



MY GOAL

LOVE LANGUAGES

A challenge to test and speak the love languages of your family members.

CHALLENGE DETAILS: Take the free online [Love Languages Quiz](#) yourself, then encourage each member of your family to complete the quiz as well. Quizzes are customized according to age of children. Results will help you understand how to best love your family members. Intentionally speak their specific language.

SUGGESTED GOAL PAIRINGS: Family Dinners - 5 Things I Love About You Letters - Zip It Challenge

LOVE LANGUAGES	
Name:	Top 2 Love Languages:
Ways I will speak their love language:	
Name:	Top 2 Love Languages:
Ways I will speak their love language:	
Name:	Top 2 Love Languages:
Ways I will speak their love language:	