



MY GOAL

DAILY PRAYER TIME

A daily commitment to talk with and listen to God.

RESOURCES: The ACTS Prayer - Prayer for Beginners

The 4 Sentence Prayer: 1. Tell God what you're thankful for. 2. Confess your sins and ask forgiveness. 3. Tell God what you're worried about. 4. Ask God for help.

SUGGESTED GOAL PAIRINGS: Daily Devotionals - Family Spiritual Movies

PROGRESS: For each day you spend time in prayer, color in the box.

A calendar grid for tracking daily prayer time. The grid has a purple header with the text "DAILY PRAYER TIME" and two black punch holes. The grid itself is a 5x7 table of white boxes with purple numbers, representing the days of the month from 1 to 30. The last row only contains boxes for days 29 and 30.

DAILY PRAYER TIME						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					