



MY GOAL

GRATITUDE PHOTOS

A 30 day challenge to take gratitude photos of your life.

RESOURCES: Gratitude Photos tips [video](#)

SUGGESTED GOAL PAIRINGS: Mentoring Sessions - Self Care - Read a Positive Book

PROGRESS: For each day you take a gratitude photo, color in the box.

A calendar grid for a 30-day challenge. The top of the calendar is an orange header with two black punch holes and the text "GRATITUDE PHOTO" in white. Below the header is a grid of 30 white boxes, each containing a number from 1 to 30. The boxes are arranged in five rows: the first four rows have seven boxes each, and the fifth row has two boxes. The numbers are in a bold, orange font.