

What is Substance Use Disorder?

Substance Use Disorder, also known as addiction, is a brain disease that happens when regular use of alcohol or drugs causes harmful and self-destructive behavior, and it can be treated.



How to Get Help?

▶ Call us toll-free at **1(844) 804-7500**.
Substance Abuse Service Helpline 24/7.



▶ Go to the **Online Provider Directory**
sapccis.ph.lacounty.gov/sbat/



What are My Rights?

If you think you qualify, but have been turned away, denied services, or charged any fees, please call the County of Los Angeles Substance Abuse Prevention and Control (SAPC) at 1(626) 299-4532 to file a complaint. To learn more about your rights go to <http://publichealth.lacounty.gov/sapc/PatientPublic.htm>

Auxiliary aids and services, including but not limited to large print documents and alternative formats, are available to you free of charge upon request.

ATTENTION: If you speak another language, language assistance services, free of charge, are available to you. SAPC complies with applicable Federal and State civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, or in any manner on the basis of sexual orientation.

Call 1(844) 804-7500 (TTY: California Relay 711).

(Spanish) ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1(844) 804-7500 (TTY: California Relay 711). SAPC cumple con las leyes federales y estatales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo ni de ninguna manera sobre la base de la orientación sexual.

(Chinese) 請注意: 如果你只說中文, 你可以免費獲得語言援助服務, 請致電 1(844) 804-7500. (TTY: 加州中轉 711), SAPC 遵守適用的聯邦和州民權法, 不因種族、膚色、民族出身、年齡、殘疾、性別, 或性取向而歧視任何人。



Are Alcohol or Drugs Getting in the Way?

Recovery is Possible

SUBSTANCE ABUSE SERVICE HELPLINE

24/7 **1.844.804.7500**

County of Los Angeles
Department of Public Health
Substance Abuse Prevention and Control



Are you one of the
20 million
who struggle with alcohol
or drug addiction
and need Substance Use
Disorder treatment?¹

Does This Happen to You?

- Do you feel your alcohol or drug use is holding you back or negatively affecting your relationships, work, school, or home life?
- Are you using more alcohol or drugs than you want to, or is it difficult to cut down or control your substance use?
- Have you been told that you should stop drinking or doing drugs, or that you should do them less often?
- Do you feel physically sick or unwell when you stop using alcohol or drugs?

If you checked any of the boxes above, we can help!

What Happens When I Call?

- We have a team available 24 hours a day, 7 days a week to answer your call.
- We will ask you questions about your alcohol and/or drug use, to help you decide if you need treatment.²
- We will help you learn your options and find a provider that meets your specific needs.²

SUBSTANCE ABUSE SERVICE HELPLINE



1.844.804.7500

CALL ANYTIME TOLL-FREE!

Am I Eligible?

Youth and adults can access **no-cost**³ substance use treatment services at any provider in the network if you meet the following criteria:

- You are a resident of Los Angeles County; and
- You are eligible for Medi-Cal³, My Health LA or other select County-funded programs.

What Services Are Available?⁴

- ✓ Outpatient Treatment
- ✓ Intensive Outpatient Treatment
- ✓ Case Management
- ✓ Medications for Addiction Treatment
- ✓ Withdrawal Management (Detox)
- ✓ Residential Treatment
- ✓ Recovery Support Services
- ✓ Recovery Bridge Housing



¹ <https://www.samhsa.gov/disorders/substance-use>

² Services are available to meet your language, cultural, location, and other service preference needs. In some cases, parents/guardians can also make the call on behalf of a minor in need.

³ A share-of-cost may be required for some Medi-Cal eligible individuals.

⁴ Some services and treatments require pre-authorization for eligible youth and adults.