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- A bite, scratch, or saliva exposure into a wound or mucous membrane cannot be ruled out.

Direct contact with a bat is defined as the bat touching or landing on a person. When there is no direct contact with a bat, the risk of rabies is extremely rare and rabies post-exposure prophylaxis is not recommended. In an adult, a bat landing on clothing would be considered reason for intervention only if a bite, scratch or saliva exposure into a wound or mucous membrane cannot be ruled out. In a child, a bat landing on clothing could be considered a reason for intervention, as a history to rule out a bite, scratch or mucous membrane exposure may not be reliable. When a bat is found in the room with a child or an adult who is unable to give a reliable history, assessment of direct contact may be difficult. Factors indicating that direct contact may have occurred include the individual waking up crying or upset while the bat was in the room or observation of an obvious bite or scratch mark.

From 1998 to 2009, NACI recommended that people who may not be aware of or able to report a bat bite (e.g., sleeping person, young child, cognitively impaired) be offered intervention if a bat was found in the room with them. This recommendation was revised (as described above) in 2009 based on the rarity of human rabies related to bats (one case in Canada reported approximately every 5 years). Research conducted in Canada estimated that a case of human rabies related to bedroom exposure to a bat (i.e., finding a bat in the room of a sleeping person with no recognized physical contact with the bat) is expected to occur in Canada once every 84 years. In addition, it has been determined that to prevent one case of rabies from bedroom exposure to a bat, using a conservative estimate, 314,000 people would need to be treated.

#### Circumstance of the exposure

An unprovoked attack is more likely to indicate that the animal is rabid; although, rabid animals may become uncharacteristically quiet. Bites inflicted on a person attempting to feed or handle an apparently healthy animal should generally be regarded as provoked. Untrained individuals should never handle wild or stray animals or any domestic animal that is behaving unusually and children should be taught this precaution.

#### Vaccination status and behaviour of the animal

Domestic pets with up-to-date rabies vaccination are unlikely to become infected with rabies. A veterinarian should be consulted to determine if the animal is up-to-date with its vaccinations. Any domestic dog, cat or ferret (regardless of vaccination history) that has bitten a human should be reported to public health officials for appropriate follow-up.

A history of abnormal or aggressive behaviour in a domestic animal, potential for exposure of a domestic animal to other animals that could transmit rabies to the domestic animal, and a previous encounter of a domestic animal with a wild animal should be considered when determining the likelihood that a domestic animal exposure carries a risk of rabies transmission. Generally, behaviour in wild animals cannot be accurately evaluated and should not be considered part of the risk assessment, however, some behaviours in bats may be considered abnormal and indicative of rabies, such as a bat attacking a person or hanging on tenaciously to a person.

#### The age of the exposed person

The history obtained from a child who has been potentially exposed to an animal can be difficult to interpret and potentially unreliable. This should be considered when determining the appropriate post-exposure management.

#### The location and severity of the bite

When the rabies virus is inoculated into a wound, it must be taken up at a nerve synapse to travel to the brain, where it causes fatal encephalitis. The virus may enter a nerve rapidly or it may remain at the site of the bite for an extended period before gaining access to the nervous system. Post-exposure prophylaxis is ineffective after the rabies virus invades the nervous system.

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More severe bites may be more likely to suggest the animal is rabid and these bites may also provide more opportunity for transmission of the virus because of the extent of exposure to saliva.

A higher density of nerve endings in the region of the bite increases the risk of developing rabies encephalitis. Bites on the hands and face, because of the density of nerve endings, are considered higher-risk exposures.

Table 1 provides an outline of factors to consider in the risk assessment related to exposure to potentially rabid animals.

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**Table 1: Risk Assessment Related to the Exposure to the Potentially Rabid Animal**  
 This table and accompanying text are guides for management and do not replace clinical judgment.

Factors to Consider
<b>Animal</b>
<p>How prevalent is rabies in the species of animal involved in the exposure?  <i>In North America, rabies occurs mainly in bats, foxes, skunks, raccoons and stray dogs and cats.</i></p> <p>Is the animal a domestic pet, wild animal or stray animal?  <i>Domestic dogs and cats are less likely to be rabid than stray dogs or cats. Clinical signs of rabies in wild animals cannot be interpreted reliably.</i></p> <p>Is the wild animal available for testing?  <i>In the event of exposure to a fox, skunk, raccoon or bat in areas where rabies is known to occur in these animals, post-exposure prophylaxis should begin immediately unless the animal is available for rabies testing and rabies is not considered likely. Post-exposure prophylaxis should not be delayed beyond 48 hours while waiting for test results in wild animals.</i></p> <p>Is the dog, cat or ferret available for observation?  <i>If the dog, cat or ferret is healthy after a 10-day observation period, the animal would not have been shedding rabies virus in their saliva and would not have been infectious at the time of the exposure.</i></p> <p>If the dog, cat or ferret is available, is it clinically healthy?  <i>If the dog, cat or ferret has or develops signs of rabies, post-exposure prophylaxis should be initiated as soon as possible.</i></p> <p>Was the animal behaving unusually?  <i>Abnormal behaviour in a domestic pet may indicate that the animal is rabid. Generally, it is not possible to assess animal behaviour in wild animals.</i></p> <p>If the animal is a domestic pet, what is the vaccination status of the animal?  <i>Domestic pets with up-to-date rabies vaccination are unlikely to be infected with rabies.</i></p> <p>If the animal is a domestic pet, has it been exposed to wild or outdoor animals?  <i>Rabies may be transmitted to domestic pets during exposure to rabid wild or outdoor animals. Indoor animals have little opportunity to be exposed to rabid animals.</i></p>
<b>Geographic</b>
<p>In what geographic area did the exposure occur?*</p> <p>How prevalent is rabies in the involved species in the geographic area?</p> <p>How prevalent is rabies in other animal species in the geographic area?</p>
<b>Exposure</b>
<p>What was the type of exposure: bite, non-bite or bat?  <i>Transmission rarely occurs from non-bite exposures. Petting a rabid animal or handling its blood, urine or feces are not considered exposures.</i></p> <p>Can a bite or saliva exposure into a scratch, wound or mucous membrane be ruled out?  <i>Rabies transmission occurs most commonly through a bite. Aerosol transmission is rare as is transmission when scratches, wounds, or mucous membrane are contaminated from saliva or infected neural tissue.</i></p> <p>What were the circumstances of the exposure (e.g., provoked or unprovoked attack)?  <i>An unprovoked attack is more likely to indicate that the animal is rabid.</i></p>
<b>Person</b>
<p>What is the age of the exposed person? Is the exposed person able to provide a reliable history?  <i>The history obtained from a child may be difficult to interpret and, potentially, unreliable. Assessment of the exposure may also be difficult in a cognitively impaired adult.</i></p> <p>What is the location and severity of the wounds?  <i>Bites on the face, neck or hand are considered higher-risk exposures due to the density of nerve endings in these areas. More severe bites may suggest the animal is rabid and also provide more opportunity for transmission.</i></p>

\* Refer to the table of positive animal rabies by Canadian jurisdiction available at: <http://www.inspection.gc.ca/english/anima/disemala/rabrag/statse.shtml> and the map of global areas where rabies transmission occurs available at: [http://www.who.int/rabies/Global\\_Rabies\\_ITH\\_2008.png](http://www.who.int/rabies/Global_Rabies_ITH_2008.png)

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### Management of the potentially rabid animal

Any animal that has bitten a human or is suspected of being rabid should be reported to local public health officials. The CFIA veterinarian should be notified of any animal suspected of being rabid, regardless of whether it has been involved in a biting incident. CFIA veterinarians are familiar with the regulations concerning rabies and, if necessary, will collect and ship appropriate specimens to a federal laboratory for diagnosis.

Rabies testing of animals is done using a fluorescent antibody test, which is the gold standard recommended by the WHO. The test has a reported sensitivity of 98% to 100%. Further information and advice may be obtained from the CFIA district office, or the CFIA web site: [Animal Health offices](http://www.inspection.gc.ca/animals/terrestrial-animals/offices/eng/1300462382369/1300462438912). (<http://www.inspection.gc.ca/animals/terrestrial-animals/offices/eng/1300462382369/1300462438912>)

#### Dogs, cats and ferrets

Exposures to dogs, cats and ferrets that could potentially result in rabies transmission (as described in Type of exposure) should be reported to local public health officials. Dogs, cats and ferrets that are apparently healthy should be confined and observed for 10 days after a bite regardless of the animal's rabies vaccination status. Animals that are alive and healthy at the end of the 10-day period would not have transmitted rabies in their saliva at the time of the bite. If illness suggestive of rabies exists at the time of the bite or develops during the observation period, the animal should be humanely euthanized in a way that does as little damage to the brain as possible, and the head submitted for laboratory examination and rabies testing. Rabies virus is readily demonstrable in brains of animals with neurologic symptoms. The CFIA veterinarian should be contacted to assist with determining the need for testing, organizing the testing and following-up potential exposures to other domestic animals.

The confinement and observation of an apparently healthy dog, cat or ferret can take place at the owner's home, an animal shelter, or a veterinarian's office depending on circumstances including the reliability of the owner, the capacity to keep the animal away from people and other animals, and the suspicion of rabies in the animal. The person responsible for observation of the animal should be advised to notify public health officials if the animal becomes ill or escapes during the observation period. The animal should be observed by a public health official or veterinarian at the end of the 10-day observation period to ensure it is alive and healthy. Unvaccinated animals that remain healthy should be vaccinated at the end of the observation period.

Stray or unwanted dogs, cats or ferrets involved in an exposure that could potentially transmit rabies should be confined and observed as outlined above. If this is not possible, the animal should be humanely euthanized in a way that does as little damage to the brain as possible, and the head submitted for laboratory examination and rabies testing in consultation with the local CFIA veterinarian.

If the dog, cat or ferret has escaped, attempts should be made to find the animal and owner. If the dog, cat or ferret cannot be located, a decision should be made in consultation with public health officials regarding the need for post-exposure prophylaxis. Refer to Management of the person after exposure to a potentially rabid animal for additional information.

#### Wild terrestrial carnivores and exotic pets (other than ferrets)

The period of rabies virus shedding in a wild terrestrial carnivore (such as a skunk, fox or raccoon) or in an exotic pet (other than a ferret) is unknown. Therefore, when these animals are involved in an exposure that could potentially transmit rabies, a trained wildlife or animal control worker should be contacted to capture the animal. The worker should use extreme caution to ensure that there is no further exposure to the animal. The animal should be immediately humanely euthanized in a way that does as little damage to the brain as possible, and the head submitted for laboratory examination and rabies testing in consultation with the local CFIA veterinarian.



Bats

If there has been no direct contact with the bat, the bat should not be captured for testing and should be safely let out of the house. To remove a bat from the house, the area with the bat should be closed off from the rest of the house and people and pets kept out of the area. The doors or windows in the area with the bat should be opened to the exterior to let the bat escape.

If there has been direct contact with a bat (as defined in Bat exposure) a trained wildlife or animal control worker should be contacted to attempt to capture the bat. The worker should use extreme caution to ensure that there is no further exposure to the bat. They should wear thick leather gloves, avoid touching the bat, and place the intact bat in a closed secure container. Once the bat has been captured, local public health officials should be contacted. The public health department will contact the CFIA regarding rabies testing of the bat and the CFIA will follow-up any domestic animal that may have had exposure should the bat test positive. Bats should be submitted intact for rabies testing.

**Management of the person after exposure to a potentially rabid animal**

Table 2 outlines recommendations for the management of people after possible exposure to rabies. These recommendations are intended as a guide and may need to be modified in accordance with the specific circumstances of the exposure.

The objective of post-exposure management is to neutralize the rabies virus at the site of infection before the virus can enter the central nervous system. Immediate and thorough cleaning and flushing of the wound with soap and water is imperative and is probably the most effective procedure in the prevention of rabies. Care should be taken to clean the wound to its depth. Flushing for approximately 15 minutes is suggested. Some guidelines also suggest the application of a virucidal agent such as iodine-containing or alcohol solutions. Suturing the wound should be avoided if possible, and tetanus prophylaxis and antibiotics should be given as appropriate.

If exposure to rabies is considered highly likely, post-exposure prophylaxis should be started as soon as possible after the exposure. In other circumstances, if the initiation of post-exposure prophylaxis is delayed until test results from the involved animal are available, a maximum waiting period of 48 hours is recommended. In consultation with public health officials, the post-exposure vaccine series may be discontinued if appropriate laboratory testing of the involved animal is negative.

If indicated based on the risk assessment, post-exposure prophylaxis should be offered to exposed individuals regardless of the time interval after exposure.

Exposures to dogs, cats and ferrets

If the suspect animal is a dog, cat or ferret that is healthy and available for observation, post-exposure prophylaxis may be withheld pending the animal's status after a 10-day observation period. However, if the animal has or develops signs suggestive of rabies, post-exposure prophylaxis of exposed persons should be initiated immediately. The animal should be humanely euthanized in a way that does as little damage to the brain as possible, and the head submitted for immediate laboratory examination and rabies testing. In consultation with public health officials, post-exposure prophylaxis may be discontinued if the animal tests negative for rabies.

If the dog, cat or ferret has escaped and cannot be located, a decision should be made in consultation with public health officials regarding the need for post-exposure prophylaxis. The decision should consider several factors including the frequency of rabies in the area, if it was a domestic or stray animal, the type of exposure, the circumstances of the exposure including whether it was a provoked or unprovoked exposure, and the severity and location of the wound.

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### Exposures to wild animals and exotic pets (other than ferrets)

Post-exposure prophylaxis should begin immediately following exposure to a wild terrestrial carnivore (such as a fox, skunk or raccoon) in enzootic areas unless the animal is available for rabies testing and rabies is not considered likely. The decision to start post-exposure prophylaxis while awaiting the laboratory test results should consider several factors including when the test results will be available, the species of animal, the frequency of rabies in that species and in other species in the area, the type of exposure, the circumstances of the exposure including whether it was a provoked or unprovoked exposure, and the severity and locations of the wounds. Initiation of post-exposure prophylaxis should not be delayed beyond 48 hours while waiting for laboratory tests if the exposure is from a terrestrial animal in an enzootic area. If post-exposure prophylaxis is started before the test results are available, in consultation with public health officials the rabies vaccine may be discontinued if the animal tests negative for rabies.

Exposure to small rodents (such as squirrels, chipmunks, rats, mice, hamsters, guinea pigs, gerbils) and lagomorphs (such as rabbits and hares) has not been known to transmit rabies; therefore, post-exposure prophylaxis is rarely indicated after exposure to these animals. Post-exposure prophylaxis should only be considered if the animal was behaving very unusually.

Larger rodents such as ground hogs/woodchucks and beavers can potentially carry rabies, although this is rare in Canada. The management of exposures to these animals requires a risk assessment which includes the frequency of rabies in these animals in the geographic area, the frequency of rabies in other animals, the type of exposure, and the circumstances of the bite including whether it was provoked or unprovoked.

### Exposures to bats

When there is a known bat bite, scratch or saliva exposure into a wound or mucous membrane, rabies post-exposure prophylaxis should be initiated immediately because of the higher prevalence of rabies in bats. This is particularly important when the exposure involves the face, neck or hands, or when the behaviour of the bat is clearly abnormal, such as if the bat has attacked the person or hangs on tenaciously. If the bat is available for testing, post-exposure prophylaxis may be discontinued after consultation with public health officials if the bat tests negative for rabies.

If someone is touched by a bat (such as a bat in flight) and the bat is available for rabies testing, the health care provider may decide to delay post-exposure prophylaxis. Post-exposure prophylaxis should not be delayed more than 48 hours. If a bat tests positive for rabies, the need for post-exposure prophylaxis should depend on whether direct contact with the bat occurred and not the rabies status of the bat. If someone is touched by a bat, but the bat is not available for testing it should be considered a direct contact and post-exposure prophylaxis given.

Table 2: Summary of Post-exposure Prophylaxis for Persons Potentially Exposed to Rabies, by Animal Type (Refer to text for details)

Animal species	Condition of animal at time of exposure	Management of exposed persons <i>not</i> previously immunized against rabies	Management of exposed persons previously immunized against rabies
Dog, cat or ferret	Healthy and available for a 10-day observation period	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. At first indication of rabies in the animal, give Rablg and begin four or five doses of HDCV or PCECV.</li> <li>3. At first indication of rabies in the animal, arrange to have the animal tested for rabies.</li> </ol>	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. At first indication of rabies in the animal, begin two doses of HDCV or PCECV.</li> <li>3. At first indication of rabies in the animal, arrange to have the animal tested for rabies.</li> </ol>
	Unknown or escaped	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. Consult public health officials for risk assessment</li> </ol>	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. Consult public health officials for risk assessment</li> </ol>
	Rabid or suspected to be rabid*	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. Rablg and begin four or five doses of HDCV or PCECV.</li> <li>3. Arrange to have animal tested for rabies if available.</li> </ol>	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. Begin two doses of HDCV or PCECV.</li> <li>3. Arrange to have animal tested for rabies if available.</li> </ol>
Skunk, bat, fox, coyote, raccoon and other carnivores	Regard as rabid* unless geographic area is known to be rabies-free	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. Post-exposure prophylaxis with Rablg and four or five doses of HDCV or PCECV should begin immediately. If animal is available for some instances post-exposure prophylaxis may be delayed for no more than 48 hours while awaiting results.</li> <li>3. Arrange to have animal tested for rabies if available.</li> </ol>	<ol style="list-style-type: none"> <li>1. Local treatment of wound</li> <li>2. Post-exposure prophylaxis with two doses of HDCV or PCECV should begin immediately. If animal is available for rabies testing, in some instances post-exposure prophylaxis may be delayed for no more than 48 hours while awaiting results.</li> <li>3. Arrange to have animal tested for rabies if available.</li> </ol>
Wild birds, rodents or omnivores (hares and rabbits)	Consider individually. Consult appropriate public health and CFIA officials. Bites of squirrels, chipmunks, rats, mice, hamsters, gerbils, guinea pigs, other small rodents, rabbits and hares would only warrant post-exposure rabies prophylaxis if the behaviour of the biting animal was highly unusual. Bites from larger rodents (e.g., ground hogs/woodchucks, beavers) require a risk assessment.		
	Rablg = human rabies immune globulin, HDCV = human diploid cell vaccine, PCECV= purified chick embryo cell culture vaccine		
	*If possible, the animal should be humanely euthanized and the brain tested for rabies as soon as possible; holding for observation is not recommended. Discontinue vaccine if rabies testing of the involved animal is negative.		



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### PREGNANCY AND BREASTFEEDING

Pregnancy and breastfeeding are not contraindications to post-exposure rabies prophylaxis, but it is prudent to delay pre-exposure immunization of pregnant women unless there is a substantial risk of exposure. Refer to Immunization in Pregnancy and Breastfeeding in Part 3 for additional general information.

### IMMUNOCOMPROMISED PERSONS

Corticosteroids, other immunosuppressive agents, and immunosuppressive illnesses (e.g., congenital immunodeficiency, human immunodeficiency virus [HIV] infection, leukemia, lymphoma, generalized malignancy) may interfere with the antibody response to rabies vaccine. Because of suboptimal response, in general, immunocompromised persons should be counselled to avoid situations of rabies exposure. If possible, pre-exposure immunization should be delayed in immunocompromised individuals until the immunocompromised state has resolved. In situations where immunosuppression is planned (such as before organ transplant) and pre-exposure rabies vaccine is necessary, the vaccine series should be given only by the intramuscular route and should be completed at least 14 days prior to starting immunosuppression if possible. For hematopoietic stem cell transplant recipients, pre-exposure rabies vaccination can be started 6 to 12 months after transplant. Depending on the risk of exposure, it may be appropriate to consider temporarily discontinuing immunosuppressive medications, in consultation with the attending physician, or to vaccinate once the person is no longer considered immunocompromised. If pre-exposure vaccination of an immunocompromised person is considered necessary because animal exposure cannot be avoided and the immunocompromising condition cannot be corrected, the vaccination should be given only by the intramuscular route and serology should be checked 7 to 14 days post-vaccination in order to ensure an acceptable antibody response has developed.

When post-exposure prophylaxis is administered to an immunocompromised person, only a five-dose series (days 0, 3, 7, 14 and 28 days) should be used along with one dose of Rablg on day 0; serology should be checked 7 to 14 days after completion of the series to ensure that an acceptable antibody response has developed. If no acceptable antibody response is detected, the patient should be managed in consultation with their physician and appropriate public health officials to receive a second rabies vaccine series. Rablg should not be repeated at the initiation of this second course. Immunosuppressive agents should not be administered during post-exposure prophylaxis unless essential for the treatment of other conditions.

Refer to Immunization of Immunocompromised Persons in Part 3 for additional general information.

### TRAVELLERS

Risk to travellers varies depending on itinerary, purpose and duration of the trip, as well as activities and access to medical care. Travellers to rabies endemic areas where there is poor access to adequate and safe post-exposure management, as well as frequent and long-term travellers to high risk areas should seriously consider receiving pre-travel rabies immunization. Children (especially those who are too young to understand either the need to avoid animals or to report a traumatic contact) are considered at greater risk of rabid animal exposure and should receive pre-exposure immunization when travelling to endemic areas. The WHO website includes a map of global areas where rabies transmission occurs: Rabies countries or areas at risk. ([http://www.who.int/rabies/Global\\_Rabies\\_ITH\\_2008.png](http://www.who.int/rabies/Global_Rabies_ITH_2008.png))

Public health officials should be consulted regarding travellers who have had an exposure to a potentially rabid animal in a developing country, even if the traveller received a complete course of post-exposure prophylaxis in that country. The prevalence of rabies in developing countries is generally higher than in Canada and there may be concerns about the potency of available vaccines in these countries. Options for consideration in the management of travellers exposed in developing countries include initiating or repeating all or part of the post-exposure management and/or obtaining post-vaccination serology. The Committee to Advise on Tropical Medicine and Travel (CATMAT) provides additional information on assessing a traveller's need for pre-travel vaccination or post-travel post-exposure prophylaxis, and identifies the rabies vaccines that meet the WHO's safety, potency and efficacy requirements at: <http://www.phac-aspc.gc.ca/tmp-pmv/catmat-ccmtmv/>



Refer to Immunization of Travellers in Part 3 for additional general information.

#### WORKERS

Pre-exposure rabies immunization should be offered to workers at high risk of occupational exposure to potentially rabid animals or the rabies virus. High risk individuals may include veterinarians, veterinary staff, animal control and wildlife workers, and laboratory workers exposed to the rabies virus. Refer to Immunization of Workers in Part 3 for additional general information.

## VACCINE ADMINISTRATION

### DOSE, ROUTE OF ADMINISTRATION, AND SCHEDULE

#### Dose

The IM dose is 1.0 mL; the ID dose is 0.1 mL. Each 1.0 mL dose of HDCV or PCECV contains at least 2.5 international units (IU) of rabies antigen, which is the WHO recommended standard.

#### Pre-exposure immunization: route and schedule

Three doses of HDCV or PCECV are required and should be given on days 0, 7 and any time between days 21 to 28. The vaccine can be given as a 1.0 mL IM dose or a 0.1 mL ID dose. Rabies vaccine should never be administered in the gluteal muscle due to variable absorption.

While IM administration of pre-exposure rabies vaccine is the gold standard, the WHO considers the ID regimen an acceptable alternative as it uses less vaccine to produce a comparable degree of protection against rabies. The ID route should not be used in persons who are immunocompromised due to illness or medication, or are taking chloroquine as the immune response to the vaccine may not be protective. In these individuals, vaccine should be administered by the IM route only. This precaution is not known to apply to other antimalarial drugs. If a decision is made to give pre-exposure prophylaxis by the ID route to a person requiring chloroquine, chloroquine use must be delayed for at least one month after vaccination or only given if the person has been found to have an adequate titre post-vaccination.

Intradermal vaccines should only be administered by fully trained staff in settings in which there is a well-established cold chain. The proper syringe and needle are essential to ensure that the correct route and dose are used. Improper administration may result in a suboptimal dose of vaccine being administered or subcutaneous injection of the vaccine. Vaccine wastage should be minimized by immunizing a large group of individuals at the same time whenever possible.

When rabies vaccine is administered ID, post-immunization antibody titres should be determined at least 2 weeks after completion of the vaccine series to ensure that an acceptable level of protection has been achieved. If using the ID route for a booster dose, serology should be checked at least 2 weeks after the booster dose.

#### Post-exposure prophylaxis of previously unimmunized individuals

Post-exposure prophylaxis of previously unimmunized individuals should consist of both Rablg and rabies vaccine. The Rablg provides immediate passive protection until the exposed person mounts an immune response to the rabies vaccine.

#### Rabies Immune Globulin (Rablg)

The recommended dose of Rablg is 20 IU/kg body weight for all age groups, including children, given on the first day of initiation of therapy (day 0). Because of possible interference of Rablg with the immune response to the rabies vaccine, the dose of Rablg should not be exceeded. If possible, the full dose of Rablg should be thoroughly infiltrated into the wound and surrounding area. Any remaining volume of Rablg should be injected, using a separate needle, intramuscularly at a site distant from the site of vaccine administration. When more than one wound exists, each wound

should be locally infiltrated with a portion of the Rablg using a separate needle. In such instances, the Rablg can be diluted twofold to threefold in a solution of 0.9% sodium chloride in order to provide the full amount of Rablg required for thorough infiltration of all wounds. If the site of the wound is unknown, the entire dose should be administered intramuscularly at a separate site from where the rabies vaccine is administered. Rabies vaccine and Rablg should never be mixed in the same syringe. If Rablg is not administered as recommended at the initiation of the rabies vaccine series, Rablg can be administered up to day 7 after vaccine is initiated.

#### Rabies vaccine

The Advisory Committee on Immunization Practice (ACIP) in the US has recently recommended a shortened schedule for post-exposure rabies vaccine on days 0, 3, 7 and 14 for healthy individuals. This recommendation was based on the following:

- An understanding of rabies virus pathogenesis where protection is needed rapidly to prevent the virus from entering the central nervous system.
- Experimental animal models where vaccinated animals are monitored for serologic response and protection from rabies.
- Immunogenicity studies in humans where protective antibodies are detected by Day 14 post-initiation of vaccination in almost every individual.
- Epidemiologic studies that have not attributed any human rabies cases to failure to receive a fifth dose of vaccine.

ACIP continues to recommend five doses of rabies vaccine (on days 0, 3, 7, 14 and 28) for post-exposure prophylaxis in those taking corticosteroids, other immunosuppressive agents, antimalarials, and in those who have immunosuppressive illnesses.

Based on review of this information, NACI recommends:

- For post-exposure prophylaxis of immunocompetent persons previously unimmunized with rabies vaccine, four 1.0 mL doses of HDCV or PCECV should be administered IM. The first dose of the four-dose course should be administered as soon as possible after exposure (day 0) based on the considerations discussed in the Management of the person after exposure to a potentially rabid animal section. Additional doses should be administered on days 3, 7 and 14 after the first vaccination. Recommendations for the use of Rablg on day 0 remain unchanged.
- Previously unimmunized immunocompromised persons (including those taking corticosteroids or other immunosuppressive agents, and those who have immunosuppressive illnesses) and those taking chloroquine and other antimalarials (as per the ACIP recommendation), should continue to receive a five-dose vaccination regimen on days 0, 3, 7, 14 and 28 with one dose of Rablg on day 0.
- Recommendations for post-exposure prophylaxis of persons previously immunized remain unchanged.
- Recommendations for pre-exposure prophylaxis remain unchanged.

Vaccine should be administered IM into the deltoid muscle in older children and adults or into the vastus lateralis muscle (anterolateral thigh) in infants but never in the gluteal region as this may result in decreased response to the vaccine. The rabies vaccine and Rablg should be given at different anatomical sites on day 0 using a separate needle and syringe. For subsequent vaccine doses, the limb where the Rablg was administered can be used.

The vaccination schedule for post-exposure prophylaxis should be adhered to as closely as possible and it is essential that all recommended doses of vaccine be administered. Although there is little or no evidence, in keeping with routine immunization practice it is recommended that, if a dose of vaccine is given at less than the recommended interval, that dose should be ignored and the dose given at the appropriate interval from the previous dose. If a dose of vaccine is delayed, it



should be given as soon as possible and the schedule resumed respecting the appropriate intervals from the latest dose. If the vaccination schedule has been altered such as there is doubt about an appropriate immune response, post-vaccination serology should be obtained 7 to 14 days after completing the vaccination series.

#### Post-exposure prophylaxis of previously immunized individuals

Rablg is not indicated and should not be given to someone who has been previously appropriately immunized as indicated below. In previously appropriately immunized individuals who require post-exposure prophylaxis, two doses of HDCV or PCECV, one administered immediately and the other 3 days later, are recommended. Appropriate rabies immunization consists of:

- Documentation of a complete course of pre-exposure or post-exposure prophylaxis with HDCV or PCECV, OR
- Documentation of complete immunization with other types of rabies vaccine or with HDCV or PCECV according to unapproved schedules with the demonstration of an acceptable concentration of neutralizing rabies antibody in serum. Refer to Serologic Testing for information regarding when serologic testing is recommended.

A complete course of HDCV or PCECV plus Rablg is recommended for those who may have received rabies vaccines in the past but do not fulfill the above criteria for appropriate vaccination. A serum sample may be collected before the initiation of post-exposure prophylaxis, and if an acceptable antibody concentration (0.5 IU/mL or greater) is demonstrated, the vaccine course may be discontinued, provided at least two doses of vaccine have been given. If in doubt, consultation with an infectious diseases or public health physician is recommended.

#### BOOSTER DOSES AND RE-IMMUNIZATION

Some individuals with ongoing high risk of exposure to rabies such as certain veterinarians and veterinary staff, animal control or wildlife workers, those with ongoing bat exposures or those working with live rabies virus may require pre-exposure booster doses if their antibody titres fall below 0.5 IU/mL (refer to Serologic Testing for information regarding when serologic testing is recommended). People with ongoing high risk of exposure and inadequate titres should be given a booster dose of either rabies vaccine. Both HDCV and PCECV have been shown to be effective in boosting immunity in previously immunized individuals if given as a pre-exposure booster or for post-exposure management. A rapid anamnestic response is obtained regardless of whether the primary vaccine was HDCV or PCECV. Refer to Post-exposure prophylaxis of previously immunized individuals for information on the post-exposure management of these individuals.

Refer to Vaccine Administration Practices in Part 1 and Passive Immunizing Agents Part 5 for additional general information

#### SEROLOGICAL TESTING

The Public Health Agency of Canada National Microbiology Laboratory (NML) is the Canadian rabies reference laboratory. (<https://www.nml-inm.gc.ca/overview-apercu-eng.htm>) NML conducts testing on serum and cerebrospinal fluid samples from all provinces/territories in Canada with the exception of Ontario, where serological testing is performed by Public Health Ontario (PHO).

Following vaccination, neutralizing antibodies begin to develop within seven days and persist for at least two years. For testing vaccine response, NML uses a modified Fluorescent Antibody Virus Neutralization (FAVN) assay while PHO uses a modification of the Rapid Fluorescent-Focus Inhibition Test (RFFIT). Both institutions consider the antibody titre of at least 0.5 IU/mL as an acceptable correlate of protection. Protective antibodies are present immediately after passive vaccination with Rablg and have a half-life of approximately 21 days.

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### HEALTHY PEOPLE

Because of the excellent immune response to rabies vaccine, healthy people immunized with an appropriate regimen do not require routine antibody determinations after either pre-exposure or post-exposure rabies vaccination, unless one of the following applies:

- Pre-exposure vaccination was given by the ID route – check serology at least 2 weeks after completion of the vaccine series. If using the ID route for a booster dose, serology should be checked at least 2 weeks after the booster dose.
- The person is at ongoing high risk of exposure to rabies. Refer to [People with ongoing high risk of exposure](#).
- There has been substantial deviation from the recommended post-exposure schedule – check serology 7 to 14 days after completing the series.
- The person has been immunized with a vaccine other than HDCV or PCECV – check serology at least 7 to 14 days after completing the series.

### PEOPLE WITH ONGOING HIGH RISK OF EXPOSURE

People with ongoing high risk of exposure to the rabies virus or potentially rabid animals require periodic serology testing to ensure the persistence of circulating antibodies. If antibody levels fall below an acceptable concentration (less than 0.5 IU/mL), a booster dose of HDCV or PCECV is recommended. Serologic testing should occur at the following frequencies:

- Continuous risk (people who work with the rabies virus in a research or vaccine production laboratory) – obtain serology every 6 months.
- Frequent risk (rabies diagnostic laboratory workers; spelunkers; those who frequently handle bats; veterinarians, veterinary staff, animal control and wildlife workers in areas where rabies is enzootic) – obtain serology every 2 years.

Others who have less frequent risk of exposure to potentially rabid animals and/or whose risk is likely to be from a recognized source (such as veterinarians, veterinary staff, and animal control officers who work with terrestrial animals in areas where rabies is uncommon; veterinary students; and travellers to enzootic areas) do not require periodic serologic testing.

### IMMUNOCOMPROMISED PEOPLE

If it is possible to avoid exposure, pre-exposure immunization should be deferred in immunocompromised people. If pre-exposure immunization must be given to immunocompromised individuals, antibody response should be determined. Determination of antibody response is also advisable if post-exposure vaccination is given to those whose immune response may be reduced by illness or medication. In these groups, antibody titres should be determined 7 to 14 days after completing the pre-exposure or post-exposure immunization series to ensure that an acceptable antibody concentration has been achieved. If an acceptable concentration is not obtained, revaccination with a second rabies vaccine series is recommended followed by serologic testing. Some immunocompromised people may never mount an appropriate immune response. Refer to [Immunocompromised persons](#).

### INTRADERMAL ADMINISTRATION

If vaccine is given by the ID route, post-immunization antibody titres should be determined at least 2 weeks after completion of the vaccine series and after booster doses to ensure that an acceptable level of protection has been achieved.



## STORAGE REQUIREMENTS

HDCV (IMOVAX<sup>®</sup> Rabies): Store at +2°C to +8°C. Do not use if exposed to freezing PCECV (RabAvert<sup>®</sup>): Store at +2°C to +8°C. Protect from light

Once reconstituted, administer vaccine promptly.

Refer to Storage and Handling of Immunizing Agents in Part 1 for additional general information. Refer to Passive Immunizing Agents in Part 5 for information regarding Rablg storage requirements.

## SIMULTANEOUS ADMINISTRATION WITH OTHER VACCINES

Data are not available regarding the concurrent administration of rabies vaccines with other vaccines. Other essential inactivated vaccines may be given concomitantly with rabies vaccines at different injection sites using separate needles and syringes. Refer to Timing of Vaccine Administration in Part 1 for additional general information.

## VACCINE AND IMMUNE GLOBULIN SAFETY AND ADVERSE EVENTS

Refer to Vaccine Safety Part 2 for additional general information.

### COMMON AND LOCAL ADVERSE EVENTS

#### HDCV

Local injection site reactions such as pain, erythema, swelling, pruritus and induration at the injection site were reported in 60% to close to 90% of recipients. Mild systemic reactions such as headache, nausea, abdominal pain, muscle aches and dizziness were reported in about 6% to 55% of recipients.

#### PCECV

Local injection site reactions were reported in 11% to 57% of recipients, consisting of pain, tenderness, swelling, erythema and induration at the injection site lasting for 2 to 3 days. Systemic reactions are generally less common (i.e., 1% to 10% of recipients) and may consist of malaise, myalgia, arthralgia, headache and fever. Lymphadenopathy, nausea and rash have been reported occasionally.

#### Rablg

Local injection site pain, erythema and induration are commonly reported following administration of Rablg, as are systemic reactions such as headache and low-grade fever. The majority of reported events were mild.

### LESS COMMON AND SERIOUS OR SEVERE ADVERSE EVENTS

Serious adverse events are rare following immunization and, in most cases, data are insufficient to determine a causal association.

#### HDCV

Anaphylactic reactions have occurred in up to 1 in 10,000 vaccine recipients. Systemic allergic reactions characterized by generalized urticaria and accompanied in some cases by arthralgia, angioedema, fever, nausea and vomiting have been reported. These reactions are uncommon in people receiving primary immunization but have occurred in up to 7% of those receiving a booster dose, with onset after 1 to 21 days. Such reactions have been shown to follow the development of IgE antibodies to beta propiolactone-altered human serum albumin in the vaccine. Neurologic complications are rare, but three cases of neurologic illness resembling Guillain-Barré syndrome

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which resolved without sequelae within 12 weeks, were reported in the early 1980s but causal associations have not been established.

#### **PCECV**

Anaphylaxis following immunization with PCECV has been reported. Temporally associated neurologic events have also been very rarely reported but causal association with vaccination has not been established.

#### **Rablg**

Local pain, erythema and induration are common. Headache and low-grade fever may follow administration of Rablg. The majority of reported events were mild.

### **GUIDANCE ON REPORTING ADVERSE EVENTS FOLLOWING IMMUNIZATION (AEFI)**

Vaccine providers are asked to report, through local public health officials, any serious or unexpected adverse event felt to be temporally related to vaccination. An unexpected AEFI is an event that is not listed in available product information but may be due to the immunization, or a change in the frequency of a known AEFI. Refer to [Reporting Adverse Events Following Immunization \(AEFI\) in Canada](#) ([http://www.phac-aspc.gc.ca/im/aefi\\_guide/index-eng.php](http://www.phac-aspc.gc.ca/im/aefi_guide/index-eng.php)) and [Vaccine Safety](#) in Part 2 for additional information about AEFI reporting.

### **CONTRAINDICATIONS AND PRECAUTIONS**

There are no contraindications to the use of rabies vaccine or Rablg after significant exposure to a proven rabid animal; however, care should be taken if post-exposure prophylaxis is to be administered to persons who are hypersensitive to the products or to any ingredient in the formulation or component of the container. Expert opinion should be sought in the management of these individuals.

Persons with a proven history of hypersensitivity to the vaccine or any component of the vaccine or its container should not be given the vaccine for pre-exposure immunization if possible. For specific advice, consult an allergy specialist. Refer to Table 1 and Table 2 in [Contents of Immunizing Agents Available for use in Canada](#) in Part 1 for lists of all vaccines and passive immunizing agents available for use in Canada and their contents. For rabies vaccines and rabies immune globulin, potential allergens include:

- IMOVAX<sup>®</sup> Rabies: neomycin, phenol red
- RabAvert<sup>®</sup>: amphotericin B, chick protein, chlortetracycline, neomycin, polygeline (gelatin)
- IMOGAM<sup>®</sup> Rabies: latex in vial stopper

Persons with egg allergies are not necessarily at increased risk of a hypersensitivity reaction to PCECV. However, for pre-exposure vaccination, an alternative vaccine, HDCV, should be given to persons with a history of hypersensitivity reactions to egg or egg products. If an alternative vaccine is not available, post-exposure prophylaxis using PCECV should be administered to a person with a hypersensitivity to egg with strict medical monitoring. Facilities for emergency treatment of anaphylactic reactions should be available. Refer to [Anaphylactic Hypersensitivity to Egg and Egg Related Antigens](#) in Part 2 for additional information.

Persons with specific IgA deficiency have increased potential for developing antibodies to IgA after receipt of blood products including rabies immune globulin and could have anaphylactic reactions to subsequent administration of blood products containing IgA, such as Rablg.

Infiltration of wounds with Rablg in some anatomical sites (finger tips) must be carried out with care in order to avoid increased pressure in the tissue compartment.

A history of a serious allergic or neuroparalytic reaction occurring during the administration of rabies vaccine poses a significant dilemma in the post-exposure situation. The risk of rabies developing must be carefully considered before a decision is made to discontinue immunization. The use of corticosteroids to attenuate the allergic response may inhibit the immune response to the vaccine. The existing titre of