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|-------------------|---|
| Hemostasis | <p>MCC of death in the western world – MI secondary to thrombotic occlusion is the #1 cause of death</p> <p>Virchow's Triad: Endothelial injury, stasis, hypercoagulability</p> <p>Degradation of the thrombus: Plasminogen → plasmin which then degrades fibrin</p> |
|-------------------|---|

| Anticoagulants: Indirect Thrombin Inhibitors - Uses → DVT, Atrial Fib, Mechanical heart valves, Clotting disorders | | | |
|---|---|--|---|
| Drug | MOA | Pharmacokinetics & Structure | Adverse Effects/ Contraindications |
| <p>Unfractionated Heparin (UFH)</p> <p>DOC in pregnancy</p> | <p>Binds to antithrombin III and acts as a catalyst → enhance inactivation coagulation factors (speeds up the complex formation btwn antithrombin & coag factors)</p> <p>Prevents conversion of fibrinogen → fibrin</p> <p>Requires 5 pentasaccharide repeats to bind to antithrombin III to be active</p> | <p>Endogenous sulfated mucopolysaccharide produced by mast cells</p> <p>IV for rapid anticoagulation</p> <p>SQ variable F</p> <p>Bind to endothelial cells & plasma proteins → variable response</p> | <p>Excessive bleeding & complications → tx with protamine sulfate</p> <p>↑ Risk of thrombus due to long term use and ↓ antithrombin III activity</p> <p>Thrombocytopenia (HIT) → Type II = non-immune – immune mediated causing ↓ platelet count, can lead to gangrene (Bovine > porcine > LMWH)</p> <p>Type I = immune- no major complications, will recover even with continued administration, usually due to high dose IV</p> <p>Osteoporosis</p> |
| <p>Low Molecular Weight Heparin (LMWH)</p> <p>Use in Unstable Angina*</p> <p>Enoxaparin</p> <p>Dalteparin</p> <p>Tinzaparin</p> <p>Fondaparinux (pentasaccharide)</p> | <p>Catalyze inhibition of Factor Xa via Antithrombin III</p> <p>Less able to inactivate Factor II compared to UFH</p> | <p>Don't bind to plasma proteins, endothelial cells or macrophages → longer t_{1/2}</p> <p>Renal clearance</p> | |

| Warfarin | | | |
|---|--|--|---|
| MOA | Clinical Use | Pharmacokinetics | Adverse Effects/ Contraindications |
| <p>Prevents reduction of vitamin K → inhibition of γCarboxylation (slows thrombin production)</p> | <p>PPX & TX DVT & PE</p> <p>PPX & TX for atrial fib</p> <p>Valvular stenosis</p> <p>MI</p> | <p>Coumarin derivative</p> <p>Chemically related to vitamin K</p> <p>Highly plasma protein bound</p> <p>T_{1/2} of 1 week (modulated by drugs- see chart)</p> | <p>Narrow TI → monitor INR</p> <p>Bleeding & warfarin skin necrosis</p> <p>Teratogenicity (not in breast milk)</p> <p>CI: PUD, intracranial bleeding, Liver disease, HTN, renal failure</p> |

| CYP450 Inducers (↓ Efficacy of warfarin) | CYP450 Inhibitors (↑ risk of bleeding on warfarin) |
|---|--|
| Barbiturates Carbamazepine Phenytoin Rifampicin Grisofulvin | Ketoconazole Metronidazole Cotrimoxazole Statins Omeprazole Cimetidine Amiodraone Allopurinol |

Antithrombotics: Direct Thrombin Inhibitors: inhibit both circulating and clot bound thrombin

| Drug | MOA | Clinical Uses | Adverse Effects/ Contraindications |
|-------------|--|--|---|
| Hirudin | Bivalent Bind to catalytic site of thrombin & substrate recognition | | |
| Bivalirudin | | PCI in HIT patients | Bleeding & HSR Back pain Safe in liver disease Monitor Activated clotting time (ACT) |
| Lepirudin | | HIT | CI in renal impaired HSR & bleeding Monitor aPTT |
| Dabigatran | Small molecules that bind at the thrombin active site | Stroke/ thromboembolism Alternative to warfarin | Bleeding CI in renal disease |
| Argatroban | | PPX & TX of HIT PCI (<i>percutaneous coronary intervention</i>) | GI bleeding Hematuria Monitor aPTT |
| Melagatran | | | |

Antiplatelets: Glycoprotein IIb/IIIa Receptor Antagonists

| Drug | MOA | Clinical Use | Adverse Effects/ Contraindications |
|--------------|--|--|------------------------------------|
| Abciximab | Ab against glycoprotein IIb/IIIa → prevents binding of fibrinogen to IIb/IIIa IV administration with heparin/aspirin | Percutaneous transluminal coronary angiography | Bleeding Thrombocytopenia |
| Eptifibatide | | | |
| Tirofiban | | | |

Unstable Angina*

| Antiplatelet Drugs: P2Y Antagonists | | | |
|-------------------------------------|---|--|---|
| Drug | MOA | Clinical Use | Adverse Effects/ Contraindications |
| Aspirin | Irreversibly inhibits COX1 → inhibits TXA2 synthesis → ↓ platelet aggregation | Prevent arterial thrombosis in IDH & stroke PPX in angina, TIA & atrial arrhythmias | GI upset & bleeding |
| Ticlopidine | Block binding of ADP to P2Y (receptor) → inhibits activation of GPIIb/IIIa Pro drugs | Alternative to aspirin in ppx Combined with aspirin in ppx of coronary stent thrombosis | Aplastic anemia Agranulocytosis TTP |
| Clopidogrel | | *clopidogrel is preferred due to t ½ | *Activated by 2C19 → can be inhibited by omeprazole |
| Prasugrel | | Used with aspirin for acute coronary syndrome | |
| Ticagrelor | Same MOA as above but not a prodrug | Used with aspirin in post MI | |
| Dipyridamole | Inhibits ADP induced platelet aggregation via inhibition of phosphodiesterase (↑ cAMP) | Thromboembolism ppx after valve replacement Alternative to treadmills in stress testing | |
| Cilostazol | Promotes vasodilation via ↑ cAMP in arterial smooth muscle | Peripheral vascular disease PDE3 inhibitor | |

| Fibrinolytics: | | | |
|----------------------------|--|---|---|
| Drug | Duration of action/ Location Derivative | Clinical Use | Adverse Effects/ Contraindications |
| Urokinase | Synthesized by kidney | Short term emergency management of → coronary thromboses in MI, DVT, Acute MI, PE, acute ischemic stroke | Bleeding & hemorrhage CI: surgery planned within 10 days, GI bleed within last 3 months, Active bleeding, previous cerebrovascular accident, aortic dissection |
| Alteplase (rTPA) | tPA (tissue plasminogen activator) 5 minutes | | |
| Retepase | Deletion mutant- 15 minutes | | |
| Streptokinase | Enzyme from Group C streptococci 20 minute duration Low clot specificity → acts on free & bound plasminogen Depletes factors V & VIII | | |
| Anistreplase | Streptokinase/plasminogen complex | | |
| Tenecteplase | Substitution mutant 20 minutes | | |
| E-Aminocaproic Acid (EACA) | Competitively blocks plasminogen activation → inhibits fibrinolysis | Tx of fibrinolysis induced bleeding <i>Tranexamic acid also used in dental extractions for hemophilia patients</i> | |
| Tranexamic Acid | Same MOA as above + antifibrinolytic | | |

