**Social Emotional Survey**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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1. I have friends to play with at school……………………..………Never Sometimes Often Always

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2. My friends are kind to me………….……………..………………….Never Sometimes Often Always

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3. I am kind to my friends…………………………….……….……..….Never Sometimes Often Always

**  ** 

4. I can make new friends……………………………………….…..…..Never Sometimes Often Always

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5. I get angry easily………………………………………….…………..…Never Sometimes Often Always

**  ** 

6. I know how to calm down when I get angry……...…………Never Sometimes Often Always

**  ** 

7. School is frustrating for me……………………….………………..Never Sometimes Often Always

**  ** 

8. I know how to solve problems when I am frustrated…….Never Sometimes Often Always

**  ** 

9. I work well with others in class…………………………….……..Never Sometimes Often Always

**  ** 

10. I can understand how other people feel………..……………Never Sometimes Often Always

**  ** 

11. I can solve problems I have with other people…………...Never Sometimes Often Always

**  ** 

12. I worry about things…………………………………………..….….Never Sometimes Often Always

**  ** 

13. I feel happy at school………………………………..………...........Never Sometimes Often Always

**  ** 

14. I feel afraid at school………………………………………..………Never Sometimes Often Always

**  ** 

15. I like myself……………………………………………......…………...Never Sometimes Often Always

**  ** 

16. I feel tired at school……………………………….………...............Never Sometimes Often Always

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17. I stay up late at night.……………………………..……….............Never Sometimes Often Always

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18. I eat healthy food…………………………..……….........................Never Sometimes Often Always

**  ** 

19. I am hungry at school……………………………….....................Never Sometimes Often Always

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20. I drink water ………………………………………………….……..Never Sometimes Often Always

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21. I am active…………………………………..……….........................Never Sometimes Often Always

*SEL survey by Amy N, Surrey School District, 2014*