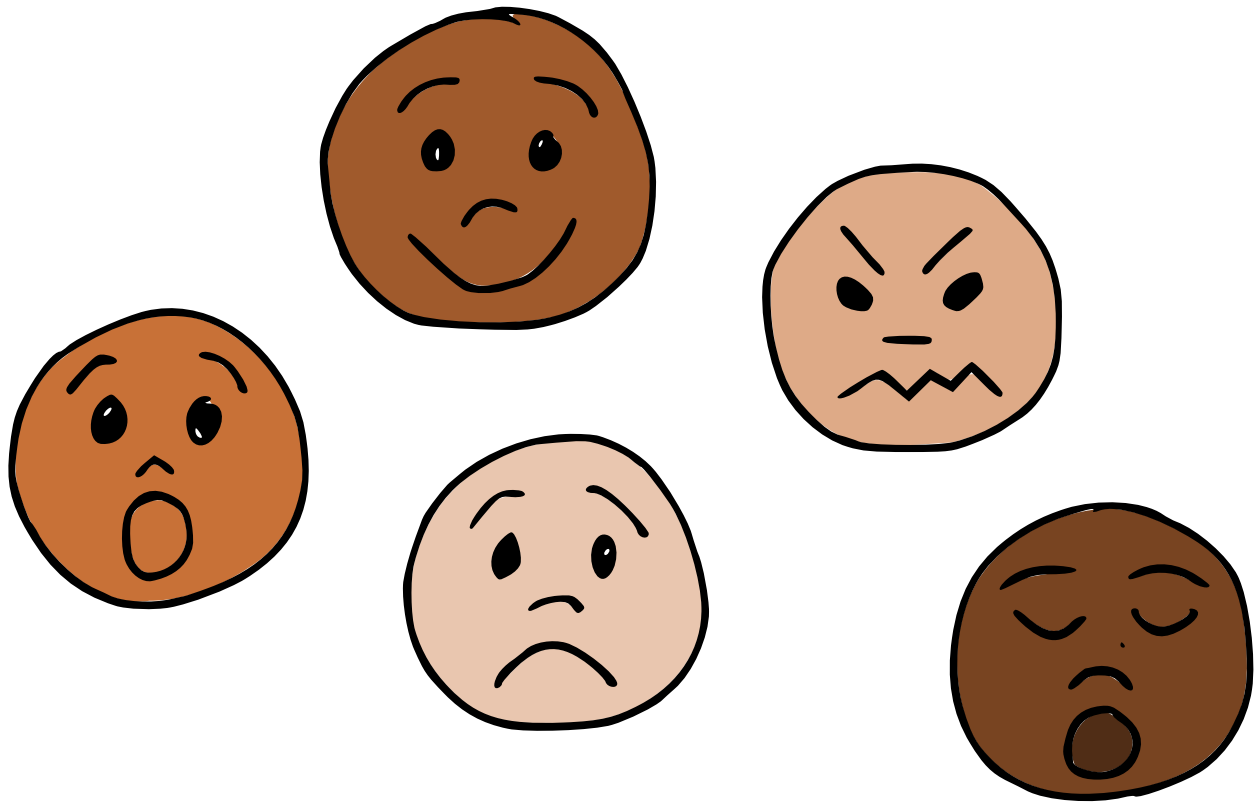


What To Do When Others Can't Control Their Body

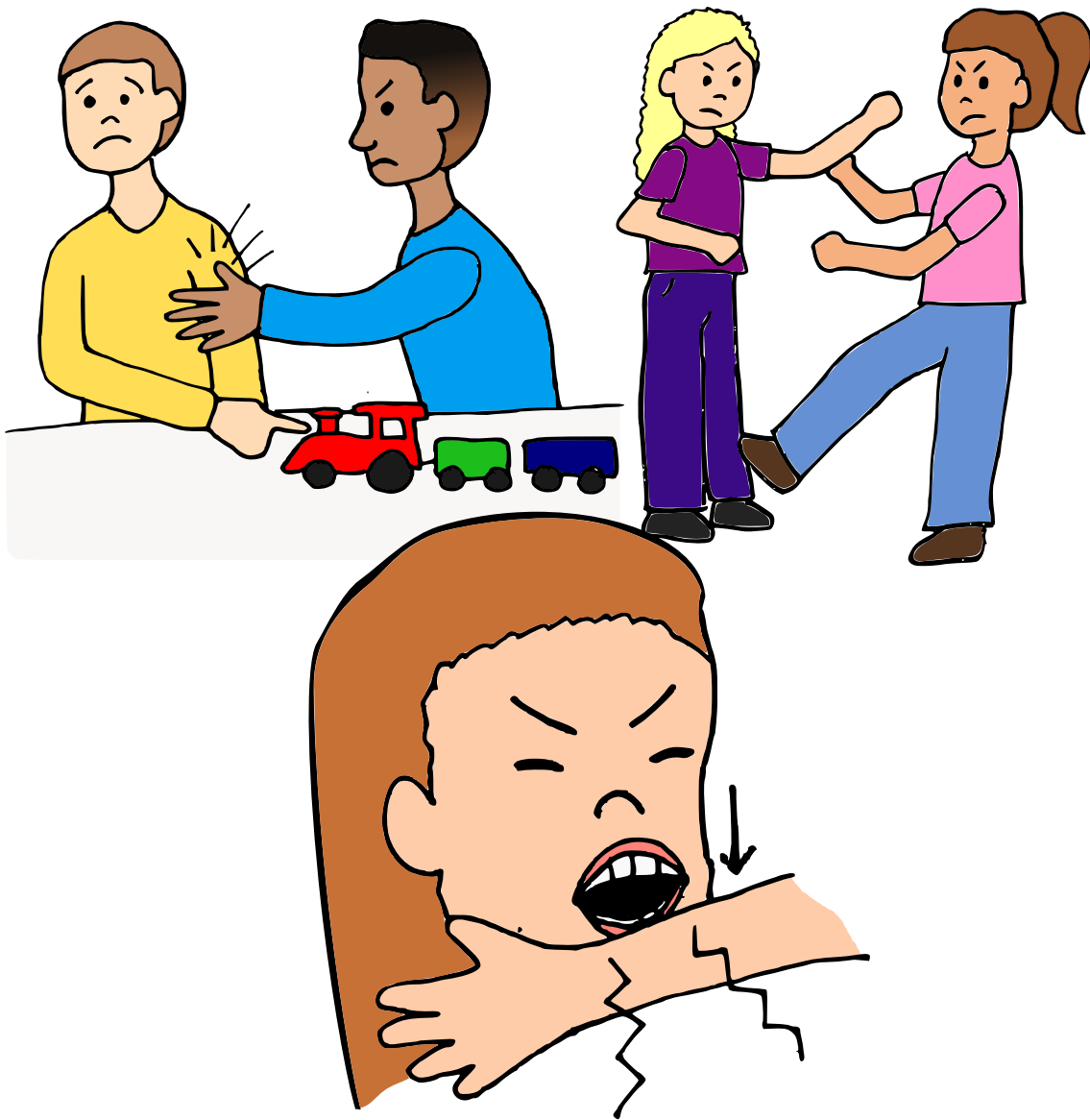




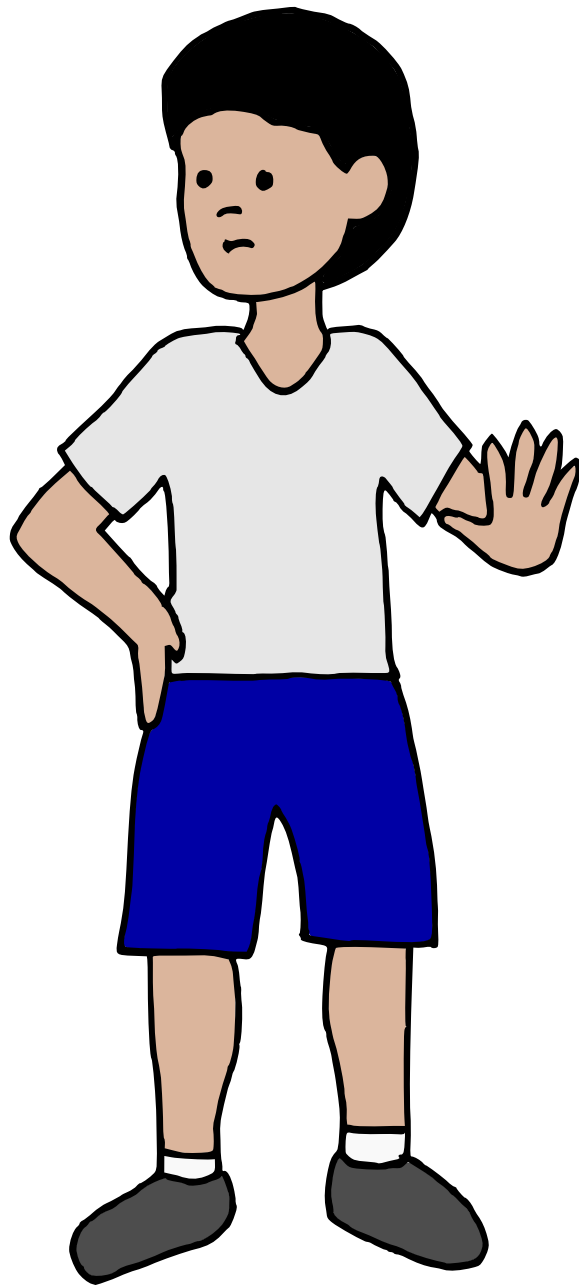
Sometimes, other kids have difficulty controlling their body.



They might be mad, sad, frustrated,
feel like they need personal space, or
feel some other way.



If someone pushes, hits, kicks, or bites me I should:



Put my hands out in front of me, but
do not touch them.



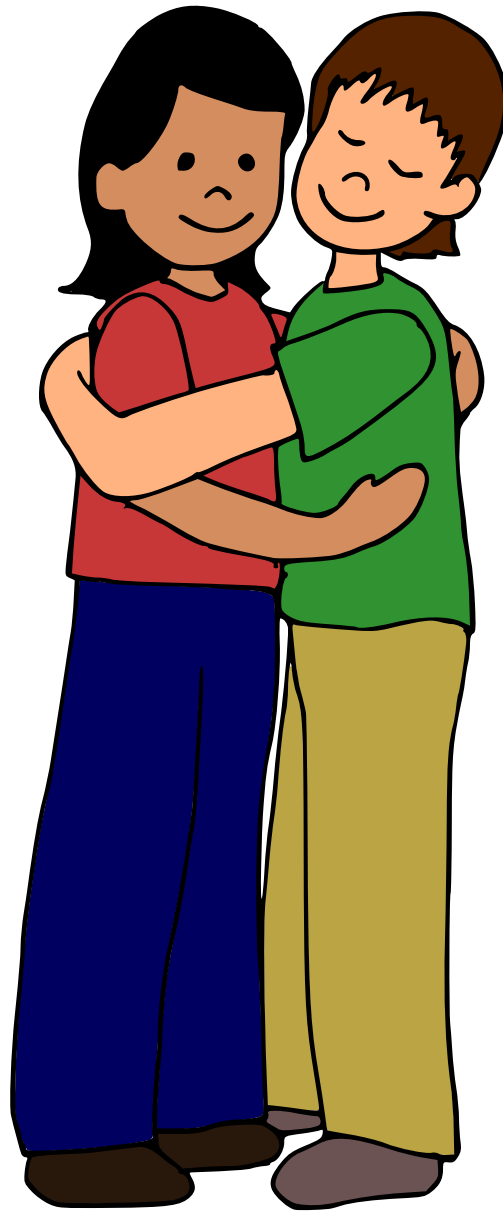
Say "STOP! I won't let you hurt my body."



I do not have to play with someone
who is hurting me.



Go find an adult I trust like Mom,
Dad, or a teacher.



Later, when they calm down, if I want to I can offer them a hug.



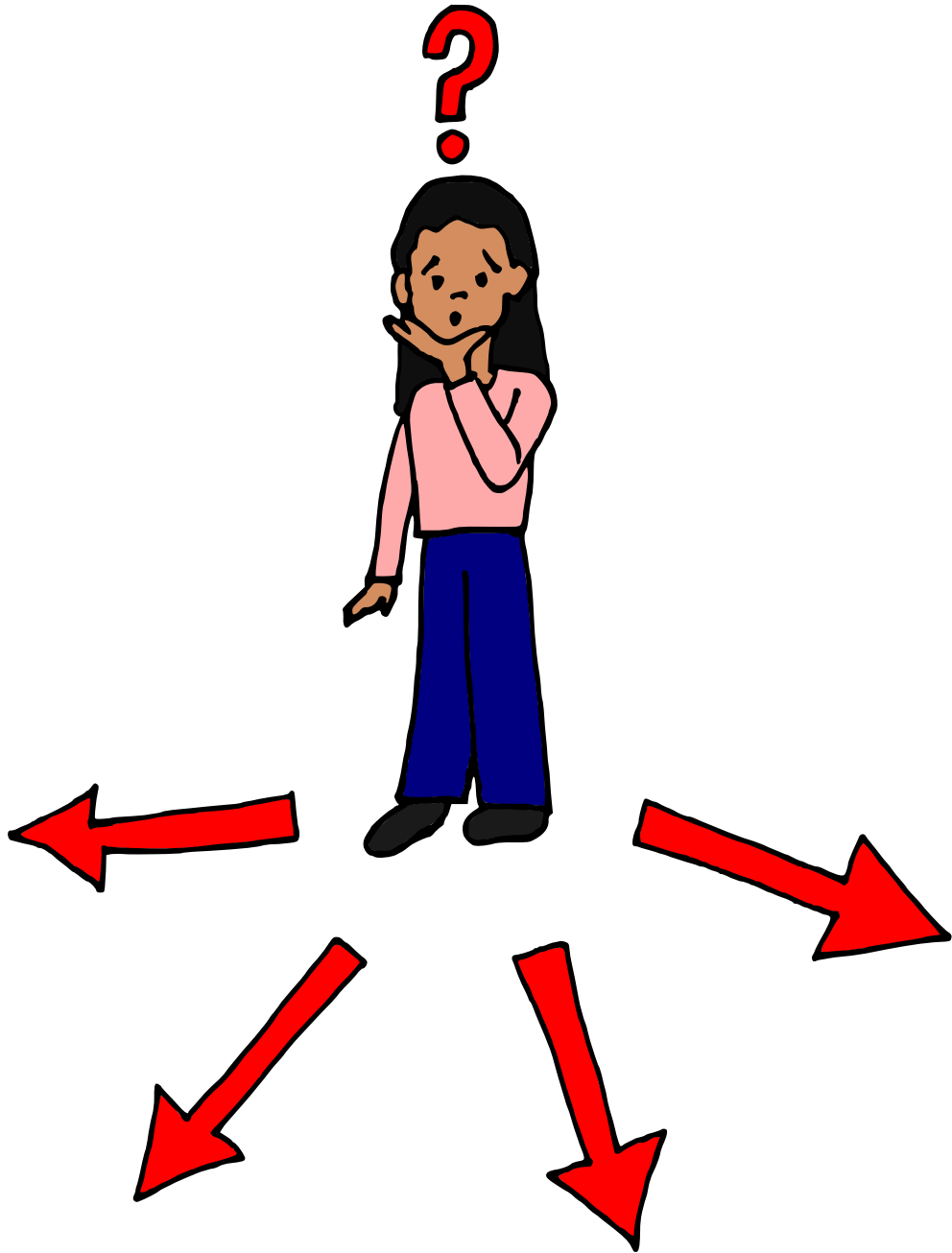
If they say no- that's okay. I will not hug them. No means they don't want me touching their body.



I can ask them if they feel better
now, and if they'd like to play nicely
now.



If they say no- that's okay. I can find someone else to play with.



Sometimes people get upset and lose control of their body. I can decide who touches my body and how and find help.