



MY GOAL

30 DAYS NO EATING OUT

A challenge to save major money by eliminating those meals out.

SUGGESTED GOAL PAIRINGS: Budget - Meal Planning (Health/Fitness)

PROGRESS: For every day you resist the temptation of eating out, color in the box.

NO EATING OUT CHALLENGE

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30