



## MY GOAL

# LOVE LANGUAGES

A challenge to test, understand and speak your spouse's love language.

**RESOURCES:** Purchase '5 Love Languages' - Take the Quiz for free

**SUGGESTED GOAL PAIRINGS:** 40 Day Love Dare - 15 Second Kiss Challenge - Date Nights

## LOVE LANGUAGES CHALLENGE

Take the Love Language Quiz

Spouse take the Love Language Quiz

My Top Love Language:

My Spouse's Top Love Language:

My 2nd Love Language:

My Spouse's 2nd Love Language:

How I will intentionally speak my spouse's top love language:

How I will intentionally speak my spouse's 2nd love language: