



MY GOAL

WEEKLY MENTORING SESSIONS

A challenge to watch each mentoring session this month.

RESOURCES: Join [BIG Life Mentoring](#) - All members login to the [Mentor TV](#) for hundreds of mentoring sessions

SUGGESTED GOAL PAIRINGS: Read a Positive Book - Daily Meditation - Self Care

PROGRESS: Each week you watch the mentoring session, color in the box. Brownie points for watching LIVE on Sundays at 8 pm CST.

MENTORING SESSIONS	
<input type="checkbox"/>	WEEK 1
<input type="checkbox"/>	WEEK 2
<input type="checkbox"/>	WEEK 3
<input type="checkbox"/>	WEEK 4