

VINDALOO CHICKEN CURRY

An unforgettable culinary adventure for your tastebuds awaits you. This dish will take you on a journey to the exotic lands of Goa, where it's steamy, mouthwatering and fiery.

Grocery List

1. Chicken breast: 450 grams

2. Cooking oil: 1 tbsp.

3. Onion: 1 small

4. White Vinegar: 2 tbsp.

5. Green Chilies: 1 whole (**Don't cut**) **ALTERNATIVE:** 1/4 Green Bell pepper

Preparation

1. Cut the chicken (450 grams) into bite sized pieces.

2. Mince onion (1 medium) very fine.

3. Slice green bell pepper (1/4 piece) into strips if green chili is unavailable.

Cooking the curry

- 1. In a large cooking pan with a lid, heat oil (1 tbsp.) over medium high and fry the minced onions for 2 minutes.
- 2. Now add SPICE PACK 1 and saute for 30 seconds.
- **3.** Next add white vinegar (2 tbsp.), SPICE PACK 2 and saute for 1 minute.
- **4.** Add warm water **(250 mL or 1 cup)** and turn heat down to medium low. Cook covered for 10 minutes until the gravy thickens. Stir ocasionally.
- **5.** Add the cubed chicken and cook for 10 minutes until the chicken is fully cooked.
- **6.** Add green chili (1 whole uncut) or bell pepper strips for flavour.
- **7.** Adjust the **Heat Level** to your liking by adding **SPICE PACK 3.** Vindaloo is traditionally served very hot but medium is better for enjoying the flavours.

Be Careful, this spice is HOT!!!

Mild: None Medium: 1/2 tspHot: 1 tsp or more

Serve With.... basmati rice with a side of warm Naan bread. Indian yogurt salad **(Raita)** also goes well with this dish.





