

# Ramadan Aamaal List 2014... ArRahmah Islamic Institute



Day	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
<b>In this Ramadan, did I make my Meezan heavy with these good deeds:</b>																														
Salah in its initial time																														
Practice on Sunnah of Suhoor Prog																														
Give Sadqah (min \$1)																														
Say Salaam (min 10)																														
Duas (Morn/Eve/Quranic/ Masnoon)																														
Did Zikr (min 100 times)																														
Qiyam ul Layl / Taraweeh																														
Astaghfar at Sehri																														
Attended Dawrah-e-Quran																														
Recited one Juz																														
Secret Naiki b/w Allah & me																														
Recited Surah Mulk before sleeping																														
Wudu before going to bed																														
Say Nawafil ( Ishraaq/ Tahhayat ul masjid & wudu)																														

<b>In this Ramadan, did I destroy my Hasnaat with the following Sins :</b>																														
Lie (even by joking)																														
Back biting																														
Showoff																														
Interference in others life																														
Anger / Frustration																														
Hurt others feelings																														
Waste time on Phone (<10 mins / call)																														
Waste time on Social media (<10 mins)																														

[www.arahma.org](http://www.arahma.org)

Contact us: [arahmaclass@gmail.com](mailto:arahmaclass@gmail.com)

(732)-443-0519