

MY GOAL

"YOU ARE A BADASS"

By Jen Sincero - Stop doubting your greatness & live an awesome life.

RESOURCES: Purchase 'You Are a Badass' by Jen Sincero

SUGGESTED GOAL PAIRINGS: Daily Meditation - Social Media Fast - Weekly Mentoring Sessions

PROGRESS: For each of the 27 chapters in the book you read, color in a box.

