

# Alma Redemptoris Mater

Ascribed to  
Hermann Contractus +1054  
Eng. text adapt. by T. M.

(From Vespers of Saturday before  
the 1st Sunday of Advent to 2nd  
Vespers of the Purification.)

Simple Tone Mode V  
(A.B.)

## Loving Mother

Ál - ma \* Red - em - ptó - ris Má - ter, quae  
Lov - ing Moth - er of our Sav - ior, thou

pér - vi - a cae - li pór - ta má - nes,  
o - pen gate lead - ing us to heav - en,

Et stél - la má - ris, suc - cú - re ca - dén - ti  
and Star of the Sea, help thy fal - len peo - ple,

súr - ge - re qui cú - rat pó - pu - lo:  
help all those who seek to rise a - gain.

Tu quae ge - nu - í - sti, na - tú - ra mi - rán - te,  
Maid - en who didst give birth, all na - ture won - der - ing,

tú - um sán - ctum Ge - ni - tó - rem:  
to thy ho - ly Lord Cre - a - tor:

Vír - go prí - us ac po - sté - ri - us,  
Vir - gin be - fore and vir - gin al - ways

Ga - bri - é - lis ab ó - re sú - mens íl -  
who re - ceived from Ga - briel's mouth this mes - sage

lud A - ve, pec - ca - tó - rum mi - se - ré - re.  
from heav - en, take pit - y on us poor sin - ners.

*During Advent:*

- ✠. Ángelus Dómini nuntiávit Mariæ.  
*The angel of the Lord declared unto Mary.*
- ℟. Et concépit de Spíritu Sancto.  
*And she conceived of the Holy Ghost.*

*From 1st Vespers  
of Christmas to  
2nd Vespers of  
the Purification:*

- ✠. Post partum Virgo invioláta permansísti.  
*After childbirth thou didst remain a virgin.*
- ℟. Dei Génitrix intercède pro nobis.  
*Mother of God, pray for me.*