rotary GB&I for :
 - 1) Donations to RI Disaster Relief Fund and our district direct accounts
 - 2) Trucks with Humanitarian Aid deliveries organized
 - 3) Provided support to families of Rotarians and all Ukrainians who were forced to flee from Ukraine and moved to UK

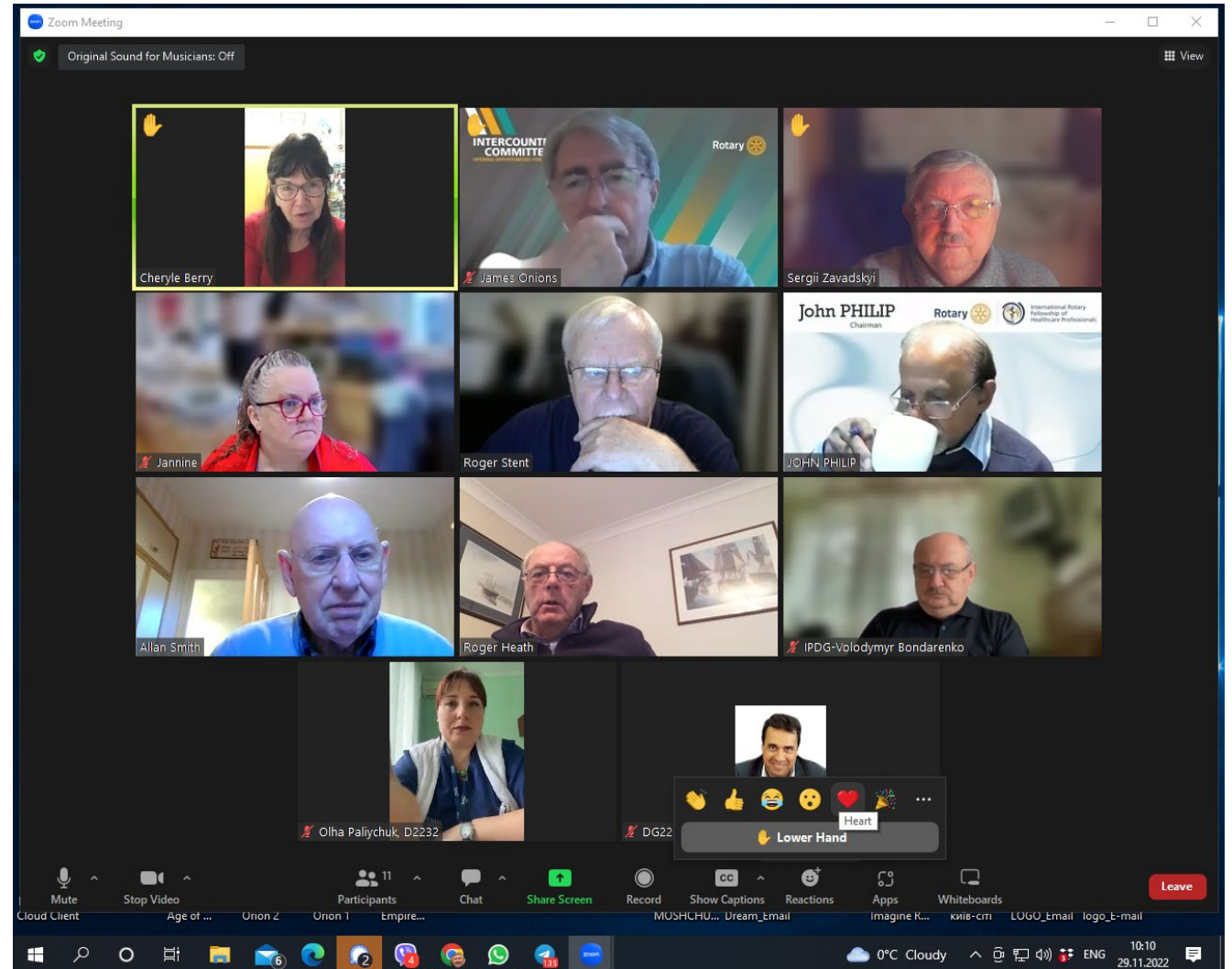


EXAMPLE: ROTARY HUB IN KYIV



SPECIAL THANKS TO: ROTARY GB&I TASK FORCE !

- Joint meetings every second week
- Coordination of fundraising campaigns and projects of Districts
- Close communication
- Regular Bulletin
- DG Roger Stent very actively involved.
- Thank you, Roger !



HELP OF D1145 TO UKRAINE IN 2022

THANK YOU !!!



7 MODULAR HOMES IN MOSHCHUN PROJECT !!!



16
0

- About 600 houses in village
- 70% destroyed
- About 100 temporary modular houses installed
- D1145 funded 7 modules



2 MAGNETOMETERS FOR DEMINING IN CHERKASY AND POLTAVA REGIONS !!!

16
1

- Help to investigate quickly agro lands,
- and return them to grow crops
- needed in many countries
- Save lives of de-miners!



PICNICS FOR UKRAINIAN GUESTS – THANK YOU !!!

16
2



35 KVA GENERATOR – THANK YOU !!!



< Olga Tverdokhlib 6 + ✎ 🔍

Posts Reels

We are thankful the Rotary Club for generators 🙏💙💛 They arrived to Odesa Ukraine 🇺🇦 and will be distributed to maternity hospital, to children's hospitals and hubs . More information to follow. Slava Ukraine 🇺🇦 and Glory to Volunteers 🇬🇧🇺🇦



WARM CLOTHING – THANK YOU !!!

- > 6000 bags collected !!!
- 3 trucks of 40 ton soon !!!



NEEDS & FUTURE HELP



EMERGENCY NEEDS

- **GENERATORS**
- **WARM CLOTHING**
- **FIRST AID MEDICINES –**
 - Tourniquets, CELOX, and other tactical first aid needs
- **WINTERISATION of SHELTERS, HOUSING**

FOCUS NOW: ELECTRICAL GENERATORS

16
7

- > 200 pcs of power 2.2 kW
- > 20 pcs of power 7.5 kW
- ...
- More are needed!



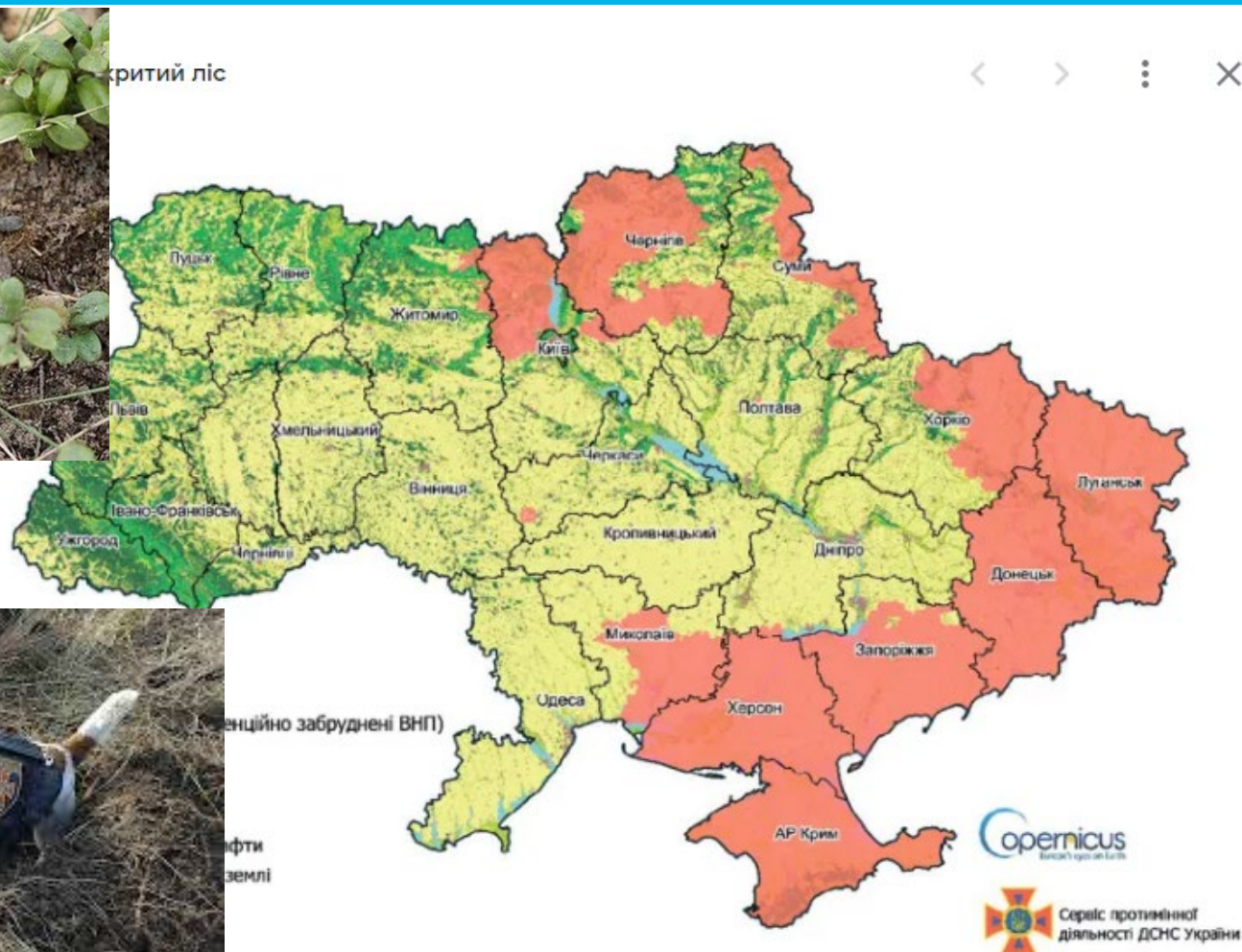
LOGISTICS SUPPORT IS IMPORTANT !

- Storages in the UK
- Transportation from the UK to Ukraine
- Documents for customs
- Storages in Lviv, Uzhgorod, Chernivtsi, ...
- Transportation within Ukraine



DEMINING IS THE TASK FOR YEARS

- > 30% of the territory require demining
- 2 x Austria
- 10 x then before 24.02.2022
- Educational programs in schools:
- Mine safety classes



HELP IN REBUILD OF UKRAINE

- Energy Infrastructure
- Water supply and sewage systems
- Hospitals
- Schools
- Culture centers
- ...



REBUILD ENERGY INFRASTRUCTURE

- More than 40% of Energy Infrastructure in Ukraine destroyed or severely damaged
- UK government and other countries established help programs to rebuild it
- Search for equipment all over Europe
- Examples of Rotary involvement: 1 MW generators



1 MW GENERATORS FOR KHARKIV AND MYKOLAIV

17
2

- 1 MW Generators
- on natural gas
- Rotary Denmark with Rotary Ukraine
- Kharkiv – energy supply systems
- Mykolaiv – energy for city water supply and sewage system



REBUILD OF HOSPITALS

- 144 hospitals ruined
- >1000 damaged
- Just to reestablish all these objects – more than \$ 1 Billion USD needed
- By mid December: 3000 generators operated in hospitals; > 1000 Starlink stations



REBUILD OF SCHOOLS

- 337 schools and kindergartens completely destroyed
- >2500 educational objects severely damaged
- Rotary Ukraine already have projects to rebuild schools



LAPTOPS FOR SCHOOL CHILDREN

- Nice project of RC Kharkiv International
- Supply notebooks and laptops to children for distance education
- Cost of 1 = \$150 USD (used, checked, with softwear)





Thank you!

Let's Continue to Build Peace in Ukraine Together!

Sergii Zavadskyi

Assistant Rotary Coordinator of Region 24

District Governor 2018-2019

Rotary club of Kyiv-City

District 2232, Ukraine

Contacts

email: serhiy_zavadsky@yahoo.com

mobile: +38050 469 05 79

Borys Bodnar

Charter President of RC Ukraine Unity

District 2232, Ukraine

Located in Lviv

Contacts

email: borysbodnar@gmail.com

mobile: +38098 072 3872




Andy Jasper

National Head of Gardens and Parklands

National Trust





Cultivating the Future
In OUR Nation's Trust
Opportunities to share
more and be more

Ambition to change?

Andy Jasper
National Head of Gardens and Parklands
National Trust

January 2023

The National Trust In the beginning...

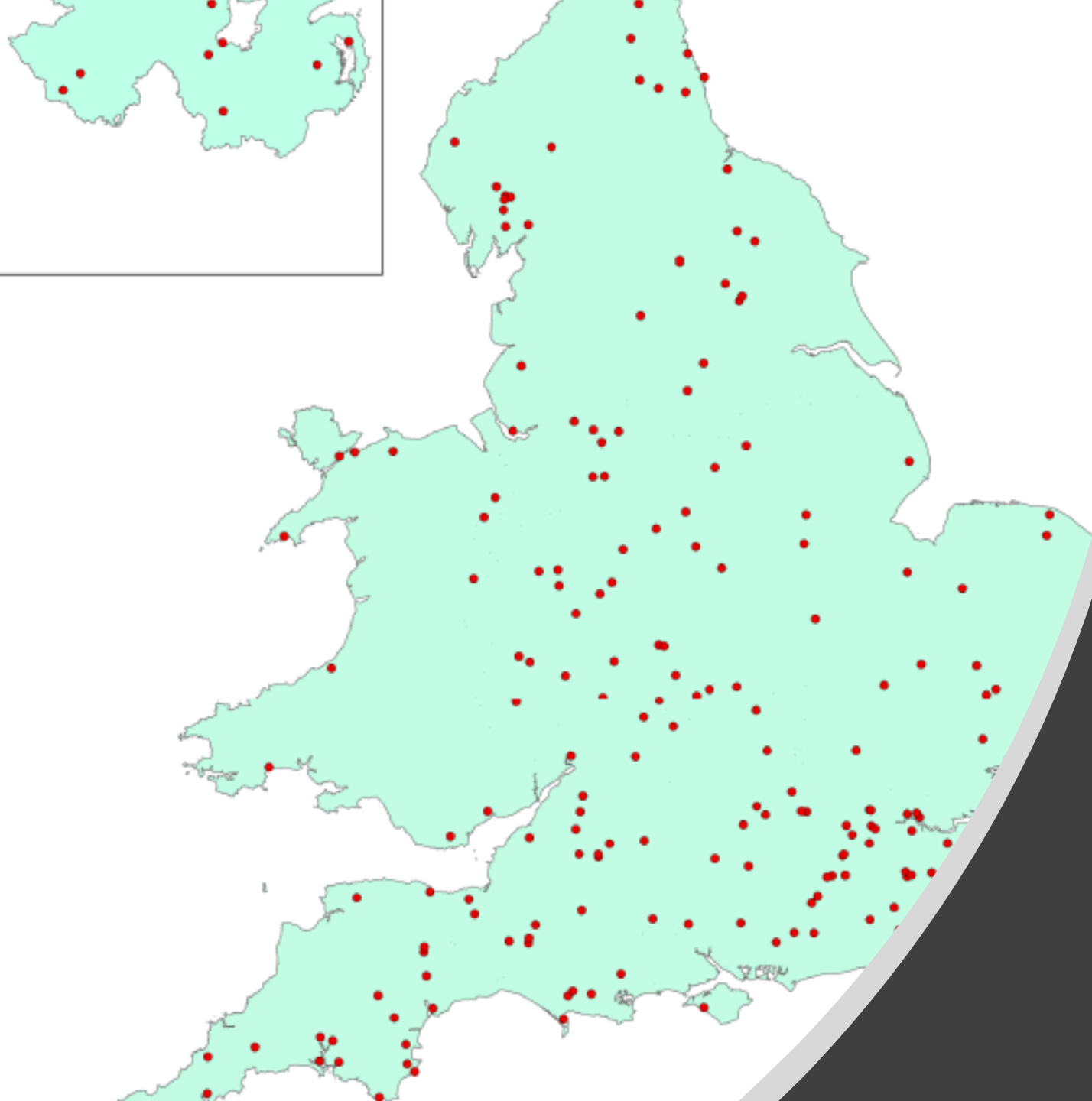
- Everyone needs NATURE
- Everyone needs access to BEAUTY
- We can learn from our rich history and cultural assets
- Octavia Hill felt that Gardens are essential
and that a garden should complement of every home
She believed gardens should be like
open air sitting rooms
- The pandemic showed us that there was
inequitable access to nature
- The National Trust Gardens and Parklands
Where Nature History Beauty and People Meet

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 *His Grace the Duke of WESTMINSTER, K.G. (President).
 The Most Honourable the Marquis of DUFFERIN AND AVA,
 G.C.B., G.C.S.I.
 The Most Honourable the Marquis of RIPON.
 *The Right Honourable the Earl of CARLISLE.
 The Right Honourable the Earl of ROSEBERY, K.G.
 The Right Honourable the Lord HOBHOUSE.
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The Hon. T. C. FARRER.	of Executive Committee).
Professor DOWDEN.	*Miss OCTAVIA HILL.
Professor KNIGHT.	*The Rev. Canon RAWNSLEY
Professor BALDWIN BROWN.	(Hon. Sec.).

* Those marked with an asterisk form the Executive Committee.



Our collections are alive

gardening ...a process

...a journey of constant change

220 Gardens and >200 parklands are places of life itself and the physical home of our living collections

Unlike much conservation practice, designed to prevent or stop change, gardeners ensure constant change.

All living collections need to be cultivated – weeded, pruned, trained, fed, protected, renewed. It's a process.

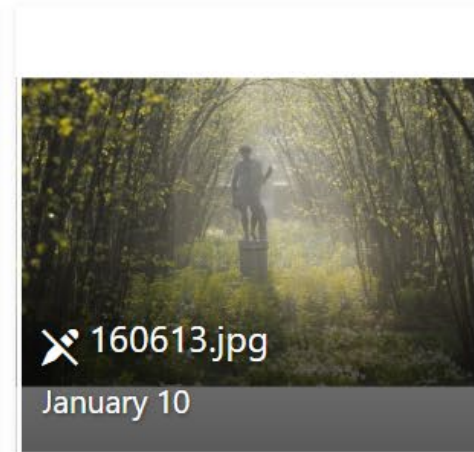
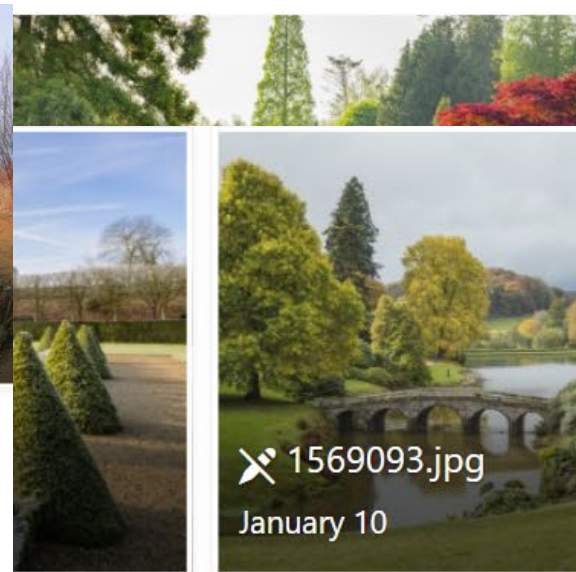
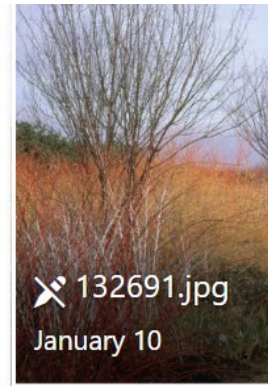
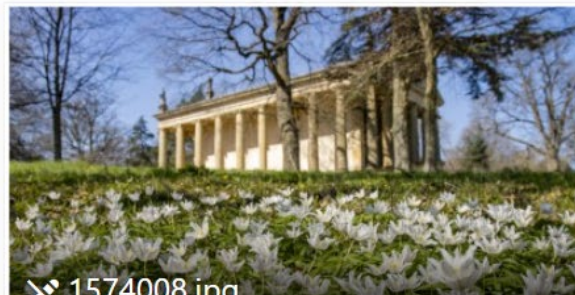
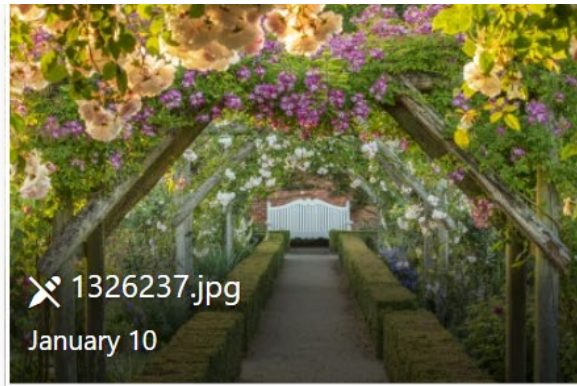
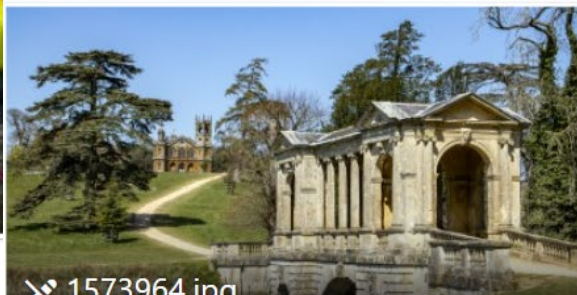
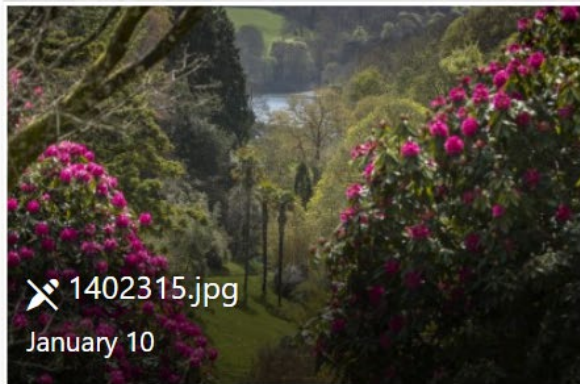
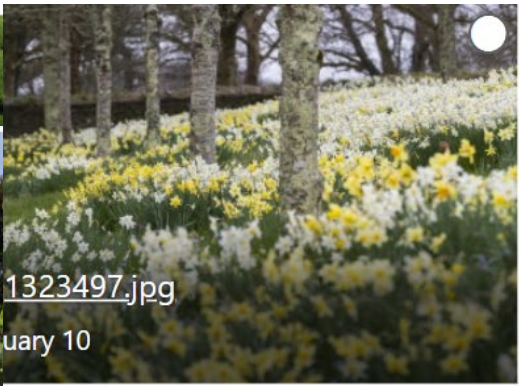
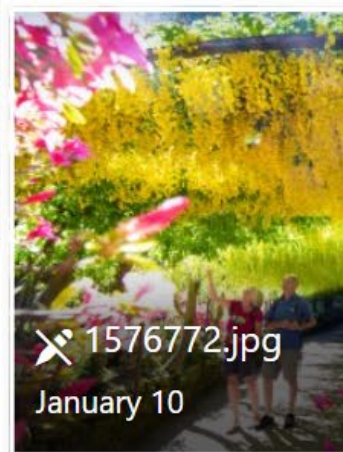
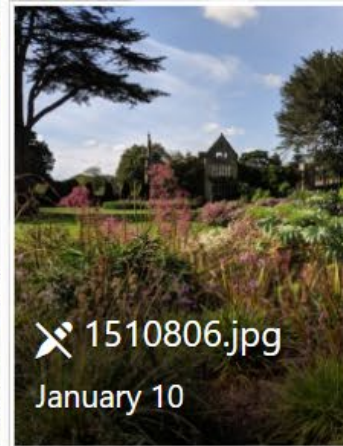
Every task has an immediate impact and this management (or lack of it) has a cumulative effect.

Gardens are the places that showcase the essence of our living planet for the widest possible audience.

Living collections are designed for engagement – to welcome visitors, to celebrate life, to observe, learn and simply to just be in. They put champagne in the veins and are part of your life.

The gardens are our showcases of the past in the present, they are the place we showcase our unique collections and showcase standards.

The gardens & parklands of the National Trust



Our Gardens and Parklands Team



Andy Jasper

National Head of Gardens and Parklands



Pam Smith – Senior National Consultant for Gardens and Parklands



Rebecca Bevan – Senior National Consultant for Plant Health & Sustainability



Alison Crook – National Curator of Living Collections

- Joanne Ryan – Horticultural Botanist
- Chris Trimmer – PCC Manager
- Juliet Stubbington** – Senior Propagator
- New: Darryl Beck** – Propagator
- Lee Betts – Plant Records Manager



New from December: Emma McNamara – Horticulture Development Specialist

Regional Gardens & Parklands Consultants

- **Alan Power** (SW)
- **Alison Pringle** (North)
- **Carolyn Göhler** (MEE)
- **Paul Gallivan** (LSE)
- **Gary Webb** (MEE)
- **Mike Beeston** (SW)
- **Mike Buffin** (NI)
- **Patrick Swan** (Wales)
- **Rachel Ryvar** (North)
- **Simon Gulliver** (MEE)

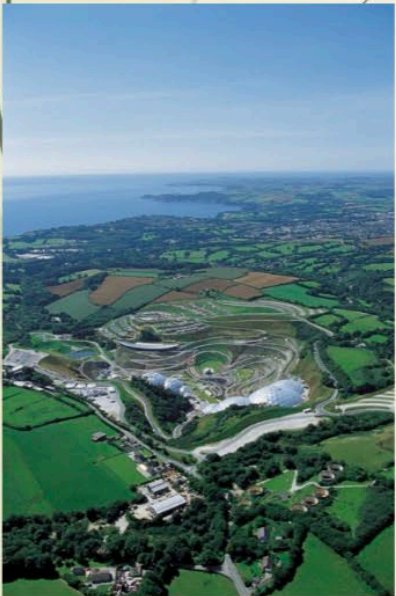


659 horticulturists, including 101 Head Gardeners and 39 apprentices!

10,000+ amazing volunteers and 100s of rangers who help us care for >221 gardens and parklands

Andy Jasper – CV at a glance

- Gardens, garden tourism and visitor economy specialist.
- Research focus on social and economic impact of visiting gardens
- Head of Research - Eden Project, Tate St Ives, Visit England Research and Intelligence Partnership, Ironbridge Institute, Research Fellow University of Exeter. Director National Tropical Botanical Garden Hawaii, and Programme Director of Wisley Strategic Investment Programme and GM for RHS Garden Wisley during Pandemic years.



Eden Project Morecombe

Transforming communities

Economic, Social and Environmental impacts



RHS Wisley

Dare to dream, organise and deliver

- ▶ £83 m investment programme
- ▶ Transformed G1 listed garden
- ▶ Moved Visitor numbers 800k to 1.5m
- ▶ Three major capital investments:
 - ▶ Welcome building & retail hub
 - ▶ National Science Centre (the home of gardening science)
 - ▶ Restoration of Laboratories
- ▶ Seven new gardens
- ▶ Infrastructure projects including, propagation, services (power, data, drainage, water paths), Staff accommodation 496 staff, toilets, restaurants, cafes.
- ▶ Turnover moved from £10m to £25m
- ▶ Economic impact £1b over 10 yrs



Opportunities
to enrich
more lives

They take us
on powerful
journeys to
different
worlds

(botanically &
historically)



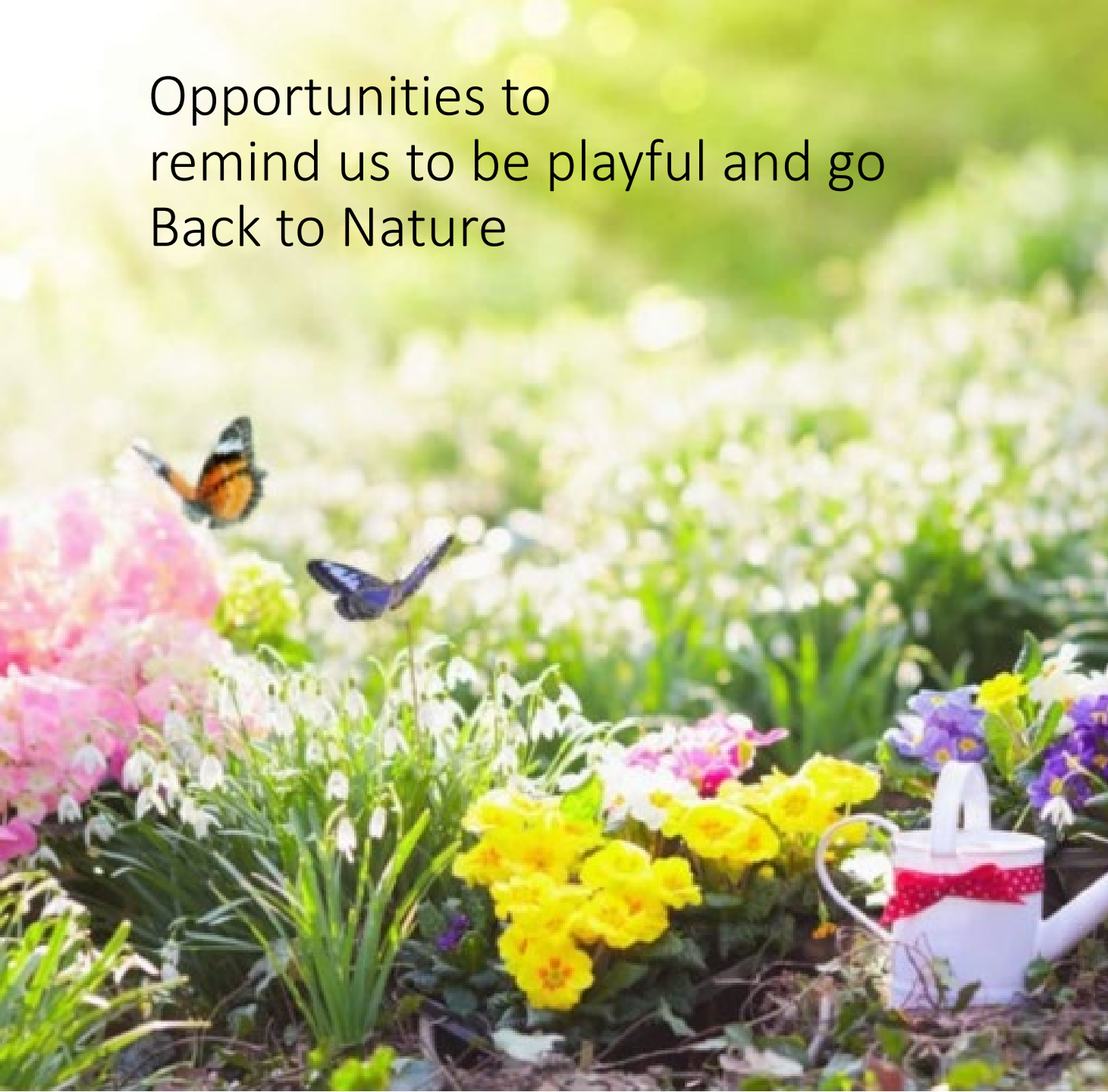


Opportunities to link wider
and more diverse
audiences

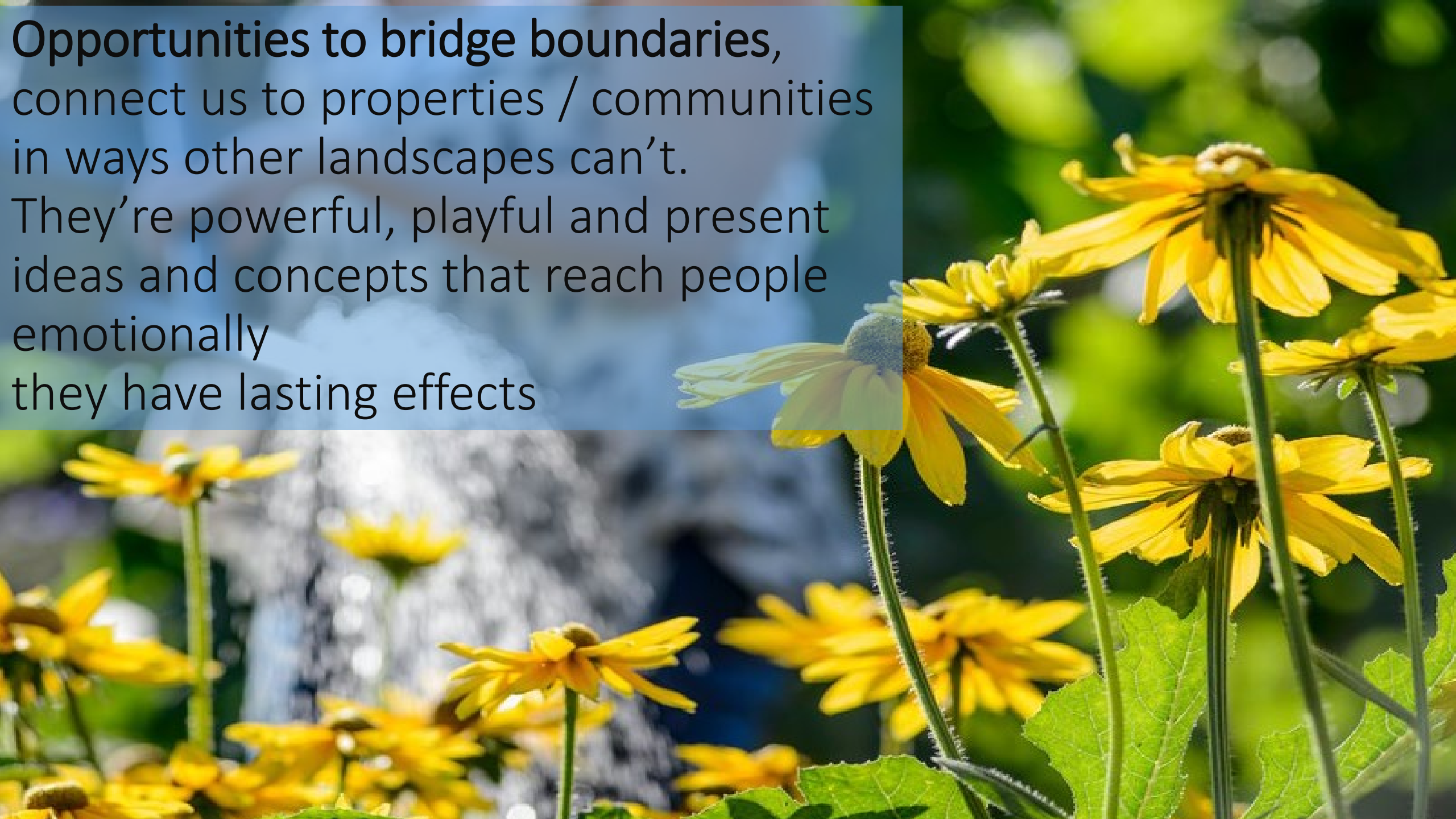
Gardens and Parklands
are in our nature



Opportunities to
remind us to be playful and go
Back to Nature



Opportunities to bridge boundaries,
connect us to properties / communities
in ways other landscapes can't.
They're powerful, playful and present
ideas and concepts that reach people
emotionally
they have lasting effects





Opportunities
connect us

Past

Present

Future

Opportunities for **health and wellbeing**

Feeling good – closer to each other, spending time exploring ideas, discovering new, reminding ourselves of deep rooted (oft forgotten) knowledge, the stories, connection to our past – our place in the world. These amazing places are powerful.



Opportunities for our role as custodian's of Garden heritage
to be clearer to industry
showcasing standards - environmental impact – skills crisis



Our Collections – Past Present Future

Alive and forever changing – gardening is a process

- Gardens & Parklands



- Gardeners



- Gardening &
- Intangible heritage



Our collections are **alive**

gardening ...a **process**

...a journey of **constant change**

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Unlike much conservation practice, designed to prevent or stop change, gardeners ensure constant change.

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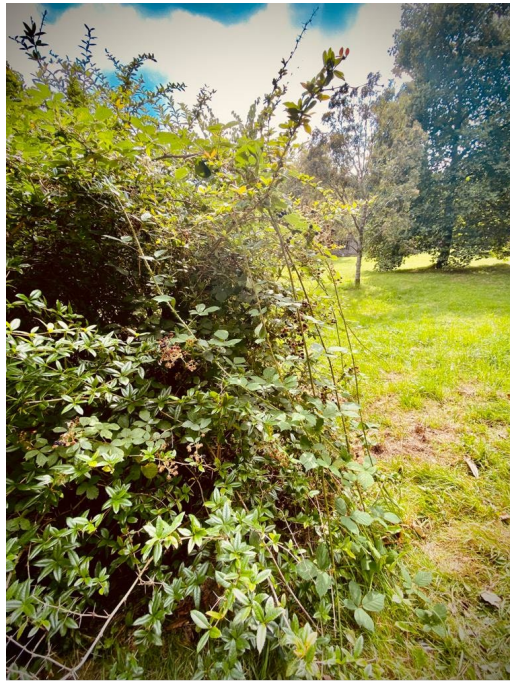
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The gardens are our showcases of the past in the present, they are the place we showcase our unique collections and showcase standards.

Our Collections are vulnerable

- Conservation



- Restoration



- Protection



National Trust Gardens and Parklands are the most amazing resource for the nation

- A primary reason visitors cite for visiting a property.
- They are fundamental to membership retention
- When good visitors say how uplifting inspiring and brilliant they are. When poor, everyone notices because expectation for quality is very high.
- Gardens are the bridge connecting people to properties, collections, stories and their (tangible and intangible) heritage.
- The value of gardens and our outside spaces has never been clearer – and there is a lot of interest in how we are looking after these assets and whilst not many people can clearly articulate good standards of collection management and care, our members, the press and many of our critics are very well practiced when they recognise standards slipping.
- Economic impact of gardens and garden tourism is larger than the international space industry
- We many challenges we have in the gardens and parklands, but they are not insurmountable and are the focus of the vision and a plan to deliver – this cannot be stand alone, needs to dovetail with all aspects of the Trust but done right has the power to deliver our ambition and transform our future.

Opportunities

to share more and be more

1. **Trade on the zeitgeist** – healthy, safe places for everyone –access to green space has never been so important **post covid recovery**

Champagne in the veins...

2. **Raise the profile of career choice.** Showcase teams through their work and the career paths that led this. We can address skills crisis, succession plan, through education & training, fix inequalities and salaries. Work with partners RHS
Outward facing - visitor focused - media savvy.
3. **We've got it, flaunt it.** there are no better places to celebrate life than gardens (large and small) - embrace new ways to engage and understand the collections that compliments core business. Link teams to create shared vision, be playful, and think commercially. One NT
4. **Sustainability:** take pride in showing the way with mid and long range planning creating clear expectation for carbon, water, biodiversity biosecurity, IPM etc.
5. **Address barriers to access** (physical/perceived) in order to reach out to those missing e.g. 16-24yrs
6. **Research** - motivation, behaviour (what they do and why), satisfaction learning outcome and impact beyond the visit.

Some things we are already doing

- Developing a programme of investment:

1. Addressing the foundations
2. Experimenting
3. Future Flagships

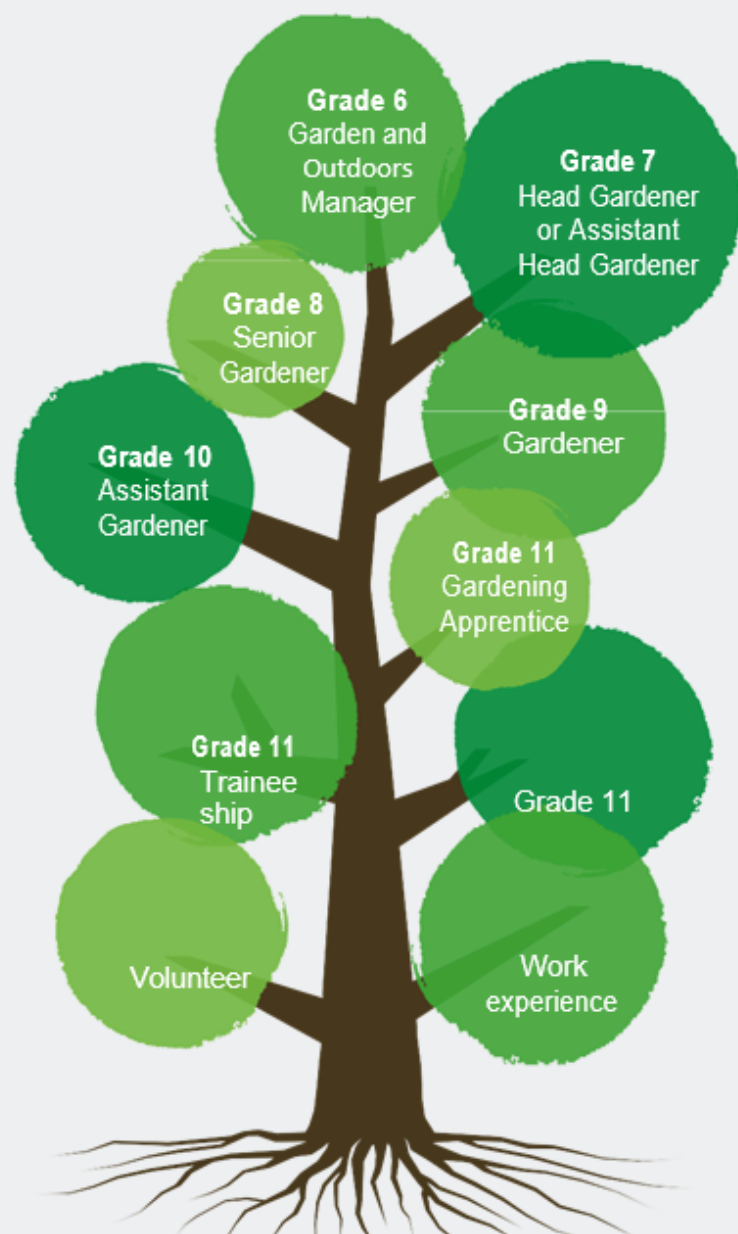
This will all focus on:

- Investing in Horticulture – collections, presentation standards, back of house and addressing issues where the need is most significant
- Investing in People – training and development – progression & succession
- Investing in Research and excellence

Seminars, Symposia, Summits and Monographs:

- 2022 – Narcissus Monograph
 - 2023 – Soil Summit
 - 2023 – Garden History Symposium
- Investment in Visitor Infrastructure

Acorn to Oak



Heritage Horticulture training

In-house Continuous Professional Development plans to support and advance our gardeners. The Role Profile will be crucial to indicate which course is relevant to career progression CPD.

This ladder is an example guide.



Grade 7 - Grade 6: Internal/External Garden Placement, Emerging Leader training, Assistant gardens consultant placement

Grade 8 - Grade 7: Garden history in-depth, Plant Conservation and Practical Garden Study Days, Finance Training, Compliance and Great People Management, Project Management Training, Internal Bursary, Internal Garden Placement, Foreign Travel Bursary

Grade 9 - Grade 8: Garden history relating to the garden period of the property, Plant Conservation and Practical Garden Study Days, Finance Training, Compliance and Great People Management, Level 3 Garden/ supervisor Apprenticeship, Internal Bursary, Internal Garden Placement,

Grade 10 - Grade 9: level 3 apprenticeship, in-house training days: Garden history overview, Plant Conservation and Practical Garden Study Days, Internal Bursary and Internal Garden Placement

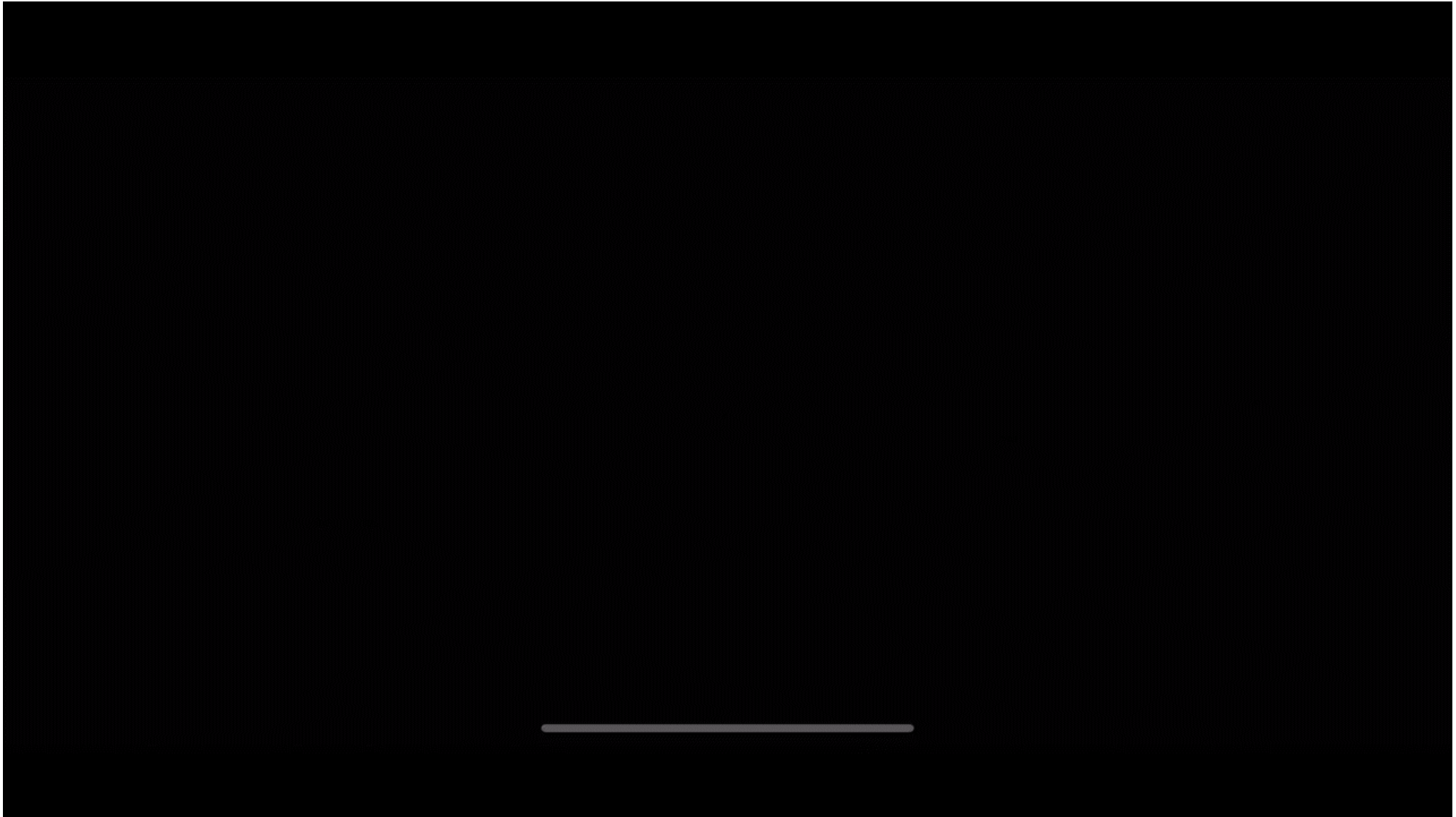
Grade 11 - Grade 10: Horticultural Traineeships, e.g. Level 2 Gardening Apprenticeship including college study blocks, in-house training days, and work-based learning

Traineeship - Grade 11: Practical work-based learning with project work in the garden, attending appropriate available training days

Volunteer: Regular volunteering with in-house training on practical horticulture

Work Experience - T level student: Short term school/college placement as a taster for a career in the industry

The Narcissus Monograph



Glendurgan Maze restoration





The Sissinghurst Scholarship

The scholarship is open to both UK and International students.

Each scholarship may vary in terms of the learning content and levels, some may be focussed on the Nursery and propagation, Productive Gardens, whilst others may be around succession and developing management skills working towards becoming a Head Gardener in the future.

The opportunity to work at Sissinghurst is enough to help further careers in horticulture whilst gaining a practical insight into how the garden is managed throughout the seasons. The Scholarship forms part of a wider approach to learning in horticulture within the National Trust.

Our approach will be:

A Practical and immersive experience

Flexible and Collaborative

Ability to extend experience to other external and National Trust gardens

Rewards and benefits

As well as the unique opportunity this role will bring working in one of the most important gardens in the world.

Study in beautiful surroundings

Training and mentorship with some of the best horticulturalists in the world at Sissinghurst and in the National Trust and our partner gardens, but also through overseas placements for example in France and the USA

Salary of circa £25.5k per annum

Plus benefits that include subsidised shared accommodation.

- To find out more about our rewards and benefits please visit:
- www.nationaltrustjobs.org.uk/supporting-you/



How to apply

Apply through our website at www.nationaltrustjobs.org.uk
searching reference IRC 123794

If you would like to discuss the role or even plan an informal visit, then please contact Troy Scott Smith, Head Gardener at Sissinghurst at Troy.smith@nationaltrust.org.uk or by phoning 0781 4067250

We continue to raise funds for this programme
in 2022 we raised around £130,000

Please let us know
if you are interested applying or
sponsoring a
Sissinghurst Scholar in the future.

“The flowers I like best are the flowers requiring a
close inspection before they consent to reveal their
innermost secret beauty.”

Vita Sackville-West





National
Trust

WORKING TOGETHER FOR THE LOVE OF NATURE

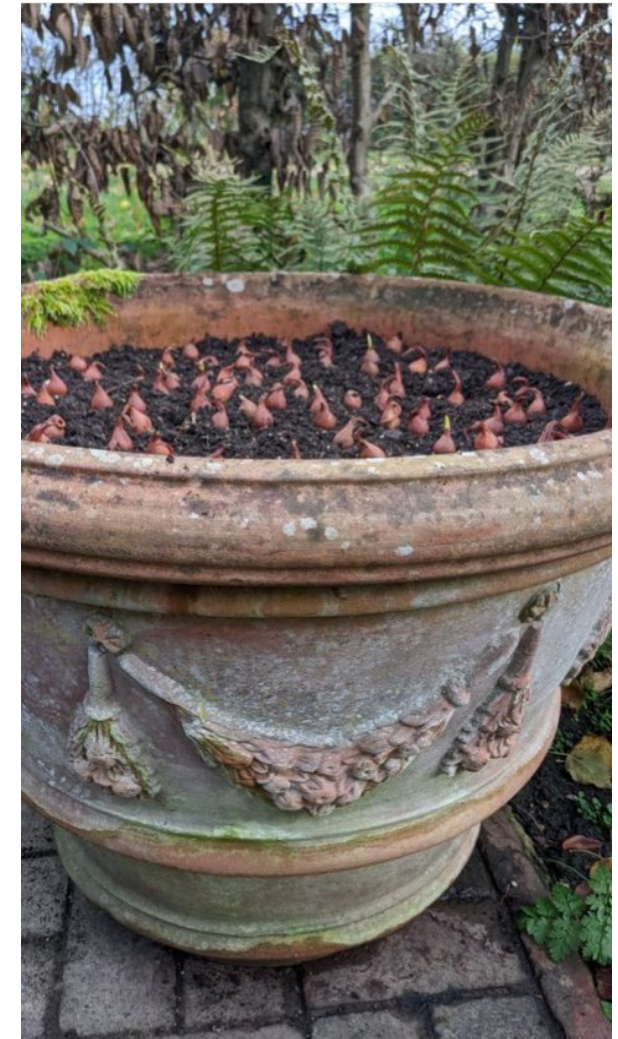


Spring Bulbs – September 2022



Sissinghurst bulb planting

- 1000 assorted spring bulbs from the Blue Diamond collection planted at Sissinghurst, Autumn 2022



Powis Castle rose collection – November 2022

- Six roses, inspired by the rose garden at Powis, which is one of the Trusts Top 10 best roses gardens.
- Launched as bare-root plants in November 2022
- Potted versions available from March 2023
- Grown peat free at Blue Diamonds Bridgemere nursery
- Household recyclable pots



"I love the roses we grow at Powis; they are simply stunning and have a real history and significance here. We grow them on pillars and walls throughout the garden. Regenerating, training, and pruning them year on year is so rewarding. To see them covered in flower from top to bottom is a real joy."

David Swanton Prif arddwr/ Head Gardener
Ymddiriedolaeth Genedlaethol/ National Trust
Powis Castle & Garden

NT named roses – January 2023

- Four roses linked to the Trust and its places
- Potted versions available from January 2023
- Grown peat free at Blue Diamonds Bridgemere nursery
- Household recyclable pots



Plant Bundles – April 2023

Collections of herbaceous plants inspired by:

- Sissinghurst's white garden
- Hidcote's red border
- Hill Top's cottage garden
- Nyman's summer border



The White Garden, Sissinghurst

- Plant 'bundle' containing fifteen 10.5cm potted plants
- Inspired by the internationally famous white garden at Sissinghurst
- RRP £75.00
- Includes suggested planting plan and wooden plant labels
- All packaging is sustainably sourced
- Plants are growing in peat free compost

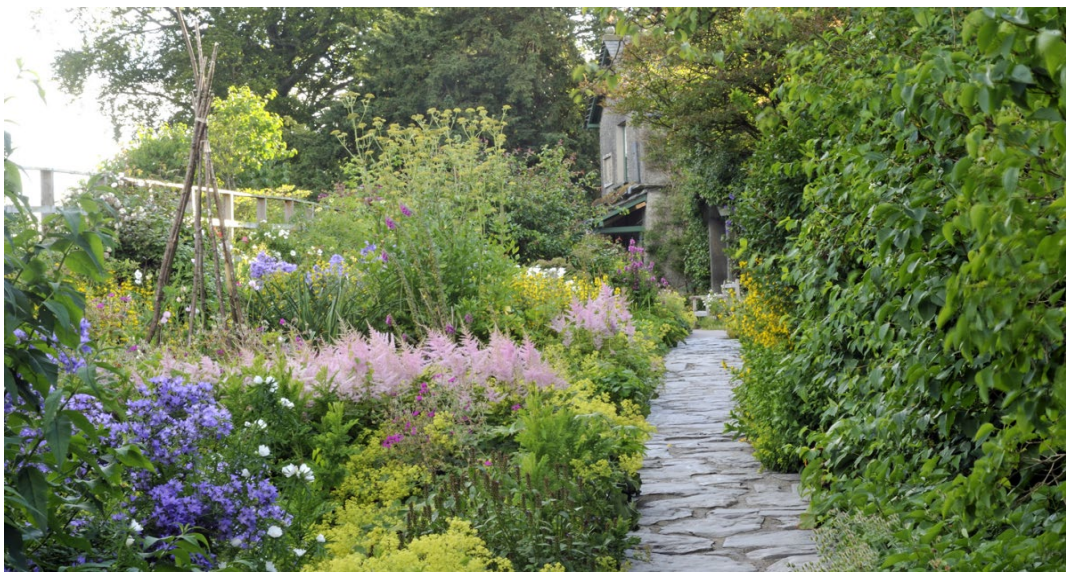


Plant list:

Adiantum pedatum
Delphinium Galahad
Echinacea White swan
Hosta Royal standard
Iris White Cliffs of Dover
Paeony Duchesse de Nemours
Phlox Mount Fuji
Thalictrum Splendide White
Vinca minor alba ' Gertrude Jekyll'
Geranium sanguineum Album
Iris white Swirl
Pulmonaria Sissinghurst White

Hill Top Garden, Cumbria

- Plant 'bundle' containing fifteen 10.5cm potted plants
- Inspired by Beatrix Potters beloved cottage garden at Hill Top
- RRP £75.00
- Includes suggested planting plan and wooden plant labels
- All packaging is sustainably sourced
- Plants are growing in peat free compost



Plant List:



Chelone Obliqua alba
Echinops ritro Taplow Blue
Erygium Miss Willmott's ghost
Astilbe Pink Sprite
Alchemilla mollis
Campnula persicifolia Blue
Lysimachia punctata
Digitalis purpurea
Sidalcea Elsie Heugh
Stachys byzantine
Phlox Blue Paradise

The Hot Border, Nymans Garden

- Plant 'bundle' containing fifteen 10.5cm potted plants
- Inspired by the impressive 'hot Border' at Nymans
- RRP £75.00
- Includes suggested planting plan and wooden plant labels
- All packaging is sustainably sourced
- Plants are growing in peat free compost



Plant List:

Coreopsis Early Sunrise
Salvia Elegans
Helenium Mardi Gras
Rudbeckia Goldsturm
Echinops ritro Blue Glow
Oenothera Whirling Butterflies
Nepeta Persian Blue
Rudbeckia
Crocasmia George Davison
Dahlia Orange Nugget
Heuchera Lime Marmalade
Erigeron Fleabane
Eupatorium maculatum
Dicentra alba

The Red border, Hidcote

- Plant 'bundle' containing fifteen 10.5cm potted plants
- Inspired by the famous 'Red Border' at Hidcote
- RRP £75.00
- Includes suggested planting plan and wooden plant labels
- All packaging is sustainably sourced
- Plants are growing in peat free compost



Plant List:

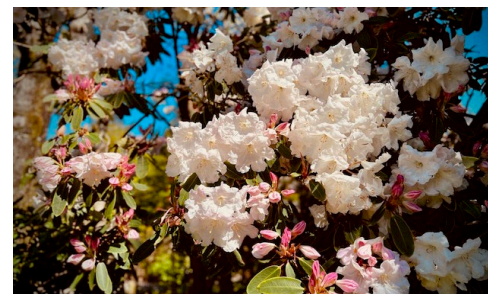
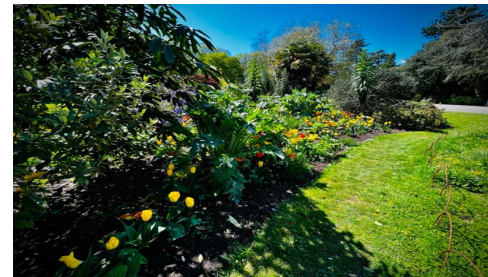
Crocasmia Lucifer
Salvia Royal Bumble
Dahlia Bishop of Llandaff
Miscanthus Cracillimus
Kniphofia Papaya Popsicle
Heuchera Obsidian
Geum Borisii
Hakonechloa All Gold
Miscanthus Kleine Silberspinne

Dear Team Saltram,

*Thank you so much for a great morning
(26-4-2022) and involving me with
the Queens Green Canopy tree planting and
for use your garden as the best zoom
backdrop for the NT Leadership conference.
The gardens looked AMAZING and you are
doing a great job – I am very much looking
forward to my next visit.*

Andy Jasper

National Head of
Gardens & Parklands



Dear Team Trelissick,

Thank you so much for a great day (28-4-2022) starting with the stunning morning tour of the gardens which I have to say were looking amazing. I was so impressed by the focus on horticultural standards and great garden design – taking from the past but firmly focused on the visitor experience and the future for the gardens. Thank you for involving me with the really exciting plans to restore the walled garden, the plans are ambitious and also very commercial. I loved meeting the team and Lucy and the tree planting was a real treat. I am very much looking forward to my next visit.

Andy Jasper

National Head of
Gardens & Parklands



Dear Team Trengwainton,

Thank you so much for a wonderful late afternoon stroll through the garden (28-4-2022) and for being so accommodating with my schedule.

The gardens are looking beautiful and I love what Cat and the team have done with the drive ravine garden planting. Fridy, I really enjoyed our conversation about the Whole History of the story of the garden and how we can use plants to sensitively connect to a narrative that acknowledges the roots of these histories, how plants were used to ground connect and provide hope in the same way as the narrative of the NT focuses on the democratizing of places – moving them from symbols of exploitation and privilege to places that belong to everyone. It's a sensitive process and I was encouraged by your approach this and I'll be delighted to support in the way we discussed - focusing on narrative and comms planning. I am very much looking forward to keeping in touch and my next visit.

Thank you
Andy Jasper
National Head of
Gardens & Parklands

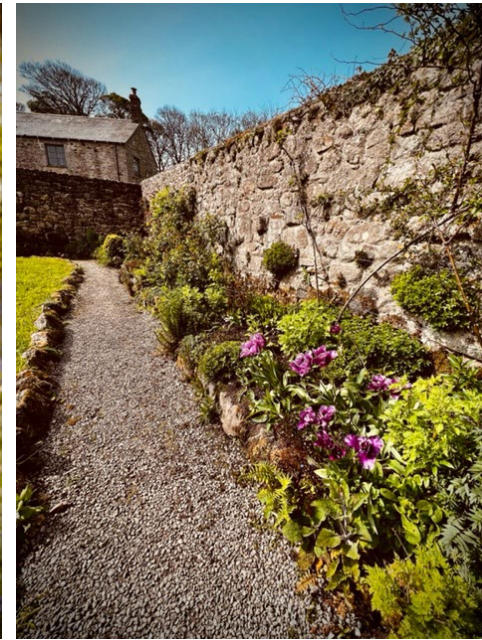
Thank you Team Trengwainton



Dear Ian and Team Godolphin,

Thank you so much for a great morning and for accommodating me dropping in at such short notice (29-4-2022). Ian it was so good to see you after all these years, and the gardens at Godolphin looked incredible compared to how I remembered from the 1980's. I loved the balance between intervention and time stood still - and look forward to seeing how you conclude interventions with the challenges around plant health with box and ash as well as to see how you interpret the fishponds and where Godolphin goes next.

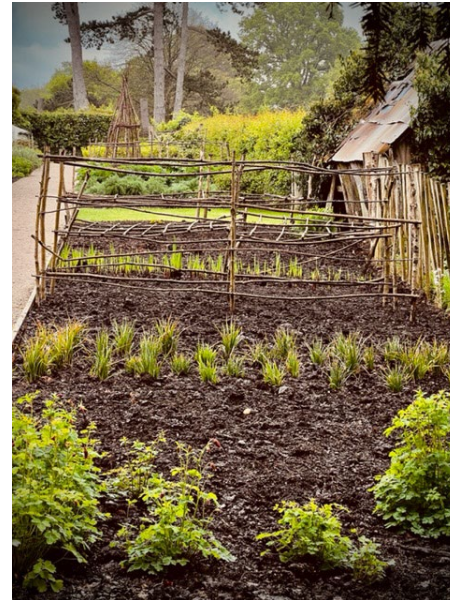
*Many thanks again
Andy Jasper
National Head of
Gardens & Parklands*




Dear Team Baddesley Clinton,

Thank you so much for a great and showing me what you have been doing at Baddesley (4-5-2022). I was particularly taken by the attention to detail, general standard as well as the vegetable beds. I was also encouraged by the desire to improve the walled garden, and grateful for you explaining how the path system and adjustments to the flow might work in the future. Please pass on my thanks to the team and volunteers. I am very much looking forward to my next visit.

Andy Jasper
National Head of
Gardens & Parklands



A formal garden scene with a central stone pedestal, symmetrical topiary hedges, and a lavender path. The text is overlaid on the image.

Gardens will play a full role in delivering and sustaining
organisational strategy

GROW 4

Climate Action
Everyone welcome
Cultural Heritage
Natural Heritage

Three core objectives:

1. **Address the decline of garden capital** in the National Trust
2. **Raise the profile of horticulture** in the National Trust in the UK and use it to catalyse post pandemic recovery of visitor numbers, spend and confidence
3. **Become the employer and partner of choice.**
Focus on the green skills and horticultural training to address retention and recruitment issues

The long view

The National Trust
150 Anniversary

Making decisions easier:

- Front loading investment
- Access
- Response to climate change
- Plant selections
- Ambitious projects the focus on long term



What will our gardens look like when we celebrate our 150th Anniversary?

What shape will our response to the brief take?

2022/23

2022-25

2025+

1

Addressing the gardens in worst condition

- Improving standards in 23 priority gardens for 2022 peak season
- Funded within region/country
- Full use of gardens restricted funds to enable delivery of horticultural standards

2

Breakthrough projects

- a) Optimising existing project opportunities eg Castlefield Viaduct, Saltram, Winkworth, Shugborough
- b) Supporting experimentation & innovation to reframe our model to reach wider audiences eg new uses for kitchen gardens; gastro gardens; winter business model; new gardens; new ways of modelling resource

3

Future Flagships

- Enhancing the heritage value of some of our most significant gardens
- Aimed at engaging better with our existing audiences

4

Monitoring garden condition

- Developing a clear cyclical input to support the plan and budget process aligned with new CPI cycle

An era of transformation

- A clear articulation of the part gardens & parkland can play in delivering our strategic ambitions for nature, beauty and history
- A programme for transformative change in gardens and related growth on visitors, members, diversity and commercial income
- Fully integrated into new strategy period, underpinned by regularised condition monitoring
- Delivered by capable and energised people resourced to the right level

A photograph of a formal garden featuring complex topiary designs. The hedges are meticulously shaped into various forms, including long, winding borders and large, rounded spheres. The plants are a vibrant green, and the garden is set against a backdrop of more greenery. The text "Questions" is overlaid in white, sans-serif font in the upper left quadrant.

Questions

Thank you



**WELCOME
BACK**



Annemarie van Bochove Allen District Governor Elect





Rotary
London



Rotary
South



Rotary
South East



Save the Date
20 - 22 October 2023
Eastbourne

You are invited to A Weekend with Rotary

**A fun weekend of
fellowship, inspiration &
entertainment**



With your hosts

The 3 DGs



Annemarie van Bochove Allen

**Rotary South
District 1145**



Ray Seager

**Rotary South East
District 1120**



Suraiya Kassamally

**Rotary London
District 1130**

The Venue

The Floral Hall in the Winter Garden is a Grade II listed building & a purpose built conference & concert venue.

It has just completed extensive renovation work in 2022 including new stage, sound & vision systems. It is connected to the new Welcome Building where some events will also take place.





Conference Hotel

The View Hotel

Modern, bright and unlike any other accommodation in Eastbourne, our vibrant, stylishly appointed hotel will make you feel at home whilst providing everything you need for a restful or productive stay.

Speakers

Afternoon
Friday 20 October 2023

**Interesting
Educational
Motivational
|
Entertaining**

**Focus on
Rotary**

Key topics
Expert Speakers
Interactive

Mornings
Saturday 21 October &
Sunday 22 October 2023

**Discussions
underway with
excellent
speakers**

Club Project Exchange
Club Awards

Activities

Thursday 19 October
2023
Golf



Afternoon
Saturday 21 October
2023
Bridge



Afternoon
Saturday 21 October 2023
Other activities

**Enjoy the
attractions of
Eastbourne
including the
beach**

**Tee off with colleagues
from across the 3 Districts
at Willingdon Golf Course**

**Play in our Bridge competition
or participate in our Bridge
taster session at the Conference**

Centre

**Focus on the environment
Join us for a beach clean**

Entertainment

Evening

Friday 20 October 2023

Club meal

followed by

The Bodyguard Musical

Professional Performance
of the smash hit
musical



Evening

Saturday 21 October 2023

Choose between

Gala Black Tie Dinner

Dance the night away to
well known covers with
the fantastic Saucy
Flapdragons

Cabaret Evening

After your own dinner,
join us for an evening of
entertainment with:

Matty Evans
Miki Travis &
Opera-Lele



Lunch time

Sunday 22 October 2023

To close

Conference Lunch

Before you depart for
home, round off the
Conference at a local
restaurant

Saturday 21 October 2023

We are exploring a frugal lunch in aid of
End Polio Now

Various packages available

Fit the conference to your preferences

One, two & three day registration options

Choose your activities & entertainment

Booking opening soon

Via the Conference website

**Keep an eye on our
dedicated website for
detailed information at**

www.aweekendwithrotary.co.uk



**In the meantime: Save the dates
Conference 20 to 22 October 2023
Golf 19 October 2023**

AWARDS & CERTIFICATES

236

**Awards Presented by
District Governor Roger Stent**

**Hosted by
Kiera Jade Smitheram**



SPORTS TROPHIES – TABLE TENNIS 2019-20

237



Winners:

Combined Team from

**Chichester &
Chichester Priory**

SPORTS TROPHIES – SKITTLES 2019-20

238



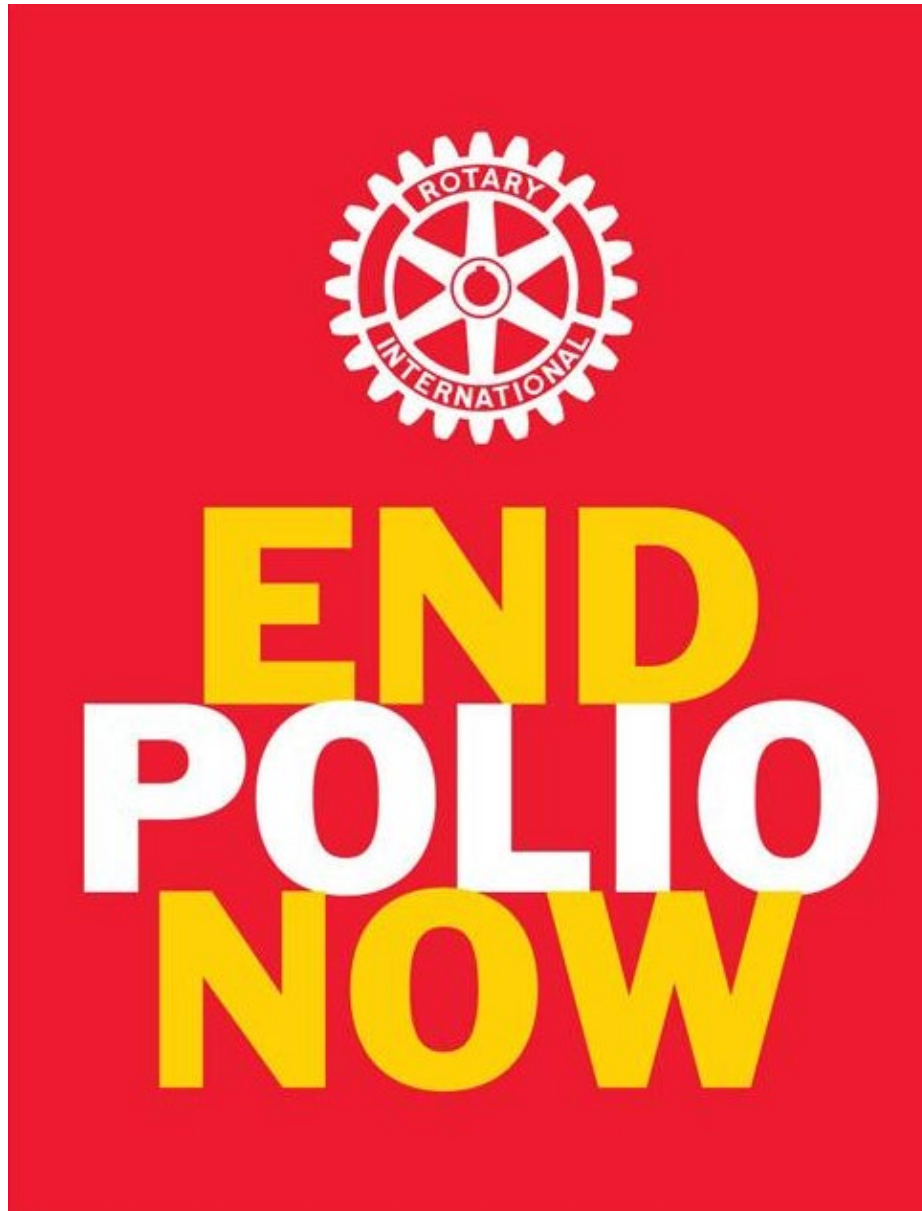
Winners

Titsey & District

seen here with the runners-up
Shepperton & Sunbury RC

END POLIO NOW CERTIFICATES

239



New Malden

Epsom

Bookham & Horsley

BIPOLAR PARTNERSHIP WITH ROTARY

240

Simon Kitchen
CEO Bipolar UK



Nicky Chinn
Bipolar UK Ambassador



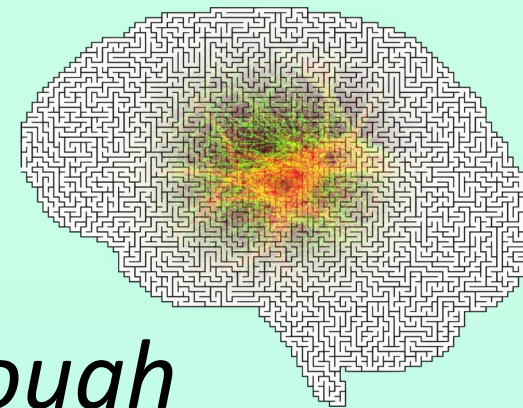
Introduced by Judith Pratt – Cuckfield Lindfield & Haywards Heath

A Partnership to reach and support
more people affected by Bipolar

Harnessing Rotary networks

Professor Judith Pratt
Rotary and Bipolar UK, Cluster Champion

Mental Health Conditions- Awareness Raised



BUT awareness is not enough

We need better:

- ▶ Understanding of causes and triggers
- ▶ Diagnosis
- ▶ Treatments and Early Interventions
- ▶ Services and support
- ▶ Funding

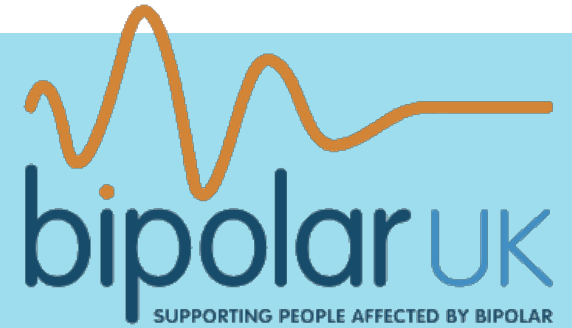
Bipolar is an under-represented mental health condition



Presented by:
Simon Kitchen –
CEO Bipolar UK
Nicky Chinn –
Songwriter who
lives with bipolar



Rotary
Great Britain & Ireland



A partnership to reach
and support more
people affected by
bipolar

Together we aim to reach and support 20%
more people in our first year



What is bipolar?

Bipolar is a severe lifelong mental health condition characterised by highs and lows. At their most extreme, the highs can lead to delusional thinking and psychosis and the lows to endless suicidal thoughts.

A decorative graphic on the right side of the slide consists of a large teal rectangle. Overlaid on this are two dark purple triangles pointing towards each other, forming a diamond shape in the center. A curved dark purple shape is also visible at the bottom right corner.

1 in 50 people
in the UK are
estimated to
be living with
bipolar

Mood Scale

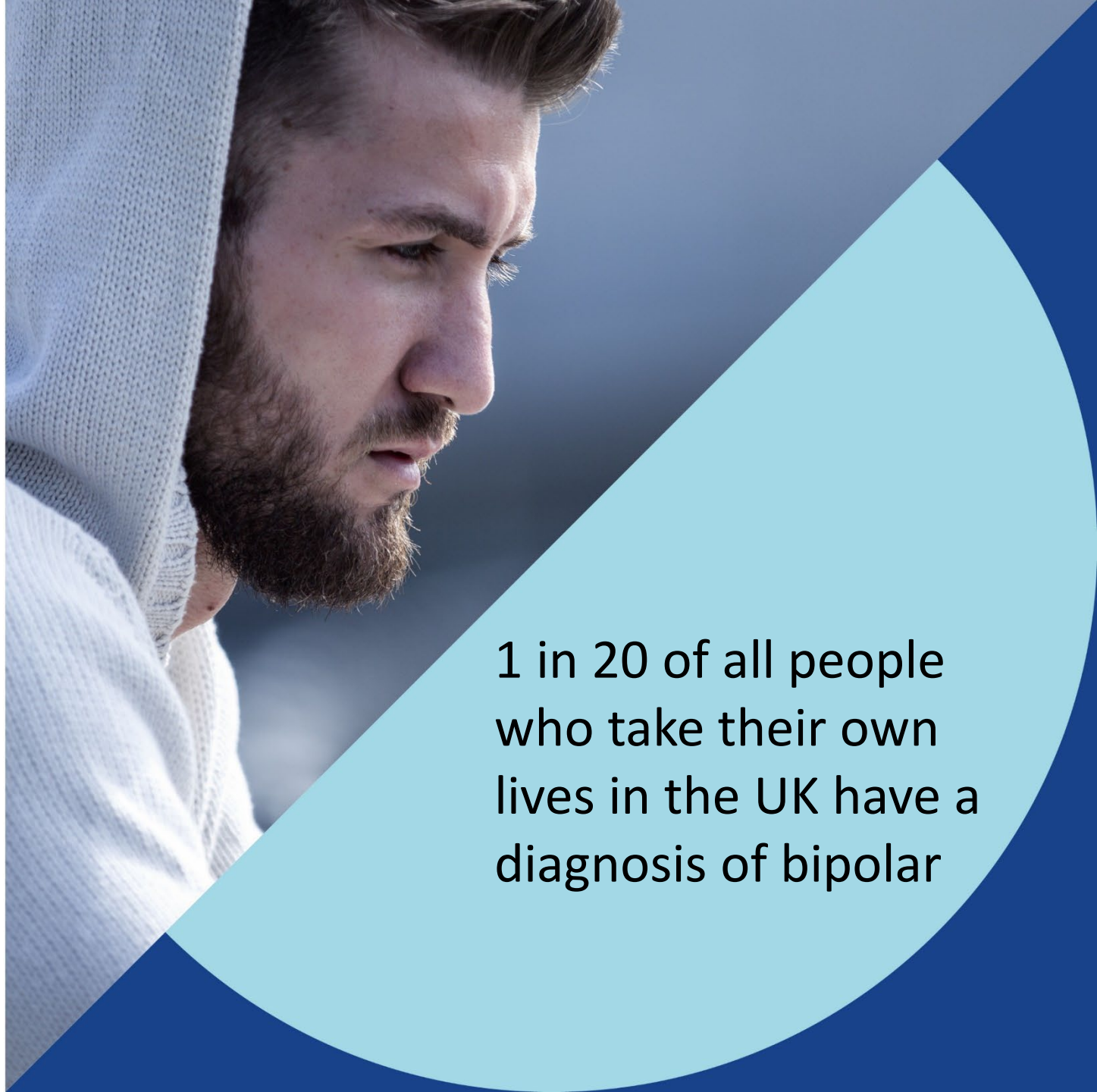


This scale is not meant to be definitive but is an indicator of possible behaviours

MANIA	10	Total loss of judgement, exorbitant spending, religious delusions and hallucinations.
	9	Lost touch with reality, incoherent, no sleep, paranoid and vindictive, reckless behaviour.
HYPOMANIA	8	Inflated self-esteem, rapid thoughts and speech, counterproductive simultaneous tasks.
	7	Very productive, everything to excess (phone calls, writing, smoking, tea), charming and talkative.
BALANCED MOOD	6	Self-esteem good, optimistic, sociable and articulate, good decisions and get work done.
	5	Mood in balance, no symptoms of depression or mania. Life is going well and the outlook is good.
	4	Slight withdrawal from social situations, concentration less than usual, slight agitation.
MILD TO MODERATE DEPRESSION	3	Feelings of panic and anxiety, concentration difficult and memory poor, some comfort in routine.
	2	Slow thinking, no appetite, need to be alone, sleep excessive or difficult, everything a struggle.
SEVERE DEPRESSION	1	Feelings of hopelessness and guilt, thoughts of suicide, little movement, impossible to do anything.
	0	Endless suicidal thoughts, no way out, no movement, everything is bleak and it will always be like this.



Tragically someone living with bipolar is 20 times more likely to take their own life than someone without the condition



1 in 20 of all people who take their own lives in the UK have a diagnosis of bipolar



Headline statistics

- **9.5 years** to get a diagnosis
- **36% attempted suicide** because of the delay
- **1 in 20** of all people in the UK who take their own lives have a diagnosis of bipolar
- Bipolar represents **17%** of the total burden of mental illness
- The case for a dedicated pathway of care

<https://www.bipolaruk.org/reports>

Bipolar Commission

Improve
quality of
services

Reduce rate
of suicide





The launch of the Bipolar Commission report at the **Houses of Parliament**

Attendees pledged their support:

“I support quicker diagnosis and specialist treatment and support for everyone with bipolar”

Rotary members attended from across the UK to show their support including Nicki Scott, Garth Arnold, Eve Conway and Selwyn Forman, Robert Morris, Judith Pratt and Cheryle Berry





**Our mission is to empower everyone
affected by bipolar to live well and
fulfil their potential**

Medication

Healthy lifestyle: sleep, exercise, diet

Psychotherapy

Peer Support

Support from friends and family



Medication

**Healthy
lifestyle**

Psychotherapy

Support





One to one peer support by phone
and email

Local peer support groups
facilitated by people affected by
bipolar

**National online peer support
groups**

Moderated eCommunity with over
11,000 active users

**Website
accessed by
300,000
people**

**World Bipolar Day
Free annual
conference**

**Free Mood
Tracker App**

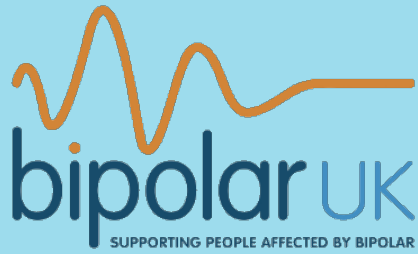
How can we work together?

- Visit www.bipolaruk.org/rotary - our dedicated subsite for Rotary members
- Download '[how your club can get involved](#)'
- Share our '[Could it be bipolar](#)' campaign
- Take our short [eLearning course](#)
- Promote Bipolar UK's services
- Volunteer Positions
- Fundraising
- **World Bipolar Day – 30th March**

impact
engagement

adapt

reach



Bipolar UK Peer Support groups in District 1145:

Bromley

Brighton

Croydon

Farnham

Lewes

Sutton

Twickenham

**Working
with
District
1145**

Cause based Club

New national online Rotary club open to all affected by bipolar including family and friends

Support Bipolar UK

- Promote understanding of bipolar
- Fundraise to help Bipolar UK grow their support services

Support your local Bipolar UK group

- Promote Bipolar UK's support services in your community
 - Find out about volunteering opportunities or help promote volunteering roles



The difference support can make

‘The group began to share one by one, and I started to realise this may be the right place for me after all. I shared my experience of a time I was feeling invincible and on top of the world. I felt a huge weight lift from me, along with a lifting of shame, embarrassment and fear of being judged. I realised I didn’t need to hold these thoughts and beliefs about myself. I wasn’t alone!’ Emma



Nicky Chinn

Bipolar UK ambassador and successful songwriter who lives with bipolar

Nicky Chinn's songs include:

- Lonely this Christmas
- Mickey
- Living Next Door to Alice
- Tiger Feet

The right side of the slide has a light blue background. It features three large, overlapping circles: a large pink circle in the upper center, a smaller yellow circle in the lower left, and a large dark blue circle in the lower right.

Over to Nicky....



World Bipolar Day

30th March 2023

Help us reach out to your local
community

- **Promote** Bipolar UK's [support services](#) available to everyone affected by bipolar
- **Fundraise** to help Bipolar UK grow its services and support more people in your community

Could your
Club raise:
£100
£500
£1000

Visit our stall
today to find
out more

Take a poster
and leaflets
back to your
clubs

Every pound
makes a
difference



www.bipolaruk.org rotary@bipolaruk.org

Reach
more
people

Make
more
impact

**Together
we can save
many lives**

Poet, Playwright and Broadcaster

Introduced by
District Governor Nominee
Tim Vile

