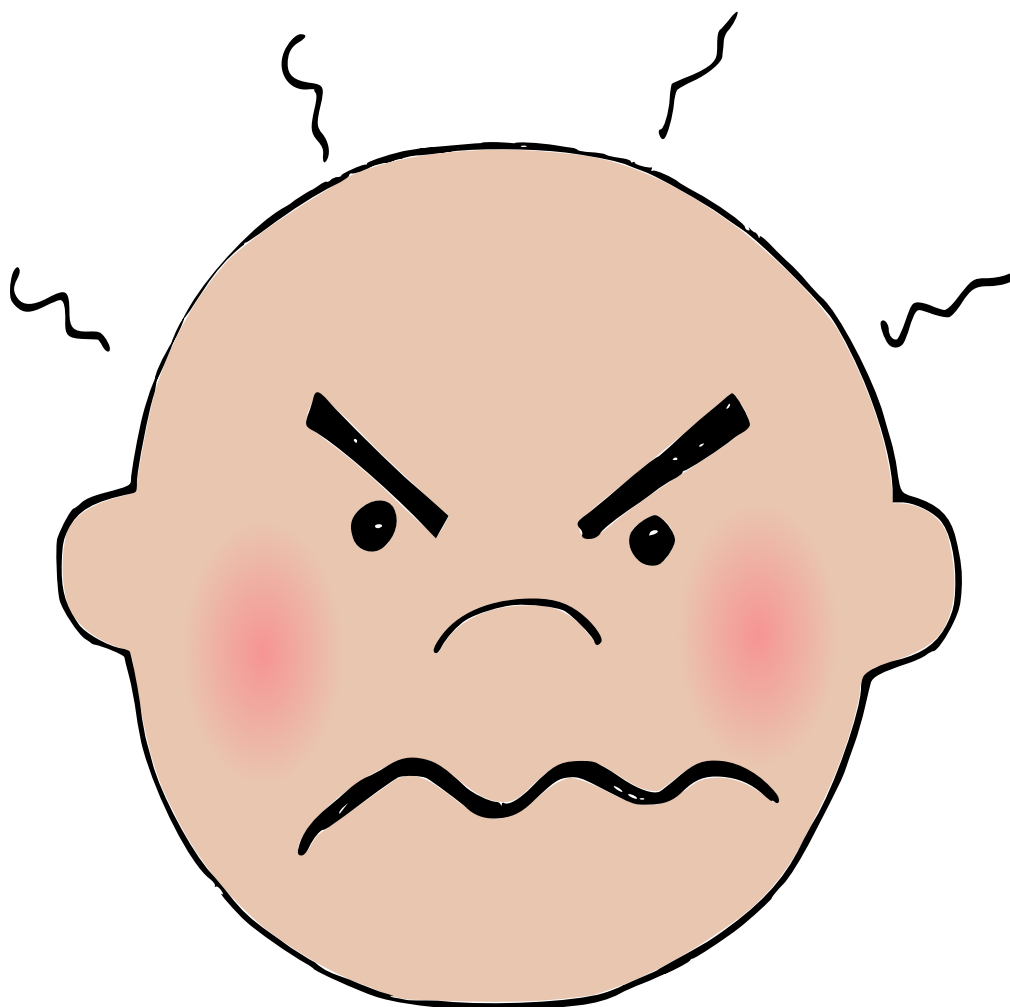
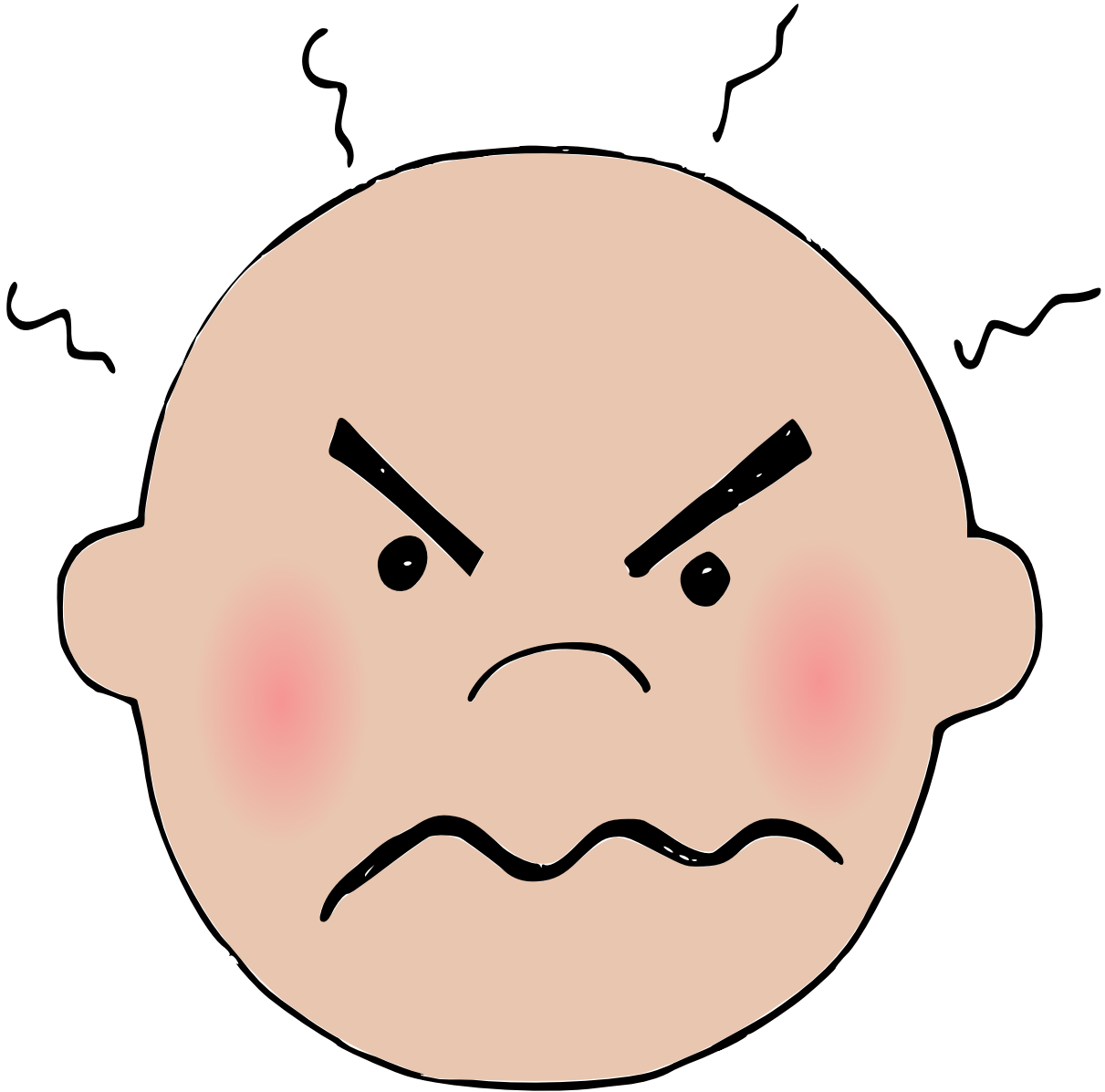
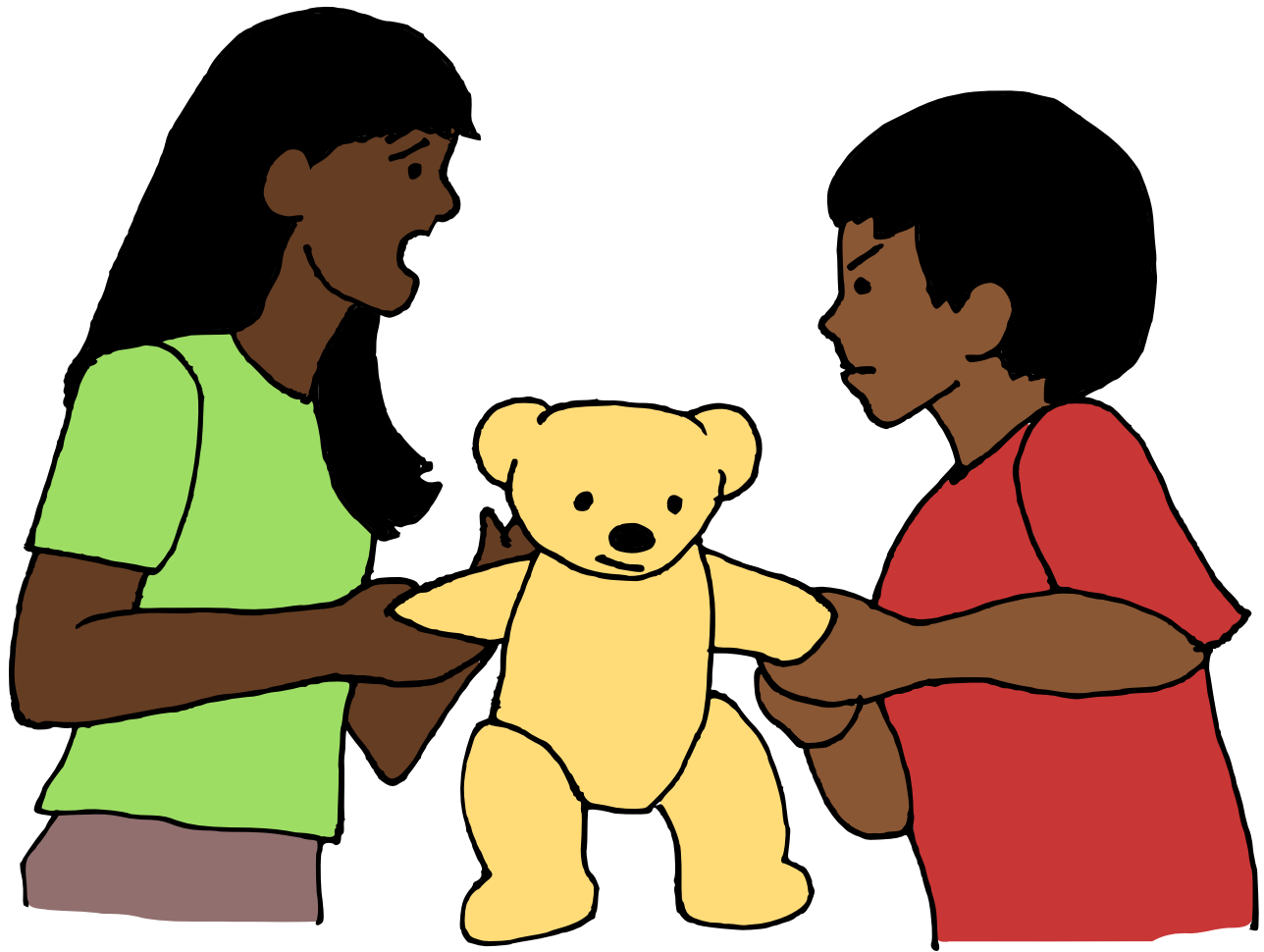


# Conflict Resolution





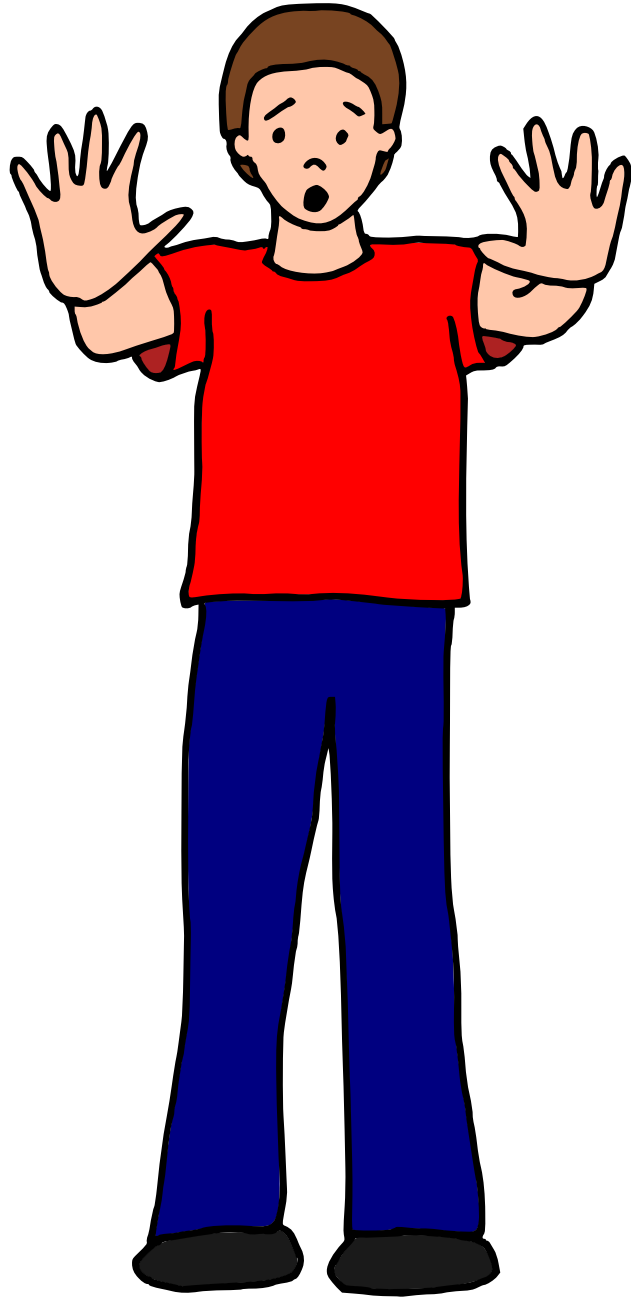
Sometimes I get angry with my  
brother, sister, or friends.



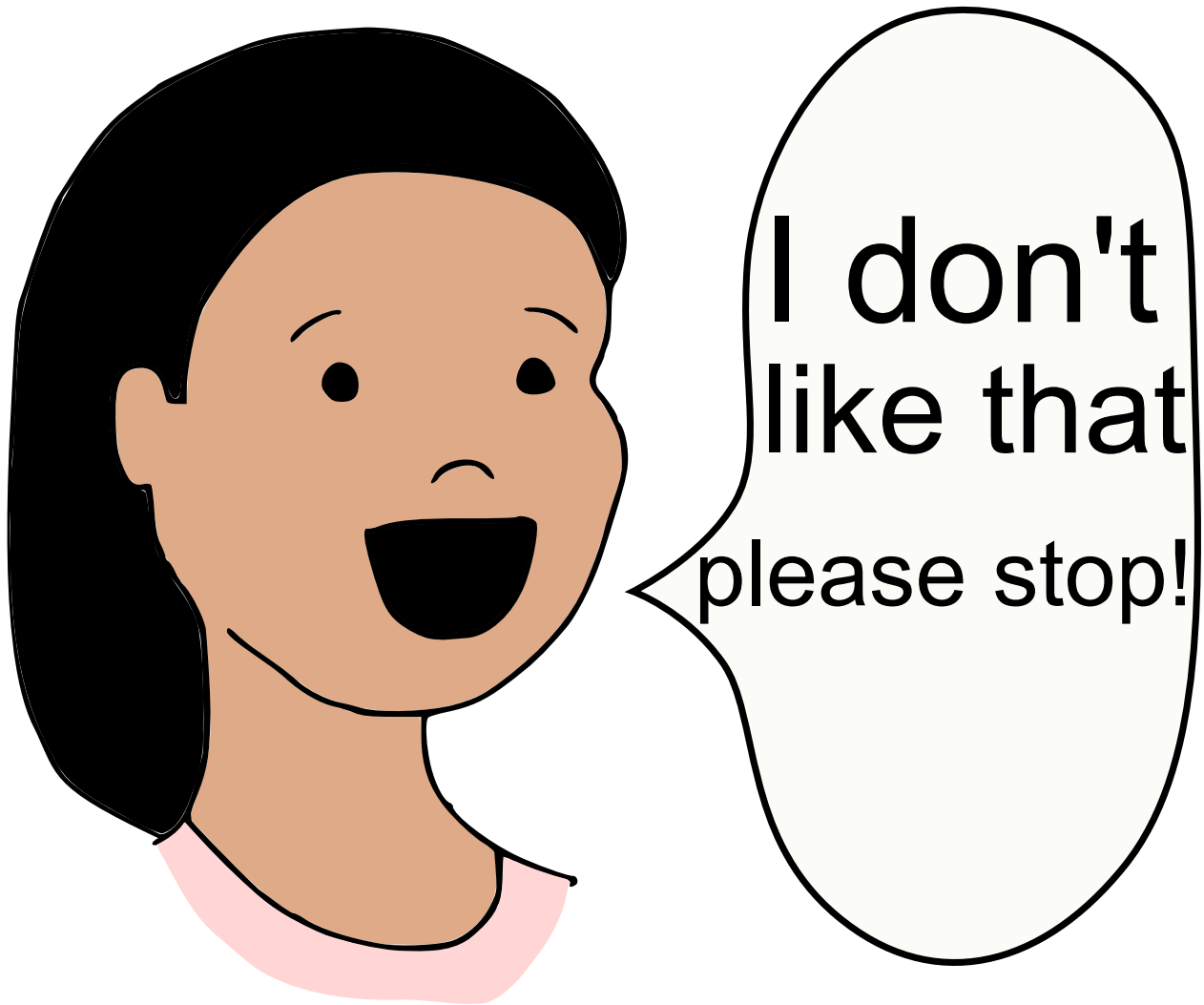
When I'm angry with somebody and they're angry with me, that's called a conflict.



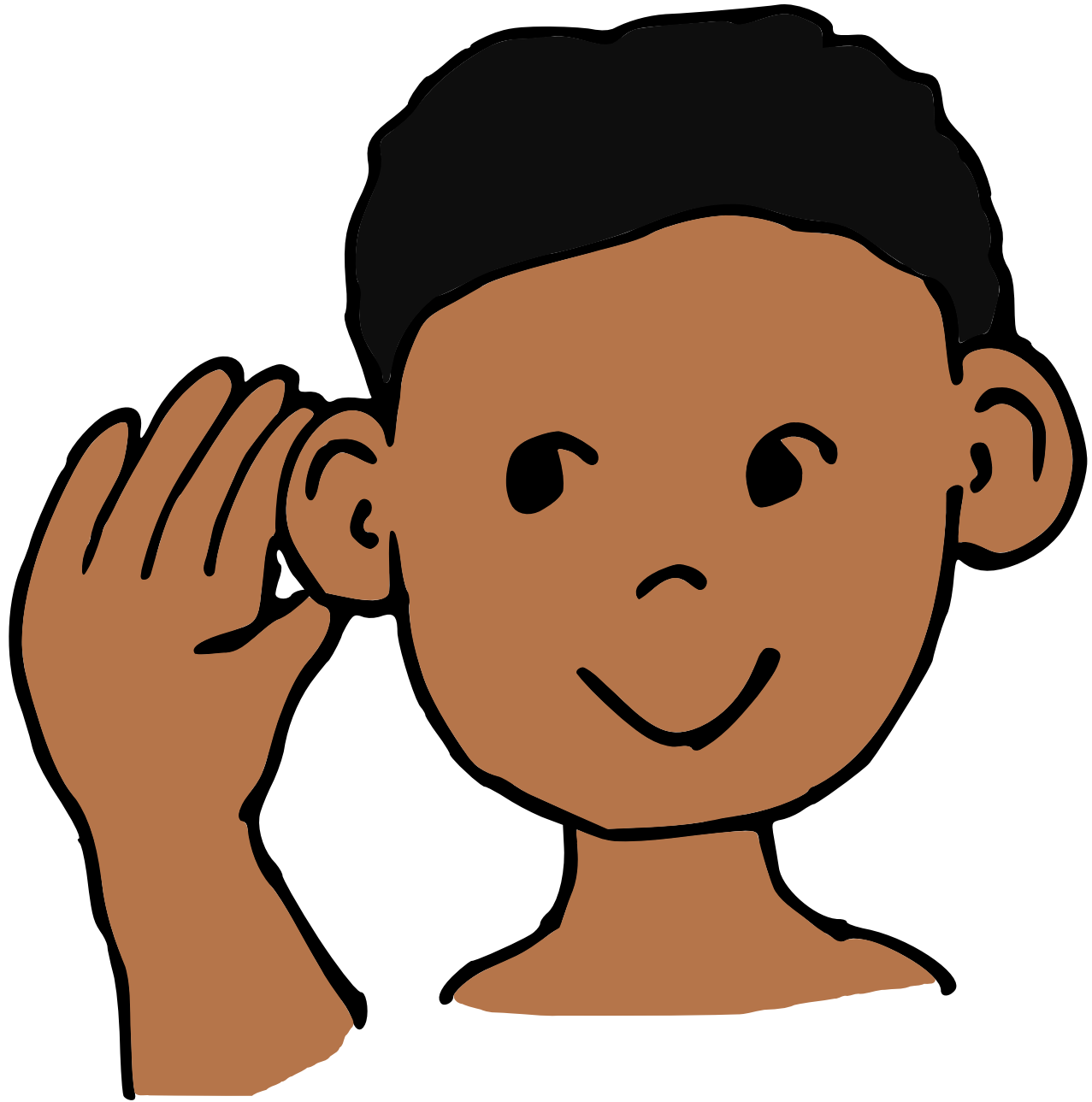
The first thing I need to do when  
I'm in conflict with someone is to  
stop.



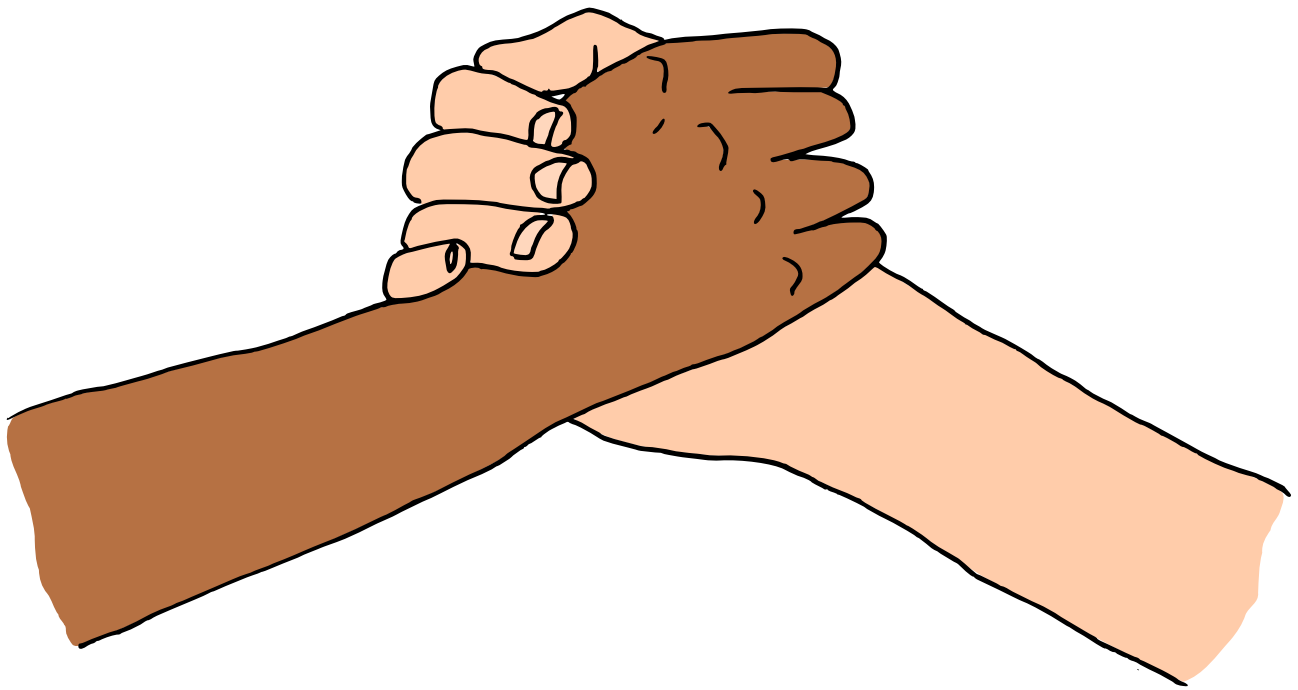
To stop what I'm doing, I need to  
put my hands in the air and take two  
steps back.



Second I have to use a big, strong voice to tell them what's wrong and what I want them to do. "I don't like it when you push me! Please stop!"

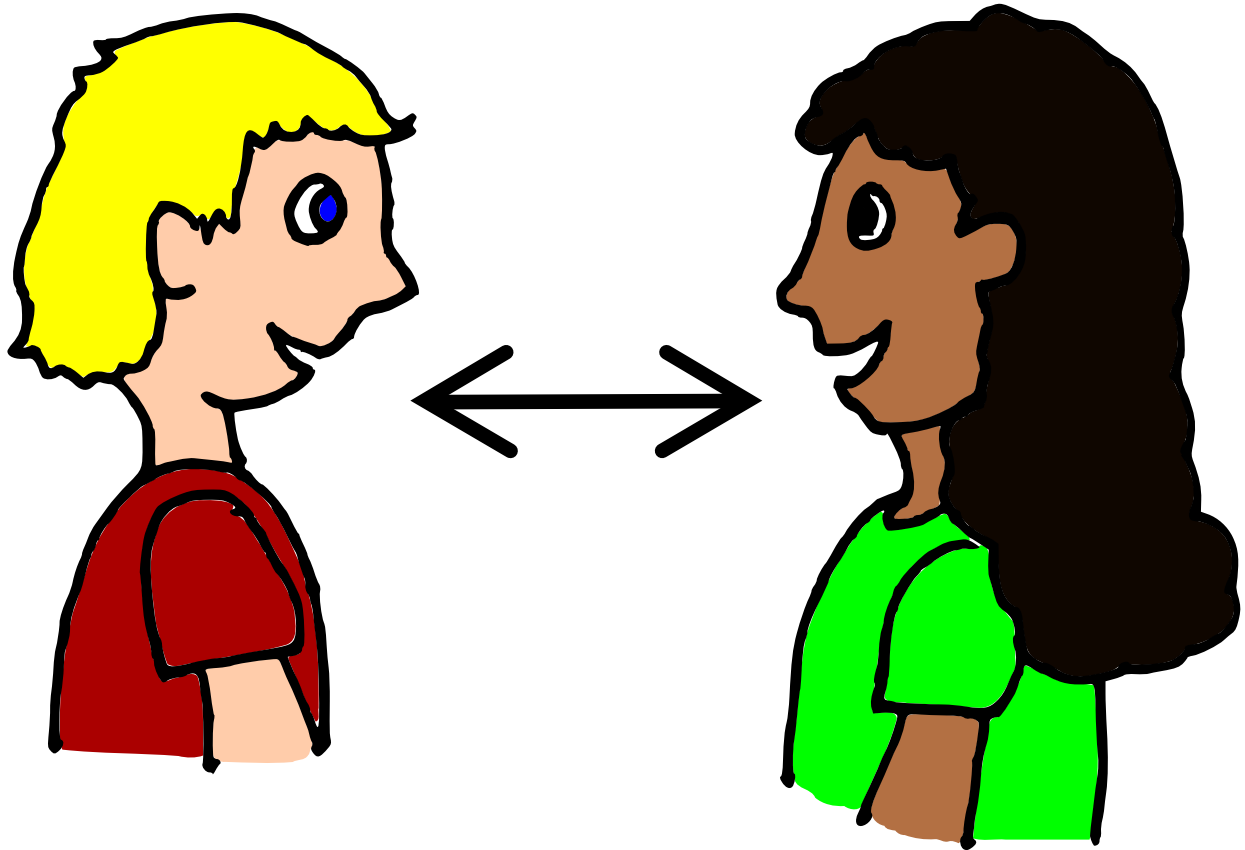


Third I need to listen to my brother, sister, or friend. What is their problem? What am I doing that's upsetting them?

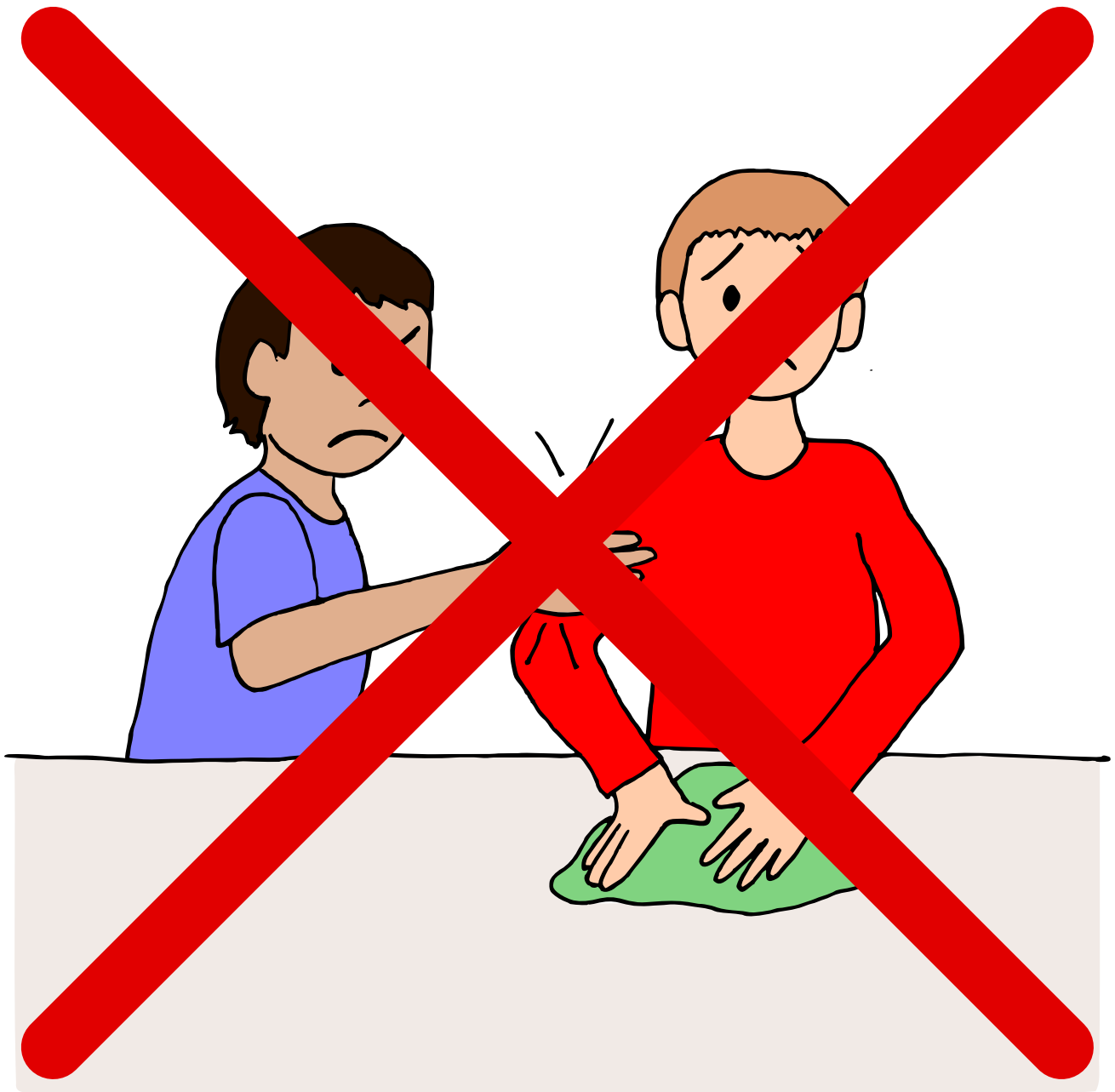


I can agree to stop doing that.

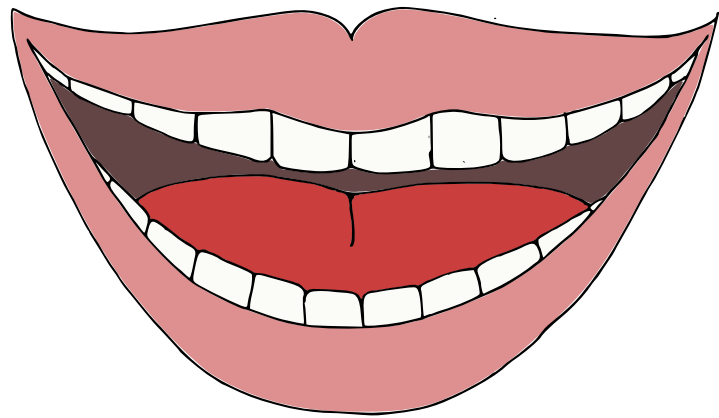
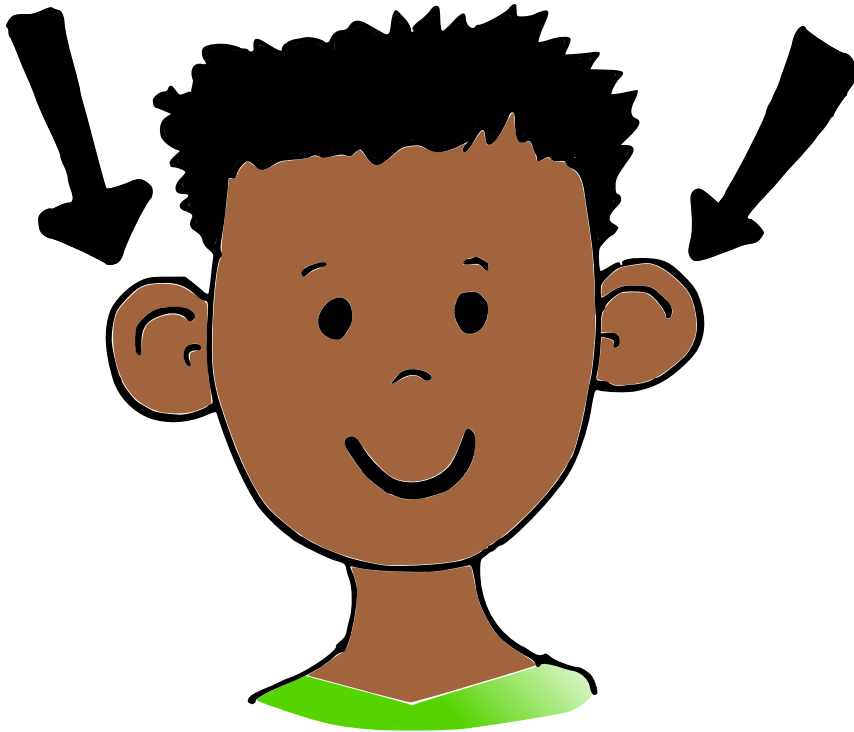




Fourth we need to agree on what to do instead. I can say "I won't step on your sandcastle and you won't push me."



It is never okay to hit, kick, bite, or push when I'm in a conflict.



I have to listen with my ears and talk  
with my mouth.