



## MY GOAL

# 30 DAYS NO EXTRAS

A challenge to save money by buying only the basics and no extras.

**TIPS:** Think about all you spend money on and for 30 days, eliminate all the extras. Convenience store snacks, coffee, car washes, apps, Redbox rentals, books, subscriptions, monthly boxes, etc.

**SUGGESTED GOAL PAIRINGS:** Track Spending - Cash Challenge

**PROGRESS:** For every day you do not spend money on extras, color in the box.

A calendar grid for a 30-day challenge. The title "NO EXTRAS CHALLENGE" is written in white, bold, sans-serif font on a green background at the top. Below the title is a grid of 30 numbered boxes, arranged in 6 rows and 5 columns. The numbers 1 through 30 are written in green, sans-serif font. Two black punch holes are visible at the top of the grid, suggesting it's a page from a binder.

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30