



Pegasus Gymnastics September 2018 Classes

Class Name	Day	Time
GYMability* - Primary	Saturday	2.30pm – 3.30pm
GYMability* - Senior	Saturday	3.30pm – 4.30pm
GYMability** - FUNDamentals	Saturday	4.00pm – 5.00pm
Freestyle 9yrs – 11yrs	Wednesday	6.30pm – 7.30pm
	Thursday	6.30pm – 7.30pm
Freestyle 12+yrs	Monday	7.30pm – 8.30pm
	Thursday	7.30pm – 8.30pm
Freestyle 14+yrs	Wednesday	7.30pm - 8.30pm
	Friday	7.30pm – 8.30pm
Adult Gym 18+yrs	Tuesday	7.30pm – 9.00pm

Class prices range from between £8.90 (1 hour) - £11.00 (1 ½ hours)

Class Name	Day	Time
Olympic Weightlifting & Fitness Young people 16+years to adults all ages	Monday	6.30pm – 7.30pm
Olympic Weightlifting - 9yrs – Teens	Wednesday	6.00pm – 7.00pm
	Friday	6.00pm – 7.00pm
	Saturday	10.00am – 11.00am
Olympic Weightlifting Squad*	Monday	5.00pm – 6.00pm
	Wednesday	5.00pm – 6.00pm
	Friday	5.00pm – 6.00pm
	Saturday	11.00am – 12.00noon

Class prices are £5.00

*Initial Assessment required prior to enrolment

** Parent Accompanied and Unstructured classes coming Jan 2019

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